



Hi Everyone,

Welcome to **Lakeshore's Learn to Skate Program**, you have a skater registered for the program that begins **Saturday, November 7th, at 9:15 AM** on the West rink (near the snack bar). A few reminders and notes:

- If you or your skater is not feeling well, please stay home.
- If you have visited any of the States listed please remember there is a 14 day quarantine. This is for the safety of our skaters and staff
<https://www.governor.ny.gov/news/governor-cuomo-announces-individuals-traveli>
- All guests must wear a mask during their entire visit, masks are mandatory at all times while in the building.
- **Only two spectators** per skater will be allowed in the building at this time
- Class can be observed from the bleachers or alongside the rink in front of locker room 8. Parents/family/spectators are **not allowed** in the players boxes during class time.
- Please observe the enter only and exit only signs on the doors at the front of the building. Please exit the building using the side door located in the West Rink past the bar.
- Please arrive no more than 15 minutes prior to class time.
- Please check your skater in at the skate rental window. We will be doing a temperature check, assigning chairs to skaters, and giving them a name tag for the front of their helmet.
- Skaters will be asked to wear their mask until they put their helmet on. If your skater would like to wear their mask under their helmet they can do that but it is not mandatory.
- Parents are **not allowed** on the ice, skaters must be able to participate independently.
- Skaters will have supervised free time at the end of their lesson. This is the time for them to practice what they learned and have fun.
- **Hockey helmets with a cage are required if your skater is wearing hockey skates (no toe pick), a bike helmet is required if your skater is wearing figure skates (toe pick)-NO EXPECTATIONS**
- Warm non-restrictive clothing is recommended. **Hockey equipment is not recommended at this stage in the LEARN TO SKATE process.** Hockey equipment makes it difficult for a new skater to move around on the ice. We will recommend you introduce hockey equipment as your child's skating skills develop.
- **Roller blade or volleyball knee pads are recommended and should be worn underneath your skater's pants. Hockey knee and shin pads are not recommended**, they restrict a skater's movement and make it difficult for them to get up and down.
- **Finger gloves are recommended**, we will be picking things up off the ice & playing games. **Hockey gloves are not recommended at this time**, they make it difficult for a skater to pick things up or push a bar if needed.

We are looking forward to meeting and coaching our new skaters and welcoming back our returning skaters.

Visit our website for the schedule, online registration and updates at www.lshaice.com