

## LAFB Plan to Reopen

Goal – Provide a safe place for kids to play baseball and softball while adhering to the NH guidelines laid out in NH Re-Opening guidance document for youth sports.

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

### Phase 1

- Maximum of 10 individuals per group on the field. This is including coaches, if there is more than 10 at a field the team will be split to ensure social distancing is taking place.
- Team activities will be limited to practice sessions, no games, scrimmages or intra-squad practices
- All practices will be 90 minutes and scheduled in advance.
- Players will be instructed to arrive 10-15 minutes prior to their scheduled practice and not report to the field until their coach instructs them to via a team text message or announcement to the parking lot.
- Parents can stay at practice but will need to remain in their car during phase 1
- Each Player must bring a mask to wear in the event that social distancing is not possible (IE: injury on the field)
- Players will be instructed to use/bring hand sanitizer prior to and after practice. This will be provided as needed (if available for large purchase).
- Any area that needs to be sanitized will be (goal is to not have any area people are in groups)
- No equipment will be shared between players
- No use of the dugouts – players will arrive and they will place their bags in a pre-marked spot along the fence that is 6 feet apart from other players.
- No congregating at the field after the practice.

Prior to practice – all players will be required to answer

- Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a cough, shortness of breath or sore throat?
- Have you had a fever in the last 48 hours?
- Have you had changes in your sense of taste or smell?
- Have you experienced any other symptoms of Covid-19 as documented by the CDC?

If you answer yes to any of these questions you will not be allowed to participate and required to follow all CDC guidelines for quarantine before being allowed back as a participant. Any participant showing any symptoms of covid-19 or not feeling well in general will be removed from the practice.

During Phase 1 we will also have a LAFA board member present at the complex when practices are being held to ensure that proper procedures are being followed. There will be a zero tolerance policy in effect for anyone not adhering to the CDC/State/local guidelines set forth.