

# Eastern North Carolina Youth Wrestling League

## Meeting Minutes

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**Date:** September 13, 2025

**Time:** 11:00 a.m. -1:00 p.m.

**Location:** 2904 US Hwy 70 W, Goldsboro, NC 27530

**Attendees:** Stan Chambers, Katie Wallace, Greg Sisk, Ed Duncan, Joey Roebuck, Daniel Sasser, Bob Palmer, Vince Tricarico, Danny Jones

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### **Benefits of being a member of the ENC League**

1. Everyone is under the same insurance
2. Free club sanctioning
3. Better communication between clubs
4. Local schedule
5. All coaches have background checks with USA Membership
6. Host scrimmages and other events with zero sanctioning fees contact Stan Chambers
7. Free Website- If interested in contact Ed Duncan
8. Club Charter gives us access to USAW 501c3 tax status

### **Schedule of ENC Wrestling League**

#### **I. Type of Events**

##### **1. Individual Tournaments**

- a. Awards for top 3 placers
- b. Early Registration by Wednesday
- c. Anyone with a USAW membership can participate
- d. Tournaments will staggered start times by age divisions
- e. There will be no rookie division for 6U and Middle School Girls; only a regular tournament division will be available.

##### **2. Rookie Tournaments**

- a. Honor system weigh-ins
- b. Split mats
- c. Running Time
- d. Rookies can sign up for both Rookie and individual events but will pay both registration fees

- e. Goal of Rookie events is to gain mat time and not have awards. Rookie Championships will have awards.
- f. To compete for the Rookie Championships, you must compete in at least one Rookie Tournament.
- g. Wrestlers must be part of ENC League to participate in the Rookie tournaments
- h. Definition of Rookie: First and second season wrestlers.
- i. Early Registration by Wednesday

### **3. Dual meet Tournaments**

- a. Vince Tricarico is lead organizer for dual meet competitions. If you are interested in hosting a dual meet, please email gwctitans@gmail.com
- b. He will be giving out more information as the season draws closer.
- c. Top 3 teams will receive awards during January 11<sup>th</sup> Dual meet tournament.

### **4. Scrimmages**

- a. Two or three clubs will come together and pair kids and wrestle.
- b. During the week.
- c. Insurance only covers league teams. Covered under club charter.
- d. Contact Stan Chambers if you would like your scrimmage to be put on the website.

### **5. Clinics**

Everyone is invited to the Tony Davis Clinic on October 11<sup>th</sup>

## **II. Schedule of Events**

- 1. Open dates available for more events
- 2. Schedule events early so that we can sanction & promote them on the schedule
- 3. Please contact Stan Chambers to put your event on the schedule

**For more information, Please Contact:** Stan Chambers      919-400-1958  
Ed Duncan      828-467-3859

Updated 9/13/2025