



The Torch

SYC Weekly Digest

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STATUS UPDATE

Springfield/South County Youth Club

Thank you to all who responded to our "Return to Play" survey. The response was huge, and we are taking into account all your thoughtful comments and suggestions!

- Our "Return to Play" committee is very busy putting the finishing touches on our new COVID-19 related policies to comply with the state of VA Phase 2 re-opening. The safety of all players, families, and volunteers is our highest priority, and we want to make sure we get it right. Once our "Return to Play" policy is completed, we will email each member and publish it on our website.
- Electronic payment for summer camps and clinics will be available at the end of the month and will be held according to our "Return to Play" policy.
- We're continuing to accept fall registrations with "Register Now, Pay Later" option. Electronic payments will tentatively start July 15th.

Don't forget to join our #SYCRunsFree [virtual race](#) beginning this Friday! It's a great way to safely get out of the house, get the family moving, and maybe win some prizes!

Now more than ever, our community needs what youth sports can provide, and we are here for you!

OPEN REGISTRATIONS

SUMMER SPORTS

Register Now - Pay Later!

[Soccer Camps](#)

[Saturday Soccer Clinics](#)

[Softball Clinics](#)

FALL SPORTS

Register Now - Pay Later!

[Cheer](#)

[Field Hockey](#)

[Flag Football](#)

Tackle Football
Rec Soccer
Rec Soccer - U5 Cubs
Pee Wee Kickers
Softball
Volleyball
UP

Featured Sport



Register today for our Fall UP Soccer program! **PAY NOTHING NOW** when registering. Registration fee will be tentatively due July 15th. If we are unable to host our Fall UP Soccer program, you will not owe any fees.

Registrants and volunteers who opted to have their spring registrations transferred to the fall, do not need to re-register. You're all set!

[Read More and Register Here](#)

NEWS AND SPECIAL EVENTS

#SYCRunsFree
FREE VIRTUAL RACE!
June 19th through June 28th

MEDALS!
GIFT CARDS!
PRIZES!
T-SHIRTS

1K 5K 10K

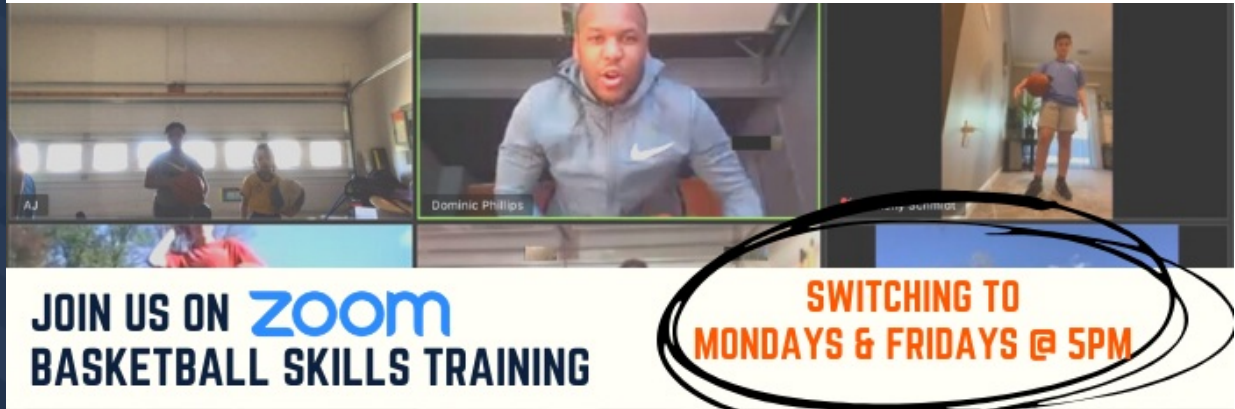
It's almost time for #SYCRunsFree virtual race! We have some great prizes to give away for 1st, 2nd, and 3rd place in all categories!

- Free Nutrition counseling session from NOVA Sports Nutrition
- Gift Cards from Mighty Meals, chef prepared healthy meals
- Free training session/V0 2 chart from Destination Sport Domination
- Fun theme gift baskets
- Gift Cards from Potomac River Running
- Handmade cookies from Bites by Sam
- Gift Cards for Chipotle, DSG, Dunkin, Starbucks, and Nike

- T-shirts
- Lanyards
- Raffle to win a SYC sports registration (1K)
- Medals and More!

Here are all the details to get you on your way to running free!

[Read More!](#)

A banner for a Zoom meeting. The top half shows a grid of video thumbnails from a Zoom session, including a man in a grey hoodie (Dominic Phillips) and others in a gym. The bottom half is a white banner with blue and orange text. On the left, it says "JOIN US ON zoom BASKETBALL SKILLS TRAINING". On the right, it says "SWITCHING TO MONDAYS & FRIDAYS @ 5PM" in orange, with the text circled in black.

JOIN US ON **zoom** BASKETBALL SKILLS TRAINING

SWITCHING TO MONDAYS & FRIDAYS @ 5PM

[Join ZOOM Session](#)

Tackle Football - Build Muscle/Burn Fat

Hey Tackle Football Players! You want to be faster? Check out this virtual training video below on some awesome exercises to build up you speed! See more virtual training videos [HERE!](#)





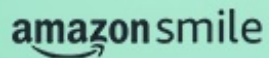
REMINDER SYC OFFICE is CLOSED

Emails/Calls will be answered.
No walk-in service until further notice.

IN THE COMMUNITY

Turn your Father's Day shopping into a force for good

Buy your gifts at smile.amazon.com
and Amazon donates





Roer's Zoofari | Vienna, Virginia

Visit Roer's Zoofari in Vienna, VA! Come on an open-air safari bus tour, experience animals up close and personal at a petting zoo, and more. Book now!

[Read more](#)

www.roerszoofari.com

BUY NOW

Masks and Face Guards with SYC Sports Logos!



**Performance
Activity
Mask**



3-PLY SUBLIMATED FLAG MASK



Face Guard



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