

VYHA GENERAL COVID-19 GUIDELINES

August 2020

In order to maintain the health and safety of our VYHA family and in cooperation with local, state and federal guidelines, VYHA announces the following guidelines put in place for our return to play:

1. Due to the severe and highly infectious nature of coronavirus, all VYHA participants should do a health check prior to participating in Association activities. Any player, parent or guardian exhibiting symptoms of COVID-19 should refrain from participation in activities that have the potential to expose others to the virus.
2. Those entering the rink are asked to minimize contact with patrons outside their family as much as possible. Participants needing assistance should request help from only their parent/guardian or coach.
3. Younger participants should come to the rink fully dressed to minimize locker room usage. Older skaters and goaltenders will be permitted to dress in the locker room area and should maintain social distance from others.
4. Players/Parents/Guardians will proceed through the main doors in the lobby, complete LSC health screening and enter the ice rink following all directional markings. Please do not congregate at the ice rink entrance/exit. Face coverings are required of all patrons in keeping with policies of the Lancerlot, as well as local, state, or federal guidelines.
5. Upon arriving at the Lancerlot, players should proceed immediately to the designated area to finish dressing if needed. Parents/guardians should stay with their player if assistance is required to dress. Doors will only open approximately 15 minutes prior to the ice session.
6. Parents are welcome to watch practice from inside the LSC ice rink. Parents are expected to follow social distancing guidelines which includes not congregating anywhere in the facility. If parents/guardians remain inside the arena and wish to utilize seating, please sit in accordance with markings on the bleachers.
7. When players have completed their on-ice activity, participants should remove equipment quickly and immediately vacate the rink to meet their parent/guardian outside of the facility. Players utilizing team rooms should undress and vacate the premises as quickly as possible.
8. Whenever possible, meetings held by the VYHA coaches will be held outside of the rink as weather allows. If weather or the nature of the meeting do not allow, meetings should be conducted in the largest possible area allowing for social distancing in accordance with published capacities.
9. Coaches, along with rink staff, will assist players in remaining socially distanced throughout their time in the complex. Any instruction given is to maintain complete safety, and we ask that all VYHA members keep this in mind. Families should be sure to remind participants to take it upon themselves to follow social distancing guidelines when in the facility (in locker rooms, common areas, and on the ice).
10. Lancerlot policies and procedures require that face coverings be worn inside the facility except when patrons are involved in exercise. Thus, spectators are expected wear face coverings at all times. Players and coaches are expected to wear face coverings at all times except when participating in on-ice activities. All VYHA participants are expected to provide their own individual water bottle. Water fountains are turned off in the Lancerlot which will require bottles to be filled in advance.

Questions regarding this policy can be directed to the VYHA at hockey@vyhroanoke.com, with the understanding that these guidelines have been put in place for safety and exceptions will only be given under specific and extenuating circumstances. Thank you for helping to keep our members and Lancerlot staff safe.