

MICHIGAN AMATEUR HOCKEY ASSOCIATION



2019 USA HOCKEY / MICHIGAN IN-DISTRICT PLAYER DEVELOPMENT 14U and 15U CAMP



PARTICIPANT HANDBOOK

*Player Information and Rules for the Camp
This Camp is Part of the Michigan Amateur Hockey Association's Player
Development Program in cooperation with USA Hockey*

PLAYER INFORMATION / CAMP RULES

CONDUCT:

Your selection to participate in this Camp is an honor and a privilege. Conduct yourself accordingly. Be alert to all instructions given to you both on and off the ice.

You will be assigned an adult Team Leader for your team. The Team Leader will assist in all phases of your stay. Teams **MUST** move from place to place as a unit with the Team Leader. The Team Leader will assist you with any questions or any needs you may have during your stay. Your Team Leader will have input to the staff on your off-ice behavior.

You are expected to treat everyone with **RESPECT** at **ALL TIMES**. This includes your Team Leader, Team mates, Referees, Camp Staff as well as Lake Superior State Staff/ Employees, and Guests that may be on campus.

Tardiness to any Camp function will not be tolerated.

Obscene language will not be tolerated.

The possession or use of alcoholic beverages, tobacco, vaping, or illegal drugs is strictly prohibited on the LSSU Campus. No weapons of any kind are allowed on the Campus. This includes knives.

ANY violations will result in dismissal from the Camp.

Any action that in the opinion of the Camp Director, Camp Coordinator and their staff that is deemed detrimental to the well-being of the program may result in the suspension or dismissal from the Camp. This may also effect the individuals' participation at future USA Hockey/MAHA programs.

HOCKEY EQUIPMENT and CLOTHING:

You must bring your own hockey equipment including sticks. ALL participants must wear a USA Hockey/HECC approved helmet and facemasks. **Facemasks, mouth guards, and required helmet earpieces are mandatory.**

Skate sharpening will be available from the Pro Shop at the arena for a cost of \$5.00 per sharpening. Your Team Leader will tell you the procedure to follow for skate sharpening.

Minor equipment repair will also be handled by the Lake Superior State Hockey Equipment Managers – ask your Team Leader for assistance.

It is always recommended that you bring a fan for your room.

BRING A TOWEL FROM HOME FOR YOUR LOCKER ROOM AT THE ARENA. You are expected to shower after practices and games. Towels for showers at the dorm are provided and **must remain** in your Dorm room.

A good pair of athletic shoes for off-ice training is required --- flip flops, etc will not be worn during off-ice training.

A swim suit is needed – we will have 2 swimming events during the week. If you do not swim, you will be expected to be in the pool bleachers and remain with your team for the event.

Sault Sainte Marie weather can be unpredictable to say the least. It is recommended you bring usual summer clothing (shorts – T-shirt – etc.) as well as some warm clothing in the event the weather turns cold. NOTE: Pants and/or shorts are to be worn properly at waist level. This means your underwear will not be showing. Caps are to be worn properly with the bill forward facing. Caps will be removed in the cafeteria and at all off-ice classroom events.

IDENTIFICATION:

All participants are to PRINT their name CLEARLY on the front of their helmet. A minimum of 2” white hockey tape should be used with your name printed with a black marker. Players arriving at the camp without their name on their helmet will not be allowed on the ice until they have complied with this requirement.

HOUSING:

Housing will be at Lake Superior State University in a campus dorm.

Linens will be provided. You will be given 1 pillow, 1 pillow case, 2 sheets, 1 blanket, 2 wash cloths, and 2 towels. These are property of the University and are to be used and left in your dorm room. **Towels are not to be taken to the arena locker rooms.**

All personal items are to be brought with you.

It is your responsibility to keep your room locked.

All rooms are to remain as set up-no furniture is to be moved to other rooms. Window Screens are not to be removed for any reason or any purpose.

Room assignments have been pre-assigned by teams. The Lake Superior State University Housing Staff makes these assignments. **Rooming assignments CANNOT be changed.**

You must keep your room neat and orderly at all times. Rooms will be checked by your Team Leader on a daily basis.

Common areas will be neat and orderly at all times and must be picked up each evening by your team.

Trash will be collected each evening from your room by a player assigned by your Team Leader. All trash will be removed to the outside trash containers on site each evening.

Charges will be billed to your family for any damage or extra cleaning to your room.

The Lost Key fee is \$75.00.

Lake Superior State University is mandated by federal law to conduct a Fire Drill during the first two days of your visit. Campus Security will conduct the Fire Drill at an unannounced time and date. You are to exit the building immediately and meet with your Team Leader at a pre-determined location away from the Dorm Building. The all clear **WILL NOT BE ISSUED UNTIL EACH OF YOU IS ACCOUNTED FOR BY YOUR TEAM LEADER.**

NOISE CURFEW AND LIGHTS OUT:

Noise Curfew is 10:00 PM. You must be in your assigned room with your assigned roommate, ready for bed and quiet no later than 10:00 PM each evening.

Lights Out is at 11:00 PM. You and your roommate are expected to turn lights out no later than 11:00 PM. The camp is intensive and you need your rest to perform well the next day.

VISITATION FOR FAMILY/FRIENDS:

Parents/friends may visit players at the ice arena. **No visitors, shall be in the dormitory and/or locker rooms..** Players are expected to follow their daily schedules fully and should not make other plans during the course of the camp. You may not leave the area with your parents during free time.

CELL PHONES/CAMERAS:

Players may bring cell phones/cameras, etc. to the camp. All of these **devices are to be locked in your dorm room for the daily camp activities.** You will return to the dorm occasionally throughout the day so you can check for phone calls.

The possession of and or use of cell phones and or cameras is strictly prohibited in the locker rooms and dormitory bathrooms. Possession or use of cell phones and or cameras in these areas is reason for immediate dismissal from the camp.

MONEY AT THE CAMP:

You will not need money for cafeteria meals or lodging in the dorm, so be guided accordingly. We recommend that you do not bring large amounts of cash. You will need money for skate sharpening, pizza purchases, etc.

Your team, with the supervision of your Team Leader, will be able to order pizza, etc in the evenings after you are through with the day's activities and as time will permit. Curfew rules will apply.

Your team will also, with the supervision of your Team Leader, take trips to the convenience store in the evenings after you are through for the day, again as time permits. Curfew rules will apply. The store is within a short walking distance from your dorm.

Your Team Leader will give you an opportunity to visit the Lake Superior State University Book Store where LSSU hockey team apparel may be purchased.

MEALS:

In the cafeteria you will need to bus your own table. **Food is not limited; however eat what you take on your tray.**

Caps will not be worn in the cafeteria.

CHECK IN: 2004 BIRTH YEAR 15 Selection Camp:

Check in will be on Sunday, June 16, 2018 from 2:30- 4:00 PM at Taffy Abel Arena Lobby.

CHECK IN: 2005 BIRTH YEAR 14 Selection Camp:

Check in will be on Sunday, June 23 2018 from 2:30- 4:00 PM at Taffy Abel Arena Lobby.

Check in is a 4 step process. Please follow the steps below for a quick and painless check in.

#1 -STOP AT TABLE #1 – Check in with Camp Staff

You will receive your room assignment, room key, locker room # and confirm your team color and assigned Jersey #. **Rooms are assigned by the University and can not be changed.**

#2 – STOP AT TABLE #2 – Lake Superior State Hockey Trainer

Medications and medical information: If you are on a medication, you or your parent/guardian will give the medication to the trainer at this time. The Trainer will give your medication to your Team Leader with specific instructions on required dosage time and amount.

#3 -GO TO YOUR ASSIGNED LOCKER ROOM

Store your hockey gear in the locker room and make sure your team color and jersey number is correct. The locker rooms will be locked by your Team Leader after you check in and at all times during the camp.

#4 - A Mandatory Meeting for Players (Your Parents are invited)

A mandatory meeting will be on Sunday (Check-in first) at 4:15 PM at the Arts Center. **If you are at the dorm before the meeting,** you must meet in the lobby of the dorm no later than 4:00PM for the walk with a Team Leader to the Arts Center. The first group will have dinner at 5:00 PM and skate at 6:00PM.

CHECK OUT: 2004 BIRTH YEAR 15 Selection Camp:

Check out is Friday, June 21, 2018 before or after your game.

You will be notified of your check out process/game time, etc. on Wednesday.

CHECK OUT: 2005 BIRTH YEAR 14 Selection Camp:

Check out is Friday, June 28, 2018 before or after your game.

You will be notified of your check out process/game time, etc. on Wednesday.

LEAVING CAMP EARLY:

If it becomes necessary for you to leave the Camp before check out on Thursday, your Team Leader will have a release form that a parent or guardian must sign before you leave the Campus.

DIRECTIONS TO THE ARENA:

Directions to the arena: From I 75 to exit 394. Turn right at stop sign onto Easterday Avenue. Turn right at first light –Norris Center/Taffy Able arena is on your right.

CONTACT INFORMATION WHILE YOU ARE AT THE CAMP:

Camp Director – Mike York – Cell Phone – 517-290-8425

Camp Coordinator – Ron Brasseur – Cell Phone – 810-513-1381

We will have our cell phones if your parent/guardian needs to contact you.

Mailing Address while you are at camp:

Your Name

Lake Superior State Ice Hockey

Norris Center/Taffy Able Arena

650 W Easterday Ave

Sault Sainte Marie, MI 49783