

Age Class	Warm-up	Period Length	Ice Cut During the Game	Minor Penalty	Major Penalty	Misconduct and game misconduct	Curfew allowed	Minimum Ice-Time including ice cut before the game	Time Out Allowed
NOTE: ALL TIMES LISTED ARE SUBJECT TO CHANGE BASED ON ANY FURTHER REQUIREMENTS BY USA HOCKEY OR NYSAHA									
2025-2026 GAME AND PENALTY TIMES * UPDATED: 04/24/2025									
18U TIER 1 TB ONLY	5	3-(20's)	After 2nd	2	5	10	No	No Curfew	Yes
ALL OTHER 18U TEAMS	3	3-(17's)	None	2	5	10	Yes	105 Minutes (95 min actual game time)	No
19U Girls	3	3-(17's)	None	2	5	10	Yes	100 minutes (90 minutes actual game time)	No
16U Youth Tier I TB	5	3-(17's)	None	2	5	10	No	No Curfew	Yes
ALL OTHER 16U Youth & Girls TB	3	3-(17's)	None	2	5	10	Yes	105 Minutes (95 min actual game time)	No
15 O Tier I TB	5	3-(17's)	None	2	5	10	No	No Curfew	Yes
15 WNY & All Other Non-TB teams	3	3-(17's)	None	2	5	10	Yes	100 minutes (90 minutes actual game time)	No
14 U Youth Tier I TB	5	3-(16's)	None	2	5	10	No	No Curfew	Yes
ALL OTHER 14U Youth & 14U Girls TB	3	3-(16's)	None	2	5	10	Yes	100 Minutes (90 minutes actual game time)	No
13 O Tier I TB	5	3-(16's)	None	2	5	10	No	No Curfew	Yes
13 WNY & All other Non-TB teams	3	3-(16's)	None	2	5	10	Yes	100 Minutes (90 minutes actual game time)	No
12U Youth Tier 1 TB	5	3-(15's)	None	1.5	4	8	No	No Curfew	Yes
ALL OTHER 11 & 12 U Youth & 12U Girls TB	3	3-(15's)	None	1.5	4	8	Yes	90 Minutes (80 minutes actual game time)	No
9 & 10U WNY & All other Non-TB teams	3	3-(12's)	None	1	3	6	Yes	70 Minutes (60 minutes actual game time)	No
8U AEM	3	2-(10), 1-(12)	None	1	3	6	Yes	60 Minutes 50 Minutes actual game time	No