



# West Hawk Lake Yacht Club 2020 Sailing Program

## **July 9-12** BOOT Camp (Basic Optimist Olympic Sailing Camp) **(Ages 9-15) Pelican Yacht Club**

2 full days of advanced Optimist training with provincial team coaches followed by 2 full days of racing including the Manitoba Provincial Optimist Championships (10 & under, 13 & under, and 15 & under).

Sailors are billeted by sailing families at PYC if needed, all meals are included, evening activities are planned for each night and are a ton of fun! **This is an amazing experience for any young sailor!**

\* This is an extensive all day course, sailboats provided by WHLYC.

**Cost \$195**

## **July 13-17** Race Camp (Age 9-16) CANSail Levels 2-4

A week of more advanced sailing in our Race Optis, Open Bic's, Lasers and Code 40's for those that have taken our Learn to Sail previously and want to compete and go faster!

\* Afternoon sessions – experienced sailors, sailboats provided

**Cost \$195**

## **July 20-24 & Aug.3-7** Learn to Sail (Ages 7-15) – CANSail Levels 1-2

A repeat of our highly successful youth Learn to Sail program, only 12 sailors per week.

A week of training for those 15 & under who've never sailed or have sailed a little and want to learn more.

\* Morning sessions – younger/new sailors, sailboats provided

**Cost \$170**

\* Afternoon sessions – older/experienced sailors, sailboats provided

**\*\* These 4 LTS classes fill up quickly so please register early!**

## **July 27-31** Intermediate Training (Ages 11-16) CANSail Levels 2-3

A week of more advanced sailing for those who have taken our LTS previously.

\* Afternoon session only, sailboats provided

**Cost \$195**

## **July 27-31** Learn to Sail (Adults age 16+) – CANSail Levels 1-2

A week of training for those 16 and older who've never sailed or have sailed a little and want to learn more.

\*Morning sessions only, sailboats provided

**Cost \$195**

## **West Hawk Lake Yacht Club Annual Race Series**

Fun races at different locations across the lake start at 1 pm, open to all dinghy classes & sailors - beginner & veteran on West Hawk Lake. Registration starts at 12 pm, races 1-3:30 pm, Après at the club after, please call/email for more information.

**Sat., July 18 - Big Island Landing & Sat., August 15 – Penniac Bay**

**For those that need help getting their sailboat ready for the summer season please contact us!**

**For more information: Tom Saunders (204-349-3100 lake) or Paul Krestanowich (204-479-7100 cell or 204-349-2072 lake)**

Email us at [info@whlyc.ca](mailto:info@whlyc.ca)

**Check out our online registration & club website at**

**[www.whlyc.ca](http://www.whlyc.ca)**