

Chema

Coaching & Playing Experience

With more than 35 years of experience in volleyball, I have had the privilege of working across multiple levels of the sport. My coaching journey includes time at the collegiate level, where I helped student-athletes balance academic and athletic excellence, as well as positions as an assistant coach for professional teams, contributing to high-level training and competition. In addition, I have extensive experience coaching at both the high school and middle school levels, where I focus on developing fundamental skills, teamwork, and a lifelong love for the game.

This comprehensive background—spanning from youth to professional athletes—has provided me with a deep understanding of player development, leadership, and the impact of sports on personal growth.

Why do I coach?

I coach because I believe in the power of volleyball to change lives. The sport has opened doors for me, giving me the opportunity to travel the world, form lifelong friendships, and develop essential social and emotional skills. Through volleyball, I have achieved personal and professional goals and discovered the best version of myself.

My goal as a coach is to create those same opportunities for the next generation—helping athletes not only improve their skills but also grow as individuals. Volleyball teaches discipline, teamwork, resilience, and confidence, all of which are crucial for success on and off the court. Most importantly, I want my players to understand that through hard work and

dedication, they can become productive, positive contributors to our society.

About Me

I am a proud Puerto Rican native with a passion for travel and exploration. The beach is my place of reflection and renewal, and I find great joy and peace in spending time near the ocean. Outside of coaching, I am a devoted dog lover and find fulfillment in caring for my pets.

Education has always been an important part of my journey. I am currently completing my second Ph.D. in Education, driven by a lifelong commitment to learning and to using knowledge to empower others.