



SYNERGYFORCE VOLLEYBALL

NOT ALL TRAINING IS CREATED EQUAL



2019 SFV GIRLS FALL BALL

HIGH SCHOOL AGE ONLY - NO CUTS - GRADES 9 THROUGH 12

Wednesdays 4:00 – 7:00 pm August 21st through October 23rd

SKILLS DEVELOPMENT & SCRIMMAGES - RUN BY THE TOP COACHES IN THE REGION



**Lead Coach
Addie Hauschild
Willis**

LEAD INSTRUCTOR: Addie Hauschild-Willis
Coach Addie is one of the most well respected skill-development coaches in Northern California. For the past 5 seasons Addie's teams have clearly outperformed their seeding in the tough Open Division of AAU Nationals, including most recently when her 16 National team posted the first Top 10 National finish in SFV history. Fourteen of her recent athletes have committed to the NCAA (5 to PAC-12). Eight years DI coaching experience UC Davis. Two-time All American at UOP under coach John Dunning, Big West Freshman of the Year 1996, AVCA All-Region & ALL-Big West Conference honors. Former libero US National team. Inducted into UOP Athletics Hall of Fame in 2010. SFV club-wide skills coordinator. B.A. Sports Sciences - UOP.

PROGRAM COST: \$295

INCLUDES:

- 30 Hours of Skills Training & Scrimmaging
- Custom NIKE Dri-Fit SFV Training Shirt

REGISTER TODAY AT: www.synergyforcevbc.com

PROGRAM BENEFITS

- Sharpen Skills for Club Season
- Fun Competitive Scrimmages
- Custom Nike Dri Fit SFV Shirt
- Low Player to Coach Ratios
- Positive Learning Environment

The SFV Fall Ball program provides girls with a genuine opportunity to continue playing the game while receiving the highest level of skills training around.

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**WE BELIEVE
IN THE ATHLETE**
#SynergyStrong

Committed to "teach" in a positive environment with a balanced approach that makes healthy athletes, and people, at all ages.