

Roosevelt Football Family rules

By being a part of this family you will follow these following rules:

- All practices, games, events are mandatory. If you have to miss, you must Snap the team or a coach. Preferably Coach Ryan Nordness. The only reasons for an excused absence are **Illness or Family Emergency**.
- You will be able to get all of your school work done outside of football time. An absence to catch up on school work is an unexcused absence.
- Consequences for Missing Practice:
 - First Two Weeks
 - Run 2 Gassers for an excused absence
 - Run 4 Gassers for an unexcused absence
 - If caught lying about why you were absent, your consequence is TBD
 - Game Week: Game Week begins the day after the previous game or scrimmage
 - For an excused absence, you will be required to make up what you missed, i.e. conditioning, film study, extra time spent with coaches on that weeks Game Plan
 - For every unexcused absence you have you will not be allowed to play in one quarter of football. For a Varsity/JV player this pertains to the Varsity Game. For the B Team Player, this pertains to the B Team Game. Therefore if you have 2 unexcused absences, you would miss 2 quarters of the next and upcoming game pertaining to what team you are on.
 - After the game, your record is clean and you start over.
 - Love your Teammates. No swearing, talking bad about your teammates, belittling your teammates, etc.
 - Consequences TBD
- In order to letter you must participate in 50% of the Varsity quarters played. i.e. One play of any kind in a quarter is considered participating in that quarter
- Playing time is based on your ability. Your ability is assessed by the coaching staff. Coaches should be transparent about where you stand on the depth chart
- We encourage you to talk to your individual coach about anything. Any problems that can't be resolved with your individual coach will be referred to Coach Lossow.
- Policies for each team
 - Varsity and JV will practice Together. Varsity and JV will comprise 10th, 11th and 12th Graders. Those who do not play the majority of the Varsity Game will play in the JV Game.
 - Not all players who suit up for the Varsity Game will play in the Varsity Game.
 - Players that suit up for the JV Game will play in the JV game if they are in good standing with the team, have been attending practices, have a good attitude and are physically and mentally ready.
 - B Team Players will be 8th and 9th Graders. These players will practice together. B Team players will play in their "B" Games if they are in good standing with the team, have been attending practices, have a good attitude and are physically and mentally ready.
 - There can be exceptions to the make up of these teams. An example of that would be, a "B" Team Player may suit up for a Varsity Game
- See the MSHSL Rules for Drug and Alcohol Violations
- Academic and Attendance Standards are set by the Minneapolis Public Schools. Minneapolis expects you to attend all of your classes and maintain a 2.0 GPA. Exceptions do apply. If you have academic concerns talk to one of the coaches.