



ALEXANDRIA COMMUNITY ROWING

**ALEXANDRIA
COMMUNITY ROWING
ANNUAL MEMBER
UPDATE 2021**

WELCOME RETURNING AND PROSPECTIVE MEMBERS

Phone lines will remain muted. Please use the Chat box to submit questions.

Answers will be provided either during the briefings or at the end during Q&A.

Briefing slides will be posted to the ACR Website after the meeting.

NOTICE

The Boathouse facility and docks are open to paid ACR members beginning June 21, 2021. Access is determined by the Alexandria City Public Schools (ACPS).

Members may access the facility during program hours. Uncoached sculling members may access outside hours but may not conflict with ACB (youth) programs, including Summer Crew hours, to minimize dock congestion

COVID-19

FOR THE 2021 SEASON . . .

All members should follow CDC guidelines and federal, state and local government agencies, as applicable. We are asking all members to submit verification of vaccination for COVID-19; this is especially important for individuals participating in sweep programs and the larger sculling hulls.

IF YOU ARE SICK . . .

Please do not come to the Boathouse if you are experiencing respiratory symptoms such as fever, cough, shortness of breath, sore throat, runny or stuffy nose, body aches, headache, chills or fatigue. Currently, the CDC recommends that if you are ill, regardless of the reason, you remain at home until at least 24 hours after you are free of fever (100 degrees F or 37.8 degrees C) or signs of a fever without the use of fever-reducing medications.

Individuals with an underlying health condition (e.g., cardiovascular disease, chronic respiratory disease, etc.), are pregnant or immunosuppressed, appear to be at a higher risk to become infected with COVID-19. If this is your situation, take actions to reduce your risk of getting sick with the disease.

NEW PROCEDURE . . .

A bleach wash will be available dockside for oar handle and gunwale washdown after each use. We are looking to everyone in all groups to follow this procedure each day to reduce risk of infection.

2021 Dockmaster Committee

Administrative Dockmaster

Michael Spatz, Administrative@RowAlexandria.com

Programs Dockmaster

Jennifer Bright, Programs@RowAlexandria.com

Operations Dockmaster

Mary Cato, Operations@RowAlexandria.com

2021 Steering Committee

Sue Chozick, Secretary

Irene Walsh, Treasurer

Stephanie Patton, Media/Social Platforms

Greg Smith, Racing

Chris Vest, Equipment/Safety

Carolyn Nice, Social/Volunteer/Fundraising

Pam Jones, Competitive Sweep

Eleanor Richards, Club Sweep

Linda Fiedler, Competitive Sculling

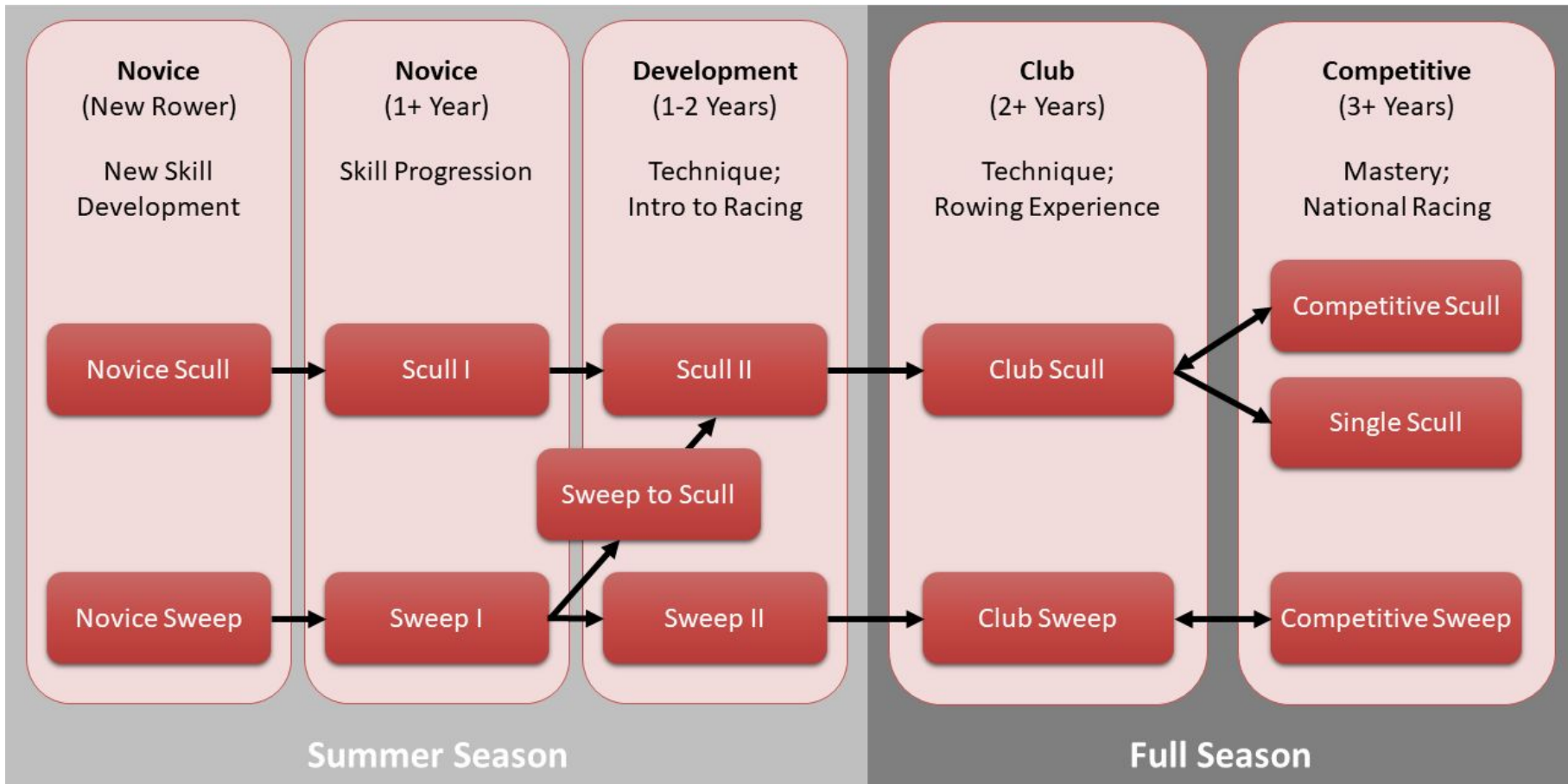
Anne Howard, Club Sculling

2021 Budget Update

Alexandria Crew Boosters raised member dues by \$50 to \$100 as of April 1, 2020. The increase is reflected in the 2021 annual membership dues.

The ACR Budget is sound with approximately \$35,000 in reserves for operational needs and emergencies. Good management allowed the purchase of two Quads in 2019 to replace much older shells.

ACR Program Progression



ACR 2021 Sweep Programs

Program	Level	Coaches	Max Rowers	Schedule	Cost
Novice Sweep	Novice	Jake Kennington, Steve Denne, Greg Smith, Pete Bautz, Ryan Barone	20 per session	M-TH 6:30-8:00 pm Session 1: July 5-15 Session 2: July 19-29	\$320 (membership not included)
Sweep I	Level I	Greg Smith; Steve Denne	20	Aug 3-Sep 16 T, Th, 6:30-8 pm Su 8:30-10 am	\$270 (includes ACR membership)
Sweep II	Level II	Pamela Walter; Mike Chin; Stephanie Patton	40	July 5-Oct 2 M/W 6:30-8 pm Sa 8:30-10 am	\$415 (includes ACR membership)
Sweep to Scull	Level II	Chris Ottie	12	TBD	\$120 (ACR members only)
Club Sweep	Club Masters	Jake Kennington; Steve Denne	40	M, W, F 5:30-7:00 am	\$530
Competitive Sweep	Comp Masters	Jaime Rubini; Alan Weatherley; Jake Kennington; Brian Comey	40	M-F 5:15 - 6:45 am	\$700

ACR 2021 Sculling Programs

Program	Level	Coaches	Max Rowers	Schedule	Cost
Novice Scull	Novice	Chris Ottie; Brian Comey	16 per session	M-TH 6:30-8:00 pm Session 1: July 5-15 Session 2: July 19-29	\$320 (no membership)
Scull I	Level I	Chris Ottie; Brian Comey	20	Aug 3-Sep 16 T, Th, 6:30-8 pm Su 8:30-10 am	\$270 (incl ACR membership)
Scull II	Level II	Chris Ottie; Joe Olbrys	20	July 5-Oct 2 M/W/F 6:30-8 pm	\$415 (incl ACR membership)
Sweep to Scull	Level II	Chris Ottie	12	TBD	\$120 (ACR members only)
Club Scull	Club Masters	Joe Olbrys	25	M/W/F 5:30-7:00 or Tu/Th/ 5:30-7; Sa 6:30-8:00 <i>Note: 2 groups split 3-day/week after assessment</i>	\$530
Single Sculling	Comp Masters	Joanna Rubini	8	M-F 6:30-8:00 am	\$700
Competitive Scull	Comp Masters	Michael Chin	16	M-F 5:15 - 6:45 am	\$700

Additional Programs

Uncoached Sculling

- Members who own their shell and pay rack rental
- Rowers do not participate in coached programs
- Participants must complete a flip test (recertify every 3 years) and demonstrate competent boat handling to coach and/or safety coordinator
- Participants may access their shell outside program hours but cannot interfere with youth (ACB) boathouse use (e.g., summer crew; ODBC)
- All participants must log their rowing session for safety
- Fees: \$350 (membership) \$340 (rack)

Summer Student

- College athletes interested in training in ACR programs
- Fee: \$100; coordinate program participation with coaches

Registration

- Registration opens week of June 7. Access via website: www.rowalexandria.com
- Requirements:
 - Emergency contact info
 - Health info
 - Swimming and COVID certification
 - USRowing waiver
 - USRowing safety video - watch and certification
 - Full payment

Please register early! Morning programs start June 21. Evening programs start July 5.

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Boathouse Safety, Security and Access

All members must complete and submit the 2021 USRowing Liability Waiver, which includes COVID-19 related information.

The mandatory Safety Video is available on line this year for viewing. It is embedded in the registration process. You may also access it via YouTube or at the following link:

<https://docs.google.com/forms/d/e/1FAIpQLSdhN1fqSZ4bxMJmmbboKUqTHQOyOk4mdkb3ZwhPW6OdM9hFHQ/viewform>

ACR is asking all members to be vaccinated and to provide certification during Registration, and to validate absence of COVID-19 symptoms on rowing days.

Please take a moment to read **Item 5** of the ACR Handbook for further detail related to the Boathouse Facility, Operations and Equipment.

https://docs.google.com/document/d/1CCKQY9Ymxcgbw9ZE2VEEXxWftjRxTQp7r4kKwZ_5tzMU/edit#heading=h.qjdgxs

Flip tests have been postponed until further notice. Test dates will be made available via email from Secretary once scheduled. Flip tests will be in the river, not pool.

New for 2021, a bleach wash will be available dockside for oar handle and gunwale washdown after each use. We are looking to everyone in all groups to follow this procedure each day to reduce risk of infection.

Please take a few moments to review the Safety Manual, Sections 1 - 10, for details related to boathouse and on water safety.

https://docs.google.com/document/d/1CCKQY9Ymxgbw9ZE2VEEXxWftjRxTQp7r4kKwZ_5tzMU/edit#heading=h.gjdgxs

Please report incidents immediately to:

Safety Coordinator, Chris Vest

Operations Dockmaster, Mary Cato, Operations@RowAlexandria.com

Equipment and Incident Reporting

Your input is valuable and necessary to keep our Programs running. In the event of damage to a boat or launch, please notify the Coach or Operations@RowAlexandria.com as soon as possible. This includes foot stretchers, shoes, gunwales, riggers, oars, etc.

Notify the Operations Dockmaster in the event of a lost radio, light, etc. Replacement of these items are costly and take away funding from major purchases like new shells and oars. For example, can lights are \$60 each. Twelve of these lights were missing at the end of the 2019 season. Please take care with these necessary items and inform the Operations Dockmaster if lost.

Boathouse access is limited to members and authorized guests. Do not share access codes with any non-members.

ACR is Member Driven!

VOLUNTEER

Alexandria COMMUNITY Rowing needs your sweat equity!

- Row, cox and dock monitor for all novice programs (starting July 5)
- Community outreach and social event planning
- We will post needs on Dibs at www.RowAlexandria.com

-We're asking ALL members to contribute **six hours** of community service for the season (June - November).

DONATE

- Donations will contribute to Equipment and boat upkeep, and defray the cost of iCrew investment for club management
- Donations support overall health and ability of the club to invest in new hulls, more coaching staff

You make this Community special because you're a part of it. We thank you for your time and your support. We want to make this season a success and enjoyable for all through great rows, social events, competitive events, and fresh new ways to motivate volunteers.

Contact: Carolyn Nice, nicecarolyn@gmail.com

Social Events

No Social Events are currently scheduled.

The Secretary will update the membership as Events are added to the Calendar.

Additional Information

For additional information or questions, please contact your Program Representatives:

Pam Jones, Competitive Sweep, jonespaw@aol.com

Eleanor Richards, Club Sweep, elleandbelle@live.com

Linda Fiedler, Competitive Sculling, ldf6989@gmail.com

Anne Howard, Club Sculling, anneshoward@yahoo.com

You may also contact your Program Coach or Dockmaster. Coach email address are available under Programs at

<https://www.rowalexandria.com/programs>