

Rochester Ice Center

3v3 Meltdown at The Creek Rules

1. Teams will consist of four players, three of which are on the ice at a time. Free substitution is allowed. Players must be within 10 feet of players' area before making the substitution.
2. Games are played on a single ½ sheet of ice with one goalie.
3. Games will consist of three, six minute run time periods. The clock will stop for injury, time outs, penalty shots, or if the referee deems it necessary. Each team will be allowed one 30 second timeout per game. Timeouts can only be called when in possession of puck or after a goal is scored. In the name of sportsmanship, timeouts will not be awarded to the team leading in the 3rd period.
4. A coin flip will be held at the start of each game. Home team will call the coin flip. Winner of the flip will have their choice of puck possession at the start of the 1st and 3rd periods or puck possession at the start of the second period and the choice of shooting first or second if a shootout is required.
5. The cross-ice dividers are out of bounds. If the puck touches the dividers, possession will be awarded to the team opposite of the team that touched the puck last. Players must also remain on their side of the dividers or loss of possession will occur.
6. The puck must be cleared outside the blue line with each change in possession. The referee will signal the offensive/defensive change and allow the attacking team five (5) seconds of free time in the neutral zone. The offensive team must re-enter the offensive zone within this 5 second period or loss of possession will occur. During this time, all attacking players must tag up in the neutral zone (one skate outside the blue line). Once touching up, the player may re-enter the attacking zone. No offside rule is in effect. The referee will stop play if a player fails to tag up and actively joins the play. Defensive players cannot force the play in the neutral zone during the 5 second free period. One warning will be given for this infraction. The second occurrence will result in a penalty. If the defensive team fails to legally clear the puck and resumes play on the attack, the play will immediately be blown dead by the official and the puck awarded to the other team.
7. If an uncontrolled puck crosses the blue line into the neutral zone, control of the puck will be awarded to the first team to touch the puck. The referee will award the puck and start count on the 5 second free time for attacking players to tag up and re-enter play.
8. A team which leaves the neutral zone and then re-enters it to delay play will be warned by the referee and then on subsequent infractions will lose possession of the puck.
9. Goals scored by the defensive team will result in a goal for the offense.
10. The puck may not be shot on net from the neutral zone (outside the blue line).

11. When the goalie freezes the puck resulting in a stoppage of play, possession will be awarded to the defensive team into the neutral zone.
12. Play will be stopped on a penalty according to USA Hockey rules. On the first penalty of the period, the puck will be awarded in the neutral zone to the non-offending team. Every subsequent penalty charged to the same team, in that period, will result in a penalty shot. Non-major penalties will be counted as one penalty. Major penalties will count as two penalties and result in a penalty shot. The person fouled will take the penalty shot. If a goal is scored on a penalty shot, the puck changes possession. If a goal is not scored on the penalty shot, play immediately resumes and the puck is live. Players not taking the penalty shot must remain behind the blue line until the shot has been taken. If a goal is scored during a delayed penalty call, the goal will count and no penalty will be assessed. A penalty by the goalie will count against the defending team. Three penalties by any goalie during the entire tournament will result in the disqualification of the goalie. A team will forfeit any game in which they commit eight penalties. If there are coincidental penalties which both result in penalty shots, the team in possession of the puck will shoot last. The puck will be dead after the 1st penalty shot. Teams will then line up at the blue line and the puck will be live after the 2nd team shoots.
13. No checking is allowed at any level. Mouth guards are required at all levels.
14. Ties will be settled by a shootout. All four players on a team will shoot alternating shots with the most goals winning. If the score is still tied after the first round, the shootout will continue on a sudden death basis. All four players will continue to participate in the same order until one team scores and the other team does not. Again, both teams will have equal number of chances in the second shootout, but the first team to score with an opponent miss, wins the game.
15. Zero tolerance will be strictly enforced. Any player ejected for fighting, vulgarity, etc. will result in the entire team being disqualified from the tournament with no refund.
16. If a player is ill or injured and cannot continue, a substitute player can be used. Players registered on another team are not eligible even if already eliminated. The substitute player is added to the roster of the team and is not eligible to substitute on any other team. The player being replaced cannot return to the tournament. The host may have extra players available if needed.
17. Coaches and players - Know the rules of the tournament. Challenges must be made immediately. The decision of the on ice official is final. If a challenge is made during the play, the game clock will be stopped.
18. This tournament will be USA Hockey Sanctioned. All players are required to be currently registered for USA Hockey. All players will be asked to provide proof of registration either by providing their USA Hockey registration or a signed and approved team roster for the team they played for during the winter.

19. Team Construction:

Teams will play at their current level for the 2017-18 season. Teams will be assigned to one of the following divisions:

Mite – Birth Year 2009 or younger

Squirt – Birth years 2007-2008 Only

Pee Wee – Birth Years 2005-2006 Only

Bantam – Birth years 2003-2004 Only

Midget – Birth years 1999-2002 Only

Adult – 2000 or older