

ABYSB Softball Skills Matrix

Skill	U6	U8	U10	U12	U15
<b>RULES</b>					
End of Play Rule				X	X
Infield Fly Rule					X
Dropped Third Strike					X
<b>COMMUNICATION</b>					
Number of outs		X	X	X	X
Infield situation/Outfield situation		X	X	X	X
Base coverage communication			X	X	X
Catcher communication				X	X
<b>THROWING</b>					
Good mechanics	X	X	X	X	X
Cut-offs				X	X
Crow-hops					
<b>FIELDING</b>					
Situational defense/defensive rotations					
first and third plays					
Fielding a bunt				X	X
Footwork for infielders					
Back-up responsibilities					
Outfield - Drop steps					
Outfield - Running through the catch					
<b>BATTING</b>					
Grip and bat position					X
Weight transfer				X	X
Hand path, hitting "through" the ball					X

Eyes stay on ball through contact					X
Bunting					X
Slapping					X
2-strike approach					X
<b>BASE RUNNING</b>					
Attending to pitch count					X
Running through first base	X	X	X	X	X
First base situations					X
Leadoff techniques					X
Tagging up				X	X
Stealing					X
Sliding					X
<b>PITCHING</b>					
Grip				X	X
Starting feet position				X	X
Walk throughs				X	X
Wrist snaps				X	X
Back-up responsibilities				X	X
Plate coverage				X	X
<b>CATCHING</b>					
Body position				X	X
Blocking and framing				X	X
Throwing footwork				X	X
Throws on steals/pickoffs				X	X
Catching foul pops				X	X
Plays at the plate				X	X
Recognizing batter position for pitch selection				X	X