



**Dragon Youth Football  
COVID-19 Protocol  
Practices & Games  
September 2, 2020**

## Key Principles

- **Social distancing and wearing face coverings:** DYF encourages all players, parents and coaches to adhere to the Governor's Orders in regard to social distancing and wearing face coverings.
- **Hygiene:** Hand washing before and after practices and games should be practiced and emphasized.
- **Screening procedures for players:** Symptom and temperature screening assessment will be required for all players prior to any team event such as practices, games, AT&T Stadium scrimmage, and team meetings.

## Players and Coaches

- One parent must fill out the COVID questionnaire, via TeamSnap, for their child before each practice and game. All coaches are required to establish a TeamSnap account for their team to include the health questionnaire. Coaches must ensure that all players have completed and passed (answered NO to all questions) prior to being allowed to participate in practices or games. The questions are as follows:
  - a. Have you experienced a fever of 100.4°F or greater in the past 10 days?
  - b. Have you received a positive result from a COVID-19 test within the past 14 days?
  - c. Have you been in contact with anyone while they had COVID-19 or symptoms of COVID-19 in the past 14 days?
  - d. Have you experienced any of the following symptoms within the past 14 days? Check all that apply.
    - i. Cough
    - ii. shortness of breath
    - iii. sore throat
    - iv. runny nose
    - v. none of the above
- If the answer is YES to question **d (i)-(iv)**, the player must have documentation from a physician before returning to practices or games.

- If the answer is YES to question **b.**, please see **Positive Test Confirmed Protocol** below.
- **Positive Test Confirmed Protocol**  
 In the case a coach or player has tested positive for COVID-19, the individual (player or coach) may return to practices and games when all 4 criteria are met:
  - At least 3 days have passed since recovery (resolution of fever without fever-reducing medication)
  - The individual has improvement in symptoms
  - At least 10 days have passed since symptoms first appeared
  - Documentation from a physician before returning to practices or games
  - If a coach or player tests positive for COVID-19, they must report it to the DYF President within 24 hours of diagnosis. For situational awareness, DYF will send an e-mail notifying all parents/guardians of players in the DYF organization of grade and team name from which the coach or player is associated. DYF will **NOT** identify the individual's name.

- Coaches and players must attempt to maintain 6 feet between each other.
- Coaches and players must limit contact when not participating in drills or games, which includes handshakes, high-fives, etc.
- Coaches and players are required to wear face covering when not actively participating in practices or games.
- Players must bring their own hydration (water) to practices and games.

### **Practice and Game Attendance**

- Only official team representatives are allowed on the field for practices and games.
- All spectators at games should wear masks and apply social distancing practices.
- Spectators at games should be limited to parents, guardians, family members and friends of the child participating. Please plan to enter the stadium no earlier than 15 minutes prior to your child's game starting and plan to leave the stadium immediately following the conclusion of your game. Coaches and players can enter field area no earlier than 1 hour prior to the start of their game.