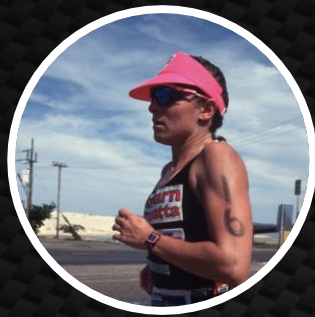
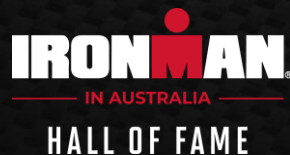


#2



# LOUISE BONHAM



Louise Bonham (nee McKinlay) was inductee number 2 in the same year as Pauli. Louise started her triathlon career in 1985 entering the 2Day FM triathlon in Sydney. She had successes at shorter distances both in Australia and overseas and was selected for the Australian team in the first ITU World Championship. She first raced the IRONMAN World Championship in Kona, Hawaii in 1986 and finished 10th woman overall.

Louise's first venture to IRONMAN Australia was in 1987 with her first win in 10:38 and she went on to defend her crown in 1988 and 1989 and was the first woman to break the 10 hour barrier in a time of 9:53. But in late 1989 whilst racing in Canada she suffered serious injuries after being struck by a car. By determination and a strong will she overcame those injuries and although missing from the 1990 Ironman Australia field she returned for a 2nd placing in 1991 and then regained her crown the following year in 1992 for her last race in a time of 9:24.15.

Louise was regarded in those early years as the Queen of Ironman Australian Triathlon with an amazing career at all distances and top 10 performances at Kona. She has a daughter and continues to race marathons in Australia and overseas.

*Written by Ken Baggs*

## IRONMAN Australia Results

	Overall	Swim	Bike	Run
1987	10:38:55	1:04:43	5:48:56	3:45:16
1988	10:17:08	1:03:48	5:30:23	3:42:57
1989	9:53:48	1:00:43	5:20:06	3:32:59
1991	9:49:20	0:57:26	5:17:08	3:34:46
1992	9:24:15	0:56:07	5:08:12	3:19:56

Entered 7 | Finished 5

Fastest Year 09:24:15 in 1992 | Fastest Swim 00:56:07 | Fastest Cycle 05:08:12 | Fastest Run 03:19:56