

GPIHL COVID-19 GUIDELINES TO RESUME PLAY:

The following are guidelines established by the GPIHL to resume playing hockey in a safe and measured way. ***These guidelines are designed to mitigate the risk to our players, officials, and rink personnel, in no way do these guidelines eliminate the risk completely and participants should weigh the risk for themselves.***

GENERAL CONSIDERATIONS:

- Wash your hands.
- Wear a mask prior to entering the building and keep it on the entire time you are NOT on the ice.
- Participants with risk factors or illnesses should not attend any adult league event.
- Participants with symptoms or signs of illness are strictly advised not to enter the premises and to seek medical assistance.
- When able players must adhere to social distancing, in arena common areas and locker rooms.
- Team rosters will be limited to 11 players MAX. This is to ensure we stay within the Maine CDC guidelines of 50 people MAX in a building at one time.
- Spectators will not be allowed in the arena.

GPIHL OFFICIALS AND SCOREKEEPERS:

- All GPIHL officials and scorekeepers will be required to wear gloves and masks.
- Officials will be provided electronic whistles to call the game.
- Maximum of two people will be allowed in the referee's room at one time.
- Officials and Scorekeepers are asked to arrive no more than 15 minutes prior to their scheduled game and are asked to leave within 15 minutes after leaving the ice.
- No one is allowed to enter the scorers box, except the scorekeeper.
- Officials should not accept pucks handed to them by players. Officials should pick them up themselves.

GPIHL PLAYER ARRIVAL:

- Players are asked to arrive no earlier than 15 minutes prior to game time.
- Players are encouraged to get partially dressed at home or in the parking lot.
- Players will be required to enter through the arena lobby entrance and exit through the player entrance.
- Players will need to socially distance in the locker room.

GPIHL GAMES:

- Players in locker rooms 1 and 2 will enter and exit the ice through the door by the FHS locker room. Players in locker rooms 3 and 4 will enter and exit the ice through the door by the GHS locker room.
- Face Masks/Coverings are recommended NOT required during play.
- Teams will be required to bring their own pucks.
- Players need to bring and label their own water bottles, no sharing of water.
- Players will be asked to keep their gloves on for the duration of the game, including when they are on the player benches.
- Players must spread out on the bench and keep as much distance between teammates as possible.
- DO NOT HAND PUCKS TO OFFICIALS
- Penalized players should maintain as much distance from each other in the penalty box.
- NO PLAYER IS ALLOWED TO ENCROACH ON THE SCORERS BOX. Any player that does so will be removed from the game.
- Goal celebrations should be limited to fist bumps.
- Post-game handshake lines will be eliminated and replaced with stick tap or nothing.

GPIHL POST GAME:

- Players will need to leave the locker room no more than 15 minutes after exiting the ice.
- Showers will not be available.
- When leaving the rink players will need to exit through the player entrance, not the main lobby.
- Players are asked to not congregate in the parking lot after games.

**GREATER PORTLAND
INDUSTRIAL HOCKEY LEAGUE**