



Concussion Information Sheet

League/Team: _____

You are receiving this information sheet about concussions because of California State Law AB 2007 (effective January 1, 2017):

1. The law requires an athlete who may have a concussion during a practice or game to be removed from the activity for the remainder of the day.
2. Any athlete removed for this reason must receive a written note from a medical doctor trained in the management of concussion before returning to practice.
3. Before an athlete can start the season and begin practice in a sport, a concussion information sheet must be signed and returned to the league/team by the athlete and the parent/guardian.

Every year all coaches are required to receive training about concussions.

For current and up-to-date information on concussions you can visit:

<http://www.cdc.gov/concussion/HeadsUp/youth.html>

I acknowledge that I have received and read the USA Softball of Southern California Concussion Information Sheet.

Athlete Name (Printed)

Athlete Signature

Date

Parent/Legal Guardian (Printed)

Parent/Legal Guardian Signature

Date