Montana Amateur Hockey Association 2022-2023

Age Division	Clock	Warm Ups	Periods & Length	Break	Minor Penalty	Major Penalty	Misconduct	Regular Season OT	Ice Cut between 2/3 period
6U	Run	3 min	3 @ 15 min	1 min	N/A	N/A	N/A	No	No
8U	Run	3 min	3 @ 15 min	1 min	N/A	N/A	N/A	No	No
10U	Run	4 min	2 @ 25 min	2 min	2:00 run time	5:00 run time	10:00	No	No
12U	Stop*	5 min	3 @ 15 min	1 min	1:30 stop 2:00 run	4:00 stop 5:00 run	8:00 stop 10:00 run	No	TBD
14U Youth/Girls	Stop*	5 min	3 @ 16 min	1 min	1:30 stop 2:00 run	4:00 stop 5:00 run	8:00 stop 10:00 run	No	Yes
Big Sky High School (BSHSL)	Stop*	5 min	3 @17 min	2 min	2.00 stop 3:00 run	5:00 stop 5:00 run	10:00	Yes	Yes
Montana High School (MTHSL)	Stop*	5 min	3 @ 17 Min	2 min	2:00 stop 3:00 run	5:00 stop 5:00 run	10:00	Yes	Yes
18U	Stop*	5 min	3 @ 17 min	1 min	1:30 stop 2:00 run	4:00 stop 5:00 run	10:00	Yes	Yes
19U Girls	Stop*	5 min	3 @ 17 min	1 min	1:30 stop 2:00 run	4:00 stop 5:00 run	10:00	No	Yes

* Game will switch to run time anytime a goal differential of 7 or more exists (clocked may be stopped for player injury)

Overtime format: 5 min stop time period with 3 skaters and a goalie per team and 3 player shootout if necessary

** Montana ONLY has Tier II Boys 18U - Most MT associations plays USA Hockey High School Rules