

Playing Time

Our overall philosophy on playing time is we want all our athletes to play. This is the main reason we choose to keep our rosters small. The downside to that is it creates higher club dues per athlete splitting the team cost between fewer players. But it is important to us that all athletes play! **The main concept we need every family to understand is that not everyone will play 6 rotations!** A very common role in volleyball is to play 3 rotations. For most of our levels of teams, we will guarantee 3 rotations of playing time for all our athletes (14u-18u Open is different - see below). There are many factors that weigh into playing time decisions for our coaches:

- We are only allowed 12 substitutions per set.
- Players are limited to only subbing in/out in one playing position. You cannot sub at any time for any one like in some other sports – coaches have USAV subbing rules they must follow.
- Equal playing time for all athletes on the team is not always the best thing for all athletes on the team. Sometimes keeping a couple stronger players on the floor helps raise the level for the whole team.
- For our 14u-18u Open teams, 3 rotations will not be guaranteed. Each player will play in each match, but coaches may do different situational subbing that could lower an athlete's playing time under 3 rotations. All these decisions will be made by the coach to do what they believe is best for the team.

If athletes are unhappy with their role on their team, we encourage them to speak with their coaches about it. Our coaches are here to help all our athletes. Our club will not entertain any complaints from parents about playing time so long as your athlete is playing at least 3 rotations (Local/Regional/National teams) or playing in any capacity (Open teams). Nothing more above that is promised.

Kairos Playing Time Guidelines for Coaches in Each Level:

9u-11u – All playing time is as equal as we can possibly make it. Players will rotate and play all positions in 3v3.

12u-13u Teams – All players are guaranteed 3 rotations of playing time. Stronger players will play 6 rotations in most tournament matches to help raise the level of play for everyone on the team. Taking turns as the “6 rotation players” will not always be equal!

14u-18u Select Teams (Gamma, Delta, White, Black, Green, Blue) – All players are guaranteed 3 rotations of playing time. Stronger players will play 6 rotations in most tournament matches to help raise the level of play for everyone on the team. Taking turns as the “6 rotation players” will not always be equal!

14u-18u Elite Teams (Alpha, Beta) – All players are guaranteed a role on their team each match. However, we do not guarantee 3 rotations like our other teams. Our 14u-18u Elite teams will compete at the highest level of competition in the country. Our coaches will do their best to play everyone as much as possible, but these teams will utilize line-ups that will make them be the most competitive they can be in bigger tournaments.

All the above decisions are at the sole discretion of our coaches. Please respect their decisions. We promise they want what is best for all the athletes on the team as a whole!