



PARENT QUESTIONS | CHAMPION'S MANUAL

Aug 12-16 **Week 1** **Foundation** **Preseason** **Coach Hayes**

1. Explain the difference between below and above line behaviors.
2. Why is staying Above the Line so difficult?
3. What does BCD stand for? What are some actions that can be taken to eliminate BCD for our lives?

Aug 19-23 **Week 2** **R Factor** **Preseason** **Coach Riley**

1. Explain how the 6 R factor disciplines help us as we respond to the Es we encounter each day?
2. Why are the best teams full of players who are able to successfully adapt and adjust?
3. Your R is an E for others. What does this statement mean?

Aug 26 – 30 **Week 3** **Culture** **Orono** **Coach Gornick**

1. Define culture in your own words?
2. Every organization has a culture either by design or default. What does this mean?
3. Why is culture more important than scheme in terms of a team being successful on the field?

Sept 2 – 6 **Week 4** **Relentless Effort** **Fridley** **Coach Roberts**

1. What does relentless effort mean to a thunder football player?
2. Why can anybody be elite?
3. Explain why success and failure is cumulative and progressive?

Sept 9 – 13 **Week 5** **Competitive Excellence** **Columbia Heights** **Coach Pelot**

1. How do you define elite preparation?
2. Explain what the statement practice makes permanent means?
3. All elite performers have what 2 characteristics? Why are they so important?

Sept 16 – 20 **Week 6** **Power of Team** **Princeton** **Coach Greener**

1. Explain combat motivation?
2. Describe the 3 Cs that trust is built upon?
3. People do not experience your intentions; they experience your behavior. What does this mean?

Sept 23 - 27 Week 7 Necessity of Alignment Chisago Lakes Coach Snow

1. What is alignment?
2. Why is alignment critical for any organization?
3. Why is effective leadership necessary in order to achieve proper alignment?

Sept 30 - Oct 4 Week 8 10-80-10 Principle Holy Family Coach Rasmussen

1. Explain the 10-80-10 principle.
2. How does a team become great under this principle?
3. Describe the 4 approaches to move the middle 80% into the top 10%?

Oct 7 - 11 Week 9 Think Like a Leader Mound-Westonka Coach Erdman

1. Describe how a leader thinks?
2. What does a leader do when things are not going right?
3. Leaders do not react, they respond. What does this mean?

Oct 14 - 16 Week 10 Power of Belief Big Lake Coach Kish

1. Belief creates vision. Explain what this means.
2. How does belief allow you to bounce back from adversity?
3. Belief activates and ignites. How does this help your performance?

October 21 – Prep Bowl Belief Playoffs Coach Kish

1. Why is faith the foundation of belief?
2. What is the moral of the poem, *“The Man Who Thinks He Can”*
3. How does attitude fuel belief?