

Section 7AA True Team

Cloquet - 5/10/2022

Results

Girls 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Emily Rengo	12	Esko	12.87
2	Julia Gherardi	12	Hibbing	12.99
3	Dakota Esget	9	North Branch	13.07
4	Lauren Johnson	10	Proctor	13.15
5	Ava Fink	12	Rock Ridge	13.17
6	Kaitlyn McConnell	9	Esko	13.20
7	Sophia Thorsen	7	North Branch	13.25
8	Bene' Smith	9	Chisago Lake	13.49
9	Parker Ennis	10	Mora	13.54
10	Brynn Babich	8	Hibbing	13.60
11	Alvine Njounang	12	Grand Rapids	13.67
12	Addy Barrett	10	Chisago Lake	13.69
13	Lydia Stone	12	Cloquet	13.70
14	Lena Roubinek	10	Pine City	13.72
15	Liv Birkeland	11	Hermantown	13.80
16	Adaee Enemuoh	9	Hermantown	13.92
17	Natalia Williams	9	Duluth Denfe	13.94
18	Kaley Will	10	Cloquet	14.01
19	Jennie Krause	12	Rock Ridge	14.05
20	Katey Thieman	7	Pine City	14.20
21	Alyssa Nelson	9	Mora	14.22
22	Ainsley Olson	11	Grand Rapids	14.36
23	Jamie Ehresman	10	Proctor	14.91
24	Syrena Richard	12	Duluth Denfe	16.17

Girls 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Kaitlyn McConnell	9	Esko	27.41
2	Ava Fink	12	Rock Ridge	27.58
3	Alexa Snedrud	11	Cloquet	27.82
4	Emily Rengo	12	Esko	27.86
5	Dakota Esget	9	North Branch	27.89
6	Sophia Thorsen	7	North Branch	27.92
7	Lauren Johnson	10	Proctor	28.00
8	Brynn Babich	8	Hibbing	28.11
9	Bene' Smith	9	Chisago Lake	28.25
10	Faith Zidarich	12	Grand Rapids	28.29
11	Alvine Njounang	12	Grand Rapids	28.32
12	Lydia Stone	12	Cloquet	28.41
13	Parker Ennis	10	Mora	28.58
14	Liv Birkeland	11	Hermantown	28.64
15	Summer Thieman	10	Pine City	28.66
16	Mallory Clepper	8	Pine City	28.91
17	Katie Yoder	12	Mora	29.12
18	Addy Barrett	10	Chisago Lake	29.46
19	Anna Fink	12	Rock Ridge	29.69
20	Chloe Lind	10	Proctor	29.77
21	Andrea Petroske	9	Hibbing	29.88
22	Anna Foldesi	11	Duluth Denfe	29.91
23	Nataleh Rapp	10	Hermantown	30.93
24	Syrena Richard	12	Duluth Denfe	34.53

Girls 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Sophia Thorsen	7	North Branch	1:01.06
2	Dakota Esget	9	North Branch	1:02.31
3	Alvine Njounang	12	Grand Rapids	1:04.73
4	Alexa Snedrud	11	Cloquet	1:04.73
5	Liv Birkeland	11	Hermantown	1:05.07
6	Tara Hertling	9	Hibbing	1:05.46
7	Caley Kruse	12	Cloquet	1:06.21
8	Gianna Figueroa	9	Hibbing	1:06.35
9	Eilee Straub	7	Esko	1:07.81
10	Brooke Wiese	8	Hermantown	1:07.83
11	Bella Aldrich	12	Chisago Lake	1:07.92
12	Abby Zins	10	Chisago Lake	1:08.45
13	Vivian Lahti	8	Pine City	1:08.74
14	Kayla Jenkins	9	Grand Rapids	1:08.79
15	Lily Anderson	12	Duluth Denfe	1:09.03
16	Celia Prenier	9	Esko	1:10.07
17	Bailey Gorsegrner	11	Mora	1:10.13
18	Allana Carlson	11	Proctor	1:10.28
19	Addison Youngren	9	Rock Ridge	1:10.81
20	Amber Fix	9	Mora	1:10.87
21	Lola Witty	8	Proctor	1:11.21
22	Emma Belsheim	10	Pine City	1:11.79
23	Jillian Zeider	12	Rock Ridge	1:15.25

Girls 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Kaia Osmundson	9	Chisago Lake	2:35.01
2	Carlie Blevins	10	Proctor	2:36.79
3	Grace Shingledecker	12	Esko	2:37.14
4	Paisley Kleiman	9	Proctor	2:37.41
5	Claire Niksich	8	Hermantown	2:37.77
6	Mercury Bischoff	9	Grand Rapids	2:38.28
7	Campbell Amundson	9	Hermantown	2:38.79
8	Jocelyn Strukel	10	Hibbing	2:39.33
9	Lainey Hallan	10	Chisago Lake	2:40.14
10	Alexa Shepherd	10	Cloquet	2:40.42
11	Reese Aune	11	Hibbing	2:40.83
12	Lola Schwinghamer	10	Mora	2:42.36
13	Ella Sell	11	Pine City	2:43.05
14	Sophia Benedict	9	North Branch	2:44.33
15	Allison Unverzagt	10	Pine City	2:45.66
16	Katie Turner	12	Cloquet	2:48.19
17	Katelyn Torrel	11	Rock Ridge	2:49.01
18	Aubrey Pearce	7	Esko	2:51.13
19	Avah Kraushaar	11	Rock Ridge	2:52.37
20	Rachel Bergh	12	Duluth Denfe	2:57.07
21	Elle Nielsen	9	North Branch	2:57.34
22	Emily Timm	10	Grand Rapids	2:58.67
23	Karla Qual	10	Mora	3:02.75
24	Janelle King	10	Duluth Denfe	3:31.93

Section 7AA True Team

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Results

Girls 1600 Meter Run

	Name	Yr	School	Finals
Finals				
1	Kaia Osmundson	9	Chisago Lake	5:36.83
2	Nora Stark	8	Rock Ridge	5:42.21
3	Mileena Sladek	10	Hibbing	5:44.94
4	Jorie Anderson	10	Hibbing	5:46.60
5	Lainey Hallan	10	Chisago Lake	5:46.95
6	Della Bettendorf	9	Proctor	5:48.98
7	Campbell Amundson	9	Hermantown	5:49.07
8	Eva Johnson	10	Pine City	5:49.41
9	Erin Soup Loeb	10	Cloquet	5:53.92
10	Rachel Brown	9	Pine City	5:54.36
11	Grace Hrabik	12	Esko	6:01.66
12	Cora Hudella	12	North Branch	6:03.66
13	Elise Cawcutt	10	Cloquet	6:05.42
14	Ella Karkela	10	Grand Rapids	6:12.74
15	Emily Walters	10	Grand Rapids	6:13.48
16	Ingrid Hexum	12	Esko	6:21.51
17	Kaari Harsila	12	Rock Ridge	6:22.44
18	Julia Knight	10	Proctor	6:22.61
19	Annika De Garcia	10	Mora	6:36.37
20	Kylie Anderson	8	North Branch	7:01.49
21	Nora Kerr	10	Mora	7:05.48
22	Milla Beldo	10	Duluth Denfe	7:27.36

Girls 3200 Meter Run

	Name	Yr	School	Finals
Finals				
1	Mileena Sladek	10	Hibbing	12:39.82
2	Eva Holmgren	12	Mora	12:40.14
3	Eva Johnson	10	Pine City	12:52.17
4	Whitney Sylvester	10	Grand Rapids	13:02.52
5	Lizzy Harnell	9	Proctor	13:03.77
6	Jorie Anderson	10	Hibbing	13:16.00
7	Rachel Brown	9	Pine City	13:20.28
8	Amelia Allen	12	Cloquet	13:30.13
9	Lauren Kowarsch	8	Chisago Lake	13:33.30
10	Rachel Bettendorf	7	Proctor	13:55.13
11	Cora Hudella	12	North Branch	14:19.46
12	Grace Hrabik	12	Esko	14:20.38
13	Victoria Nelson	10	Cloquet	14:21.87
14	Ginger Paul	8	Duluth Denfe	14:32.11
15	Brianna Mckinnon	12	Mora	14:34.17
16	Ferrah LaLone	9	Hermantown	14:34.59
17	Lilian Mickelson	8	Chisago Lake	14:47.98
18	Becca Kowalski	11	Rock Ridge	15:02.46
19	Eleanor Graddy	12	Esko	16:05.98
20	Derrian Dick	9	North Branch	16:18.61
21	Jaide Sondrol	12	Grand Rapids	16:37.28
22	Jolie Stocke	11	Rock Ridge	17:02.23

Girls 100 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Olivia Jameson	12	Cloquet	16.35
2	Shaeyna Andreotti	10	North Branch	17.36
3	Gwendolyn Lilly	10	Esko	17.41
4	Elaine Lynas	12	Proctor	17.45
5	Corrin Vigstol	12	Mora	17.58
6	Ellee Nelson	9	Grand Rapids	17.61
7	Megan Chopskie	11	Esko	18.36
8	Kalley Vugteveen	12	Chisago Lake	18.46
9	Geli Stenson	11	Hibbing	18.80
10	Lilly Watkins	12	Grand Rapids	18.92
11	Lucy Virant	10	Rock Ridge	19.00
12	Dorothy Miller	12	Pine City	19.08
13	Brianna Polipnick	10	North Branch	19.09
14	Maija Rantala	10	Rock Ridge	19.17
15	Teresa Root	8	Pine City	19.87
16	Lily Hubbard	10	Chisago Lake	20.20
17	Veyda Friend	8	Hibbing	20.43
18	Caitlin Cox	9	Hermantown	21.28
19	Macava Smith	11	Cloquet	21.30
20	Ellie Pease	7	Proctor	21.38
21	Abby Borgstrom	9	Hermantown	21.66

Girls 300 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Ella Kuhlman	9	North Branch	48.82
2	Shaeyna Andreotti	10	North Branch	50.11
3	Olivia Jameson	12	Cloquet	50.23
4	Ava Bringgold	9	Chisago Lake	50.75
5	Ella Anderson	12	Mora	51.47
6	Geli Stenson	11	Hibbing	51.65
7	Ellee Nelson	9	Grand Rapids	53.14
8	Elaine Lynas	12	Proctor	53.17
9	Corrin Vigstol	12	Mora	53.23
10	Katelyn Olson	11	Cloquet	53.27
11	Ariisa Rydberg	10	Pine City	53.79
12	Gwendolyn Lilly	10	Esko	54.28
13	Kendra Warren	9	Chisago Lake	55.46
14	Lilly Watkins	12	Grand Rapids	56.08
15	Maija Rantala	10	Rock Ridge	56.18
16	Veyda Friend	8	Hibbing	58.00
17	Greta Harden	9	Esko	58.25
18	Caitlin Cox	9	Hermantown	58.56
19	Jennie Krause	12	Rock Ridge	58.77
20	KelliJoy Manninen	9	Proctor	1:00.60
21	Addison Blaiser	8	Pine City	1:00.84

Girls 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	Esko		51.93
2	Chisago Lakes		52.90

Section 7AA True Team

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Results

Finals ... (Girls 4x100 Meter Relay)

	Team	Relay	Finals
3	Rock Ridge		53.01
4	North Branch		53.89
5	Pine City		54.07
6	Proctor		54.16
7	Grand Rapids		54.52
8	Mora		55.26
9	Cloquet		55.32
10	Hibbing		56.06
11	Hermantown		56.46
12	Duluth Denfeld		1:02.96

Girls 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	North Branch		1:52.80
2	Hibbing		1:53.34
3	Mora		1:53.62
4	Esko		1:53.96
5	Grand Rapids		1:55.04
6	Pine City		1:55.39
7	Chisago Lakes		1:56.03
8	Cloquet		1:56.56
9	Proctor		1:57.22
10	Duluth Denfeld		1:58.27
11	Hermantown		1:59.05
12	Rock Ridge		2:03.23

Girls 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	North Branch		4:17.54
2	Hibbing		4:22.79
3	Cloquet		4:24.69
4	Pine City		4:28.35
5	Chisago Lakes		4:28.96
6	Grand Rapids		4:34.63
7	Esko		4:36.41
8	Duluth Denfeld		4:43.70
9	Proctor		4:48.38
10	Mora		4:55.55
11	Rock Ridge		4:57.64

Girls 4x800 Meter Relay

	Team	Relay	Finals
Finals			
1	Hibbing		10:13.88
2	Proctor		10:20.52
3	Cloquet		10:21.68
4	Pine City		10:30.28
5	Mora		10:44.74
6	North Branch		10:56.93
7	Esko		10:59.09
8	Chisago Lakes		11:03.02
9	Rock Ridge		11:05.47

10	Duluth Denfeld	12:00.35
11	Grand Rapids	12:11.42

Girls High Jump

	Name	Yr	School	Finals
Finals				
1	Olivia Jameson	12	Cloquet	5-04.00
2	Taylor Wick	11	Cloquet	5-02.00
3	Asaysha Olson	9	North Branch	5-00.00
4	Elliana Jouppi	12	Duluth Denfe	4-08.00
5	Ava Bringgold	9	Chisago Lake	4-08.00
6	Teresa Root	8	Pine City	4-08.00
7	Brynn Babich	8	Hibbing	4-08.00
8	Liberty Clifford	9	Esko	4-06.00
8	Kalley Vugteveen	12	Chisago Lake	4-06.00
8	Ria Edberg	12	Mora	4-06.00
8	Avery Smith	9	North Branch	4-06.00
8	Donna Hoffbauer	10	Proctor	4-06.00
14	Kady Hermanson	7	Pine City	4-06.00
14	Symone Perez	10	Hibbing	4-06.00
16	Olivia Johnson	9	Hermantown	4-06.00
16	Abigail Sather	8	Rock Ridge	4-04.00
17	Ellie Bjorge	10	Rock Ridge	4-04.00
17	Ella Anderson	12	Mora	4-04.00
17	Tegan Erickson	12	Esko	4-04.00
20	Ellee Nelson	9	Grand Rapids	4-02.00
21	Kate Vogel	12	Proctor	4-00.00
22	Lily Anderson	12	Duluth Denfe	4-00.00
23	McKayla Cagle	12	Grand Rapids	4-02.00

Girls Pole Vault

	Name	Yr	School	Finals
Finals				
1	Julia Gherardi	12	Hibbing	11-00.00
2	Ella Dick	8	North Branch	10-00.00
3	Ilei Benson	12	Cloquet	9-00.00
4	Josie Hanttula	11	Grand Rapids	9-00.00
5	Bene' Smith	9	Chisago Lake	9-00.00
6	Brooke Giese	8	North Branch	8-06.00
7	Caty Larson	9	Chisago Lake	8-00.00
8	Mileena Sladek	10	Hibbing	7-06.00
9	Gracie Larson	8	Pine City	7-06.00
10	Genna McCallum	9	Mora	7-00.00
10	Ginger Paul	8	Duluth Denfe	7-00.00
12	Alora Dammann	11	Esko	7-00.00
13	Autumn Peterson	10	Cloquet	7-00.00
14	Lauren Radovich	9	Esko	7-00.00
15	Nora Hougum	10	Mora	6-06.00
16	Annika Wennberg	12	Duluth Denfe	6-00.00

Girls Long Jump

	Name	Yr	School	Finals
Finals				
1	Kaitlyn McConnell	9	Esko	16-07.50
2	Asaysha Olson	9	North Branch	16-03.50
3	Taylor Wick	11	Cloquet	16-01.50

Section 7AA True Team

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Results

Finals ... (Girls Long Jump)

	Name	Yr	School	Finals
4	Julia Gherardi	12	Hibbing	16-01.00
5	Elliana Jouppi	12	Duluth Denfe	15-08.00
6	Ava Fink	12	Rock Ridge	15-06.50
7	Madison Whitman	10	North Branch	15-05.00
8	Ainsley Olson	11	Grand Rapids	15-01.00
9	Lydia Stone	12	Cloquet	15-01.00
10	Ella Anderson	12	Mora	15-00.00
11	Elli Schritz	12	Mora	14-11.50
12	Hattie Killeen	11	Chisago Lake	14-05.50
13	Anna Fink	12	Rock Ridge	14-01.00
14	Mallory Clepper	8	Pine City	13-11.00
15	Addy Barrett	10	Chisago Lake	13-10.50
16	Abby Aagaard	10	Pine City	13-10.00
17	Lauren Johnson	10	Proctor	13-03.50
18	Claire Rewertz	11	Hibbing	13-00.00
19	Caitlin Cox	9	Hermantown	12-08.00
20	Gianna Hansen	8	Proctor	12-00.50
21	Kayla Jenkins	9	Grand Rapids	12-00.00
22	Milla Beldo	10	Duluth Denfe	10-09.50

Girls Triple Jump

	Name	Yr	School	Finals
Finals				
1	Taylor Wick	11	Cloquet	34-07.25
2	Olivia Jameson	12	Cloquet	34-04.25
3	Elliana Jouppi	12	Duluth Denfe	33-02.50
4	Asaysha Olson	9	North Branch	32-09.00
5	Dorothy Miller	12	Pine City	31-11.00
6	Kyra Johnson	10	Esko	31-03.00
7	Emma Herstad	11	Hermantown	31-01.50
8	Caty Larson	9	Chisago Lake	31-01.50
9	Elli Schritz	12	Mora	31-01.00
10	Hattie Killeen	11	Chisago Lake	30-10.75
11	Tamera Gosser	10	Hibbing	30-07.75
12	Ava Gerten	10	North Branch	30-01.75
13	Abby Aagaard	10	Pine City	29-09.75
14	Anna Fink	12	Rock Ridge	29-08.50
15	Brynn Babich	8	Hibbing	29-05.00
16	Madison South	12	Esko	29-02.50
17	Kyra Giffen	11	Grand Rapids	29-01.25
18	Kelsey Tangen	10	Proctor	28-09.50
19	Jacinda Wilcox	8	Rock Ridge	28-04.50
20	Donna Hoffbauer	10	Proctor	27-10.50
21	Alyssa Nelson	9	Mora	27-04.25
22	Kylie DeBay	8	Grand Rapids	26-07.25
23	Milla Beldo	10	Duluth Denfe	19-05.50

Girls Shot Put

	Name	Yr	School	Finals
Finals				
1	Lena Roubinek	10	Pine City	34-11.00
2	Rowan Krueger -Barth	12	Grand Rapids	33-02.00
3	Lauren Hicks	12	North Branch	32-06.50
4	Justine Carsrud	12	Grand Rapids	31-10.00

5	Bella Harriman	12	Cloquet	31-08.00
6	Myia Teeselink	12	Chisago Lake	30-11.50
7	Emma Herstad	11	Hermantown	30-06.50
8	Gabby Belrose	10	Hermantown	29-09.50
9	Seija Suominen	11	Cloquet	29-02.00
10	Isabelle Walto	9	Hibbing	28-10.00
11	Olivia Hallstrom	11	Chisago Lake	28-08.00
12	Maggie Smetana	11	Pine City	27-11.00
13	Lily Hanson	11	Mora	27-09.50
14	Kenzie Rasmussen	12	Rock Ridge	27-09.50
15	Gianna Boheim	12	Duluth Denfe	27-01.50
16	Mia Schuchard	11	Rock Ridge	26-06.00
17	Claire Husnik	11	North Branch	26-06.00
18	Bridget Nolan	10	Mora	25-11.00
19	Lily Anderson	12	Duluth Denfe	24-05.00
20	Kyra Johnson	10	Esko	24-03.50
21	Chloe Wojciehowski	11	Hibbing	24-02.00
22	Sam Walker	12	Proctor	20-10.50
23	Evie Kelsey	9	Esko	19-04.00
24	Audry Marunich	12	Proctor	15-08.50

Girls Discus Throw

	Name	Yr	School	Finals
Finals				
1	Maggie Smetana	11	Pine City	110-02
2	Bella Harriman	12	Cloquet	102-06
3	Seija Suominen	11	Cloquet	100-03
4	Elise Harriman	11	Hermantown	97-06
5	Bridget Nolan	10	Mora	93-03
6	Rowan Krueger -Barth	12	Grand Rapids	92-06
7	Annika Tveiten	9	Hermantown	85-06
8	Olivia Hallstrom	11	Chisago Lake	80-10
9	Mia Schuchard	11	Rock Ridge	79-09
10	Lauren Hicks	12	North Branch	77-05
11	Myia Teeselink	12	Chisago Lake	77-01
12	McKendrick Landwer	12	Rock Ridge	74-03
13	Sam Walker	12	Proctor	73-10
14	Ria Edberg	12	Mora	71-00
15	Audry Marunich	12	Proctor	67-06
16	Emma Thomsen	10	Grand Rapids	66-00
17	Julia Hockban	10	Pine City	65-08
18	Claire Kloster	11	Duluth Denfe	65-07
19	Kyra Johnson	10	Esko	65-04
20	Meghan Johnson	11	Esko	62-03
21	Isabelle Walto	9	Hibbing	61-03
22	Jenna Minke	7	North Branch	60-08
23	Chloe Wojciehowski	11	Hibbing	59-10
24	Gianna Boheim	12	Duluth Denfe	57-10

Boys 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Mason Perich	12	Esko	11.25
2	Braden Lowe	12	Esko	11.31
3	Jordan Aultman	11	Cloquet	11.48
4	Jacob Jensrud	12	Hibbing	11.60

Section 7AA True Team

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Results

Finals ... (Boys 100 Meter Dash)

	Name	Yr	School	Finals
5	Amari Manning	12	Hibbing	11.63
6	Risto Borgman	12	Grand Rapids	11.88
7	Simon Strand	10	Chisago Lake	11.89
8	Logan Murphy	12	North Branch	11.96
9	Edmond Morris	9	Chisago Lake	12.00
10	Zack Anderson	12	North Branch	12.00
11	Andrew Wilson	9	Rock Ridge	12.02
12	Chase Lindaman	12	Mora	12.02
13	Taye Manns	9	Duluth Denfe	12.13
14	Xavier Anderson	12	Cloquet	12.27
15	Reid Ketola	9	Grand Rapids	12.30
16	Ryan Prihoda	11	Pine City	12.35
17	Austin Rudek	12	Mora	12.35
18	Liu Newland	11	Duluth Denfe	12.41
19	Jake Burress	12	Rock Ridge	12.49
20	Brody Summers	10	Hermantown	12.63
21	Josh Brinker	11	Pine City	12.79
22	Aiden Cox	12	Hermantown	12.82

Boys 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Makoi Perich	10	Esko	22.90
2	Braden Lowe	12	Esko	23.11
3	Tristan Zook	12	Duluth Denfe	23.48
4	Amari Manning	12	Hibbing	23.50
5	Risto Borgman	12	Grand Rapids	23.64
6	Reese Sheldon	11	Cloquet	23.70
7	Simon Strand	10	Chisago Lake	24.01
8	Jacob Jensrud	12	Hibbing	24.07
9	Alexander Petersen	12	Cloquet	24.30
10	Taye Manns	9	Duluth Denfe	24.57
10	Blake Schmidt	11	Chisago Lake	24.57
12	Andrew Wilson	9	Rock Ridge	24.59
13	Logan Murphy	12	North Branch	24.61
14	Austin Prebeck	9	Grand Rapids	24.84
15	Ryan Prihoda	11	Pine City	24.86
16	Ryan Herberg	10	Rock Ridge	25.13
17	Caleb Voss	12	Hermantown	25.36
18	Dallas Fix	11	Mora	25.40
19	Zach Johnson	12	North Branch	26.22
20	Chase Lindaman	12	Mora	26.72
21	Rocco Erickson	11	Hermantown	26.84
22	Anthony Bergeron	9	Pine City	27.22

Boys 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Austin Hanson	12	Grand Rapids	51.33
2	Mason Perich	12	Esko	52.95
3	Logan Murphy	12	North Branch	53.16
4	Jacob Jensrud	12	Hibbing	53.59
5	Jason Thieman	12	Pine City	53.70
6	Austin Anderson	10	North Branch	54.09

7	Ian Andersen	11	Grand Rapids	54.56
8	Finn Eskeli	9	Hibbing	54.98
9	Cole Abernethy	9	Duluth Denfe	55.05
10	Connor Gmahl	11	Mora	55.11
11	Calvin Snesrud	10	Cloquet	55.86
12	Jeremiah Foucault	12	Esko	55.87
13	Connor Matschiner	11	Rock Ridge	56.06
14	Maximillion Arntson	11	Chisago Lake	56.92
15	Aidan Hecimovich	12	Rock Ridge	57.15
16	Kaden Osmundson	8	Chisago Lake	57.53
17	Cale Prosen	12	Cloquet	57.69
18	Gus Haugen	11	Duluth Denfe	57.86
19	Owen Marohn	12	Mora	57.94
20	Drake Willert	12	Pine City	58.33
21	Aiden Cox	12	Hermantown	59.48
22	Thomas Flanagan	10	Hermantown	1:00.76

Boys 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Cameron Stocke	11	Rock Ridge	1:56.72
2	Andrew Schmitz	11	Hermantown	2:01.96
3	Austin Hanson	12	Grand Rapids	2:05.31
4	Henry Johnson	10	Chisago Lake	2:06.86
5	Jackson Kendall	9	Rock Ridge	2:11.50
6	Brett Lillo	12	Esko	2:12.39
7	Michael Cornell	12	Esko	2:13.02
8	Sam Buytaert	12	Cloquet	2:13.91
9	Biruk Killeen	9	Chisago Lake	2:15.33
10	Weston Clementson	8	Pine City	2:15.35
11	Luke Rosholt	10	Duluth Denfe	2:20.05
12	Jordan Stumm	9	North Branch	2:20.75
13	Calvin Snesrud	10	Cloquet	2:21.19
14	Christian Massich	10	Hibbing	2:21.26
15	Justin Walker	10	Hibbing	2:22.44
16	Ethan Luiten	12	Hermantown	2:25.30
17	Jonah Jacobson	10	Mora	2:28.22
18	Joseph Anderson	10	Grand Rapids	2:30.08
19	Roman McKinney	9	Pine City	2:30.67
20	Ted Anderson	11	Mora	2:30.84
21	Zachary Sway	9	North Branch	2:36.06
22	Nico Grigal	12	Duluth Denfe	2:42.16

Boys 1600 Meter Run

	Name	Yr	School	Finals
Finals				
1	Cameron Stocke	11	Rock Ridge	4:22.07
2	Miles Fischer	11	Cloquet	4:39.49
3	Jacob Mertz	12	Cloquet	4:41.27
4	Charlie Ausmus	9	Pine City	4:47.70
5	Charles Juntunen	11	Duluth Denfe	4:50.84
6	Michael Cornell	12	Esko	4:51.60
7	Benjamin Meysembourg	11	Esko	4:52.47
8	Biruk Killeen	9	Chisago Lake	4:54.90
9	Eli Fromm	9	Pine City	4:55.86
10	Christian Massich	10	Hibbing	5:08.46

Section 7AA True Team

Cloquet - 5/10/2022

Results

Finals ... (Boys 1600 Meter Run)

Name	Yr	School	Finals
11 Anthony Hecimovich	12	Rock Ridge	5:10.54
12 Jordan Stumm	9	North Branch	5:18.45
13 Derrick Diethelm	12	Mora	5:19.73
13 Mason Adler	9	Grand Rapids	5:19.73
15 Taite Murden	10	Hibbing	5:19.78
16 Jacob Duffy	11	Chisago Lake	5:28.39
17 Alex Dick	12	North Branch	5:34.67
18 Mason Sovada	11	Grand Rapids	5:38.70
19 Cade Erie	12	Duluth Denfe	5:49.94
20 Zach Warner	9	Hermantown	5:53.14
21 Jack Lind	11	Mora	6:00.42
22 Aidan Petrich	11	Hermantown	6:14.39

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Aaron Nelson	12	Rock Ridge	10:16.27
2 Jacob Mertz	12	Cloquet	10:20.09
3 Nathaniel Rengo	12	Esko	10:29.58
4 Miles Fischer	11	Cloquet	10:43.69
5 Charlie Ausmus	9	Pine City	11:00.37
6 Jack McWilliams	12	Esko	11:05.84
7 Hayden Trupe	12	Chisago Lake	11:11.97
8 Alex Williams	10	Mora	11:14.12
9 Eli Fromm	9	Pine City	11:15.11
10 Xander Schroeder	12	Duluth Denfe	11:28.33
11 Henry Johnson	10	Chisago Lake	11:35.26
12 Adrian Hanson-Kaasa	11	Grand Rapids	11:37.04
13 Andrew Witkowski	8	North Branch	11:43.39
14 Alex Dick	12	North Branch	11:52.20
15 Braden McKinnon	9	Mora	12:00.72
16 Sam Barton	10	Grand Rapids	12:13.92
17 Ethan Aune	10	Hibbing	12:14.44
18 Stylianos Regas	11	Duluth Denfe	12:16.79
19 Oliver Stevens	10	Hibbing	12:36.82
20 Matti Koski	12	Rock Ridge	12:42.59

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Tayven Peterson	11	Mora	16.20
2 Chad Hart	12	Esko	16.79
3 Wyatt Christensen	11	Grand Rapids	16.80
4 Wesley Carlson	12	Grand Rapids	16.96
5 Preston Sladek	11	Hibbing	17.29
6 Muaj Yang	12	North Branch	18.35
7 Jacob Duffy	11	Chisago Lake	18.38
8 Garrett Korkowski	12	North Branch	18.85
9 Wyatt Loken	12	Hermantown	19.01
10 Luke Hecimovich	10	Rock Ridge	19.04
11 Benjamin Paulsen	10	Chisago Lake	19.81
12 John Fisk	10	Duluth Denfe	19.98
13 Michael Kruse	9	Cloquet	20.10
14 Adili Elfundi	10	Duluth Denfe	20.35

15 Cooper Williams	11	Rock Ridge	20.47
16 Josh Anderson	10	Cloquet	20.67
17 Jack Bottoms	7	Hibbing	20.86
18 Jordan Chopskie	11	Esko	21.16
19 Wyatt Scott	9	Hermantown	21.90
20 Raymond Gatzke	10	Pine City	22.96

Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Tayven Peterson	11	Mora	42.06
2 Miigwan Tanner-Wostrel	11	Cloquet	44.04
3 Chad Hart	12	Esko	44.85
4 Keone Anderson	12	Esko	45.71
5 Wyatt Loken	12	Hermantown	45.73
6 Benjamin Paulsen	10	Chisago Lake	45.74
7 Brody Rothe	9	North Branch	46.39
8 Muaj Yang	12	North Branch	46.43
9 Herschel Christensen	9	Grand Rapids	46.93
10 Preston Sladek	11	Hibbing	47.06
11 Hunter Fiet	12	Grand Rapids	47.45
12 Cooper Williams	11	Rock Ridge	47.84
13 Isaac Flatley	11	Rock Ridge	48.37
14 Adili Elfundi	10	Duluth Denfe	48.60
15 Kameron Juscak	12	Pine City	48.99
16 Josh Anderson	10	Cloquet	49.07
17 Trent Guth	9	Chisago Lake	50.04
18 Raymond Gatzke	10	Pine City	51.84
19 Cole Hughes	11	Hibbing	51.89
20 John Fisk	10	Duluth Denfe	56.76
21 Aidan Petrich	11	Hermantown	1:00.01

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Esko		43.12
2 Cloquet		43.65
3 Rock Ridge		46.52
4 Grand Rapids		46.93
5 Hermantown		47.06
6 North Branch		47.30
7 Duluth Denfeld		47.35
8 Hibbing		48.01
9 Pine City		49.61
10 Mora		51.58
--- Chisago Lakes		DQ

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Hermantown		1:35.36
2 Cloquet		1:36.99
3 Mora		1:37.21
4 North Branch		1:38.20
5 Rock Ridge		1:38.24
6 Hibbing		1:38.87

Section 7AA True Team

Cloquet - 5/10/2022

Results

Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals
7	Chisago Lakes	1:39.27
8	Grand Rapids	1:39.31
9	Esko	1:39.78
10	Pine City	1:44.34
---	Duluth Denfeld	DQ

Boys 4x400 Meter Relay

Team	Relay	Finals
1	Hibbing	3:39.66
2	Hermantown	3:39.74
3	Rock Ridge	3:40.83
4	Mora	3:46.00
5	North Branch	3:46.47
6	Duluth Denfeld	3:47.62
7	Esko	3:49.59
8	Pine City	3:50.70
9	Cloquet	3:52.44
10	Chisago Lakes	3:53.47
11	Grand Rapids	3:54.07

Boys 4x800 Meter Relay

Team	Relay	Finals
1	Esko	8:37.71
2	Rock Ridge	8:40.71
3	Cloquet	9:04.67
4	Duluth Denfeld	9:09.94
5	Pine City	9:12.29
6	Hibbing	9:27.41
7	Hermantown	9:32.44
8	Mora	9:38.15
9	Grand Rapids	9:46.33
10	Chisago Lakes	9:53.54
11	North Branch	10:02.70

Boys High Jump

Name	Yr	School	Finals
1	Nikolas Martineau	12 Esko	6-02.00
2	Logan Murphy	12 North Branch	6-00.00
3	Carter Zezulka	11 Esko	6-00.00
4	Blake Schmitz	11 Hermantown	5-10.00
5	Max Williams	10 Rock Ridge	5-08.00
6	Carson Klein	11 North Branch	5-06.00
6	Trevor VonBrethorst	11 Hibbing	5-06.00
8	Curtis Card	12 Grand Rapids	5-04.00
8	Cooper Williams	11 Rock Ridge	5-04.00
10	Tristan Zook	12 Duluth Denfe	5-04.00
11	Vincent Carlson	12 Hibbing	5-04.00
12	Dallas Fix	11 Mora	5-04.00
13	Blake Siefert	9 Chisago Lake	5-02.00
14	Matthew Erickson	11 Cloquet	5-02.00
15	Joe Bailey	10 Cloquet	5-00.00

16	Kameron Juscak	12 Pine City	5-00.00
17	Trent Guth	9 Chisago Lake	4-10.00
18	Cole Abernethy	9 Duluth Denfe	4-10.00
19	Alex Williams	10 Mora	4-10.00

Boys Pole Vault

Name	Yr	School	Finals
1	Kaydin Metzgar	11 Grand Rapids	12-06.00
2	Ethan Ramos	12 Hibbing	11-00.00
3	Elias Hallan	11 Chisago Lake	11-00.00
4	Austin Pierce	11 Hibbing	11-00.00
5	Aric Johnson	11 Cloquet	10-06.00
6	Zach Johnson	12 North Branch	10-06.00
7	Eric Flor	10 North Branch	10-00.00
8	Nathaniel Bear	9 Chisago Lake	9-06.00
9	Cole Hawkinson	11 Grand Rapids	9-06.00
10	Spencer Hipp	10 Esko	9-00.00
11	Maverick Southerland	9 Mora	8-06.00
12	Luke Rosholt	10 Duluth Denfe	8-06.00
12	Aaron South	10 Cloquet	8-06.00
13	Daimien Lord	9 Pine City	8-00.00
14	Levi Wilson	9 Pine City	7-00.00

Boys Long Jump

Name	Yr	School	Finals
1	Makoi Perich	10 Esko	20-01.00
2	Amari Manning	12 Hibbing	19-01.00
3	Mason Perich	12 Esko	19-00.00
4	Tristan Zook	12 Duluth Denfe	18-06.50
5	Nick Bovitz	11 North Branch	18-05.50
6	Jason Thieman	12 Pine City	18-05.00
7	Cameron Oliphant	12 Duluth Denfe	18-04.00
8	Ryan Prihoda	11 Pine City	18-01.50
9	Joshua Byrne	11 Chisago Lake	17-09.50
10	Elijah Aultman	10 Cloquet	17-07.00
11	Tanner Homstad	8 Hermantown	17-06.00
12	Vincent Boeck	11 North Branch	17-04.00
13	Reese Sheldon	11 Cloquet	17-02.50
14	Dallas Williams	11 Rock Ridge	17-01.00
15	Thomas Hagen	11 Hibbing	16-11.50
15	Curtis Card	12 Grand Rapids	16-11.50
17	Derrick Diethelm	12 Mora	16-03.75
18	Griffen Krmpotich	11 Rock Ridge	16-01.50
19	Sam Dobinson	10 Hermantown	15-11.75
20	Maverick Southerland	9 Mora	15-04.00
21	Alan Pearson	10 Chisago Lake	14-09.50
22	Austin Prebeck	9 Grand Rapids	14-06.00

Boys Triple Jump

Name	Yr	School	Finals
1	Makoi Perich	10 Esko	40-06.00
2	Joe Bailey	10 Cloquet	39-01.50
3	Carson Weber	10 North Branch	38-09.50

Section 7AA True Team

Cloquet - 5/10/2022

Results

Finals ... (Boys Triple Jump)

	Name	Yr	School	Finals
4	Ryan Prihoda	11	Pine City	38-01.00
5	Nick Bovitz	11	North Branch	37-09.75
6	Jacob Jensrud	12	Hibbing	37-09.25
7	Carter Zezulka	11	Esko	37-04.00
8	Amari Manning	12	Hibbing	36-09.00
9	Reese Sheldon	11	Cloquet	36-08.50
10	Cameron Oliphant	12	Duluth Denfe	35-09.00
11	Colton Johnson	10	Grand Rapids	35-09.00
12	Liu Newland	11	Duluth Denfe	35-05.50
13	Levi Flatley	9	Rock Ridge	35-04.50
14	Herschel Christensen	9	Grand Rapids	35-03.50
15	Matti Koski	12	Rock Ridge	34-11.50
16	Tanner Homstad	8	Hermantown	34-00.00
17	Caden Peterson	8	Hermantown	33-08.00
18	Jacob Duffy	11	Chisago Lake	33-01.00
19	Blake Siefert	9	Chisago Lake	32-10.00
20	Raymond Gatzke	10	Pine City	32-10.00
21	Derrick Diethelm	12	Mora	31-00.00
22	Owen Marohn	12	Mora	30-01.00

Boys Shot Put

	Name	Yr	School	Finals
Finals				
1	Jackson Weston	12	Grand Rapids	56-00.00
2	Will Turnbull	12	Cloquet	47-08.00
3	Zachary Anderson	12	Chisago Lake	46-10.50
4	Jackson Marcussen	12	North Branch	45-01.00
5	Wyatt Stankiewicz	11	Esko	44-08.50
6	Hudson Steger	12	Duluth Denfe	44-05.00
7	Isaac Flatley	11	Rock Ridge	44-02.00
8	Micah Overtoom	12	Pine City	43-07.50
9	Benjamin Harker	10	Grand Rapids	43-04.00
10	Reese Turnbull	12	Cloquet	42-09.00
11	Aiden Shepherd	10	Hibbing	41-03.00
12	Noah Mitchell	11	Rock Ridge	41-01.50
13	Jacob Tiegen	10	North Branch	40-01.50
14	Christian Marchant	11	Chisago Lake	39-06.50
15	Jace Preston	10	Pine City	39-00.00
16	Ben Bandy	10	Duluth Denfe	38-10.50
17	Cole Thorsvik	12	Hermantown	38-04.00
18	Brock Montminy	9	Esko	38-02.00
19	Curtis Maegi	9	Mora	37-03.00
20	Austin Wunner	11	Hermantown	34-11.00
21	Brock Peterson	10	Mora	32-00.00

Boys Discus Throw

	Name	Yr	School	Finals
Finals				
1	Samuel Strand	12	Chisago Lake	135-08
2	Jackson Weston	12	Grand Rapids	135-00
3	Zachary Anderson	12	Chisago Lake	129-10
4	Wyatt Stankiewicz	11	Esko	129-00
5	Will Turnbull	12	Cloquet	125-06
6	Riley Krenz	12	Rock Ridge	123-00

7	Hudson Steger	12	Duluth Denfe	122-02
8	Brock Montminy	9	Esko	119-00
9	Ben Bandy	10	Duluth Denfe	118-01
10	Jackson Marcussen	12	North Branch	116-08
11	Austin Wunner	11	Hermantown	113-09
11	Connor Brainard	12	Grand Rapids	113-09
13	Reese Turnbull	12	Cloquet	112-10
14	Aiden Shepherd	10	Hibbing	110-01
15	Jonah Aluni	11	Rock Ridge	107-01
16	Micah Overtoom	12	Pine City	106-07
17	Josh Bankers	11	Mora	105-11
18	Evan Senst	9	Hermantown	99-10
19	Logan Kolecki	9	Pine City	99-06
20	Moses Ochoa	9	North Branch	96-11
21	Curtis Maegi	9	Mora	96-03
22	Vincent Marchetti	10	Hibbing	88-03
23	Isaiah Ekholm	9	Mora	71-00

Women - Team Rankings - 18 Events Scored

1)	North Branch	582
2)	Cloquet	575
3)	Chisago Lakes	529
4)	Hibbing	522.5
5)	Esko	460
6)	Pine City	451.5
7)	Grand Rapids	411
8)	Mora	390.5
9)	Proctor	358
10)	Rock Ridge	323.5
11)	Hermantown	269.5
12)	Duluth Denfeld	197.5

Men - Team Rankings - 18 Events Scored

1)	Esko	568
2)	Cloquet	490.5
3)	North Branch	439.5
4)	Hibbing	426
5)	Rock Ridge	414.5
6)	Grand Rapids	409
7)	Chisago Lakes	382.5
8)	Duluth Denfeld	350
9)	Pine City	297
10)	Hermantown	257.5
11)	Mora	251.5