

GREATER LEWISVILLE AREA SOCCER ASSOCIATION COVID-19 RETURN TO PLAY GUIDELINES

As players and teams begin to resume soccer activities the Greater Lewisville Area Soccer Association (GLASA) is putting forward these guidelines for practices, camps and game play in accordance with CDC's recommendations in partnership with other city and partner organizations. All participants in a GLASA sponsored event will be required to abide by the following guidelines to assure the health and safety of all participants and staff.

PLAYERS & FAMILY

- If you or any member of your immediate family are or suspect might be sick, please stay home and do not expose yourself or child to others and do not attend practices, camps or games.
- Effective May 31st youth sports may again hold practices without spectators other than one parent or guardian per participant.
- Please write your name on and only use your own equipment do not share water, sunscreen, hand sanitizer, socks, gloves or any other protective equipment with any other players or staff. Please wash and sanitize all uniforms and equipment immediately upon returning home following
- Please avoid carpooling to games and practices whenever possible.
- Players should place all water and personal equipment at least six feet from others equipment.
- Spectators are allowed at games but you must remain at least six feet from other families.
- Please arrive at the location just in time for activities to begin and leave immediately after they complete to avoid congregating and vacate the facility to allow the next participants access with as little interaction as possible.
- All families and players must remain at least 10 feet from the touch lines where the Assistant Referees are working to allow a six foot separation from the Referee.

COACHES

- Coaches should NOT pressure any player from participation in any event should the player or their family feel threatened by the COVID-19 virus – any coach violating this rule will be referred to A&D for possible additional action.
- Maintain social distancing during and in between drills as possible.
- Please do not run contact drills.
- Please provide extra time for sanitation breaks as well as water breaks during sessions to accommodate distancing.
- Please do not allow huddles, small group gatherings or physical contact such as handshakes or fist bumping.
- No use of shared group pennies, a recently cleaned penny may be issued to individual players for their use as a part of their personal equipment and should be retained by the player for washing along with their uniforms or practice gear.
- Only coaches should touch equipment such as goals, cones, flags or any other equipment used in the session and all equipment should be sanitized after use.
- Parents and guardians should not be permitted in the practice area, only rostered coaches.
- At the completion of any session all players and families should be encouraged to leave the area in a timely manner to maintain social distancing.

- In the case of an injury, the health and safety of the player will remain the top priority. Care will be taken by the coach when addressing small injuries and parents will be notified immediately if their assistance is needed but should remain in the side unless requested by the coach.
- Players should be dismissed by the coach only when the parent or guardian is visible so the player can leave directly with no distractions.

GLASA AND FACILITIES

- GLASA is asking the removal of all benches and bleachers from the soccer facilities to discourage small gatherings and encourage social distancing. Any bleacher with still on the complex with an "X" taped on it is not to be used with the exception of spectators with disabilities and people accompanying them.
- GLASA will provide convenient sanitizing stations for each complex. During games, camps or practice sessions multiple stations will be available based on the number locations being utilized and the number of participants.
- GLASA will maintain board presence at all activities to assure best practices are being adhered to in regard to social distancing and sanitization based on CDC guidelines.
- GLASA will sanitize or all shared playing equipment such as goals, rails and flags as well as cleaning all common areas such as tables with CDC approved cleaners.
- Any concession areas available during a session will be deep cleaned prior to open with CDC approved cleansers and all concession employee will wear gloves and masks while operating.

GAME DAY PROCEDURES

- Please arrive at the field no earlier than 15 minutes prior to game time and leave immediately after your game is complete. GLASA has scheduled additional time between games to allow for distancing during complex entrance and exiting.
- EVERYONE MUST WEAR A MASK when entering or exiting the complex, traveling to the restrooms or concession stands or traveling between fields. Spectators and non-playing players are encouraged to continue wearing masks even when social distancing on the sidelines.
- Players and Referees and not required to wear a mask while playing or working while on the field of play.
- Please refrain for any huddles, high fives, fist bumps. GLASA also suggests limiting and post-game snacks so that social distancing can be maintained while expediently exiting the complex.
- WHEN PLAYING AT ANOTHER ASSOCIATION, PLEASE CHECK THEIR COVID POLICIES AS DIFFERENT CITIES AND COUNTIES HAVE DIFFERENT PROCEDURES.

POSITIVE COVID TESTS

With guidance from the local counties and health officials the following procedure will be utilized during the fall 2020 season in regard to potentially infected players.

- If a player receives a positive COVID test or show known symptoms during the season, the coach should notify GLASA regarding the situation as well as notifying their team. GLASA will notify any recent opponent that a positive test was received so the parents can watch for any signs of illness. The positive testing player should quarantine and not take part in team activities for a minimum of 14 days without symptoms or until a negative test is received.
- If a second player on the same team tests positive the same procedure will be followed as the first positive test.

- If a third player tests positive it will be considered an outbreak and the team will have any games for the next 14 days or longer postponed or cancelled until such a time as the team can safely return to play as determined by GLASA.

By following these guidelines, we believe we can once again play soccer in a safe and fun environment. If these guidelines are not followed GLASA will ask the offending parties to return to their vehicles or leave the complex. Thank you for your cooperation.