

Time trial results, April 25th, 2024

400m Results & Standings

Individual Time Trial Results, 400m

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
Apr 25, 2024	1	Glenn M.	70M	01:25.0	01:02.2	69.4%
Apr 25, 2024	2	Karen J.	61F	01:30.0	01:06.6	71.5%
Apr 25, 2024	3	Ralph V.	61M	01:33.0	01:15.5	57.2%
Apr 25, 2024	4	Melissa T.	44F	01:39.0	01:26.1	55.3%
Apr 25, 2024	5	Fabio S.	53M	01:40.0	01:25.5	50.5%

Female Leaderboard (Age Graded), 400m

Position	Name	AG Time
1	Karen J.	01:06.6
2	Melissa T.	01:26.1

Male Leaderboard (Age Graded), 400m

Position	Name	AG Time
1	Glenn M.	01:02.2
2	Ralph V.	01:15.5
3	Fabio S.	01:25.5

800m Results & Standings

Individual Time Trial Results, 800m

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
Apr 25, 2024	1	Karen J.	61F	03:31.0	02:40.8	70.4%
Apr 25, 2024	2	Glenn M.	70M	03:33.0	02:35.5	65.0%
Apr 25, 2024	3	Fabio S.	53M	03:35.0	03:02.3	55.5%
Apr 25, 2024	4	Melissa T.	44F	03:43.0	03:29.3	54.1%

Female Leaderboard (Age Graded), 800m

Position	Name	AG Time
1	Karen J.	02:40.8
2	Melissa T.	03:29.3

Male Leaderboard (Age Graded), 800m

Position	Name	AG Time
1	Glenn M.	02:35.5
2	Fabio S.	03:02.3

1mile Results & Standings

Individual Time Trial Results, 1 mile

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
Apr 25, 2024	1	Albert S.	32M	07:01.0	06:57.7	53.3%
Apr 25, 2024	2	Glenn M.	70M	07:03.0	05:09.6	71.9%
Apr 25, 2024	3	Karen J.	61F	07:15.0	05:14.9	79.9%
Apr 25, 2024	4	Ralph V.	61M	07:54.0	06:17.9	58.9%
Apr 25, 2024	5	Melissa T.	44F	07:57.0	07:12.1	58.2%
Apr 25, 2024	6	Fabio S.	53M	07:59.0	06:48.9	54.4%

Female Leaderboard (Age Graded), 1 mile

Position	Name	AG Time
1	Karen J.	05:14.9
2	Melissa T.	07:12.1

Male Leaderboard (Age Graded), 1 mile

Position	Name	AG Time
1	Glenn M.	05:09.6
2	Ralph V.	06:17.9
3	Fabio S.	06:48.9
4	Albert S.	06:57.7

3200m Results & Standings

Individual Time Trial Results, 3200m

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
Apr 25, 2024	1	Sam N.	27M	13:01.0	13:01.0	60.1%
Apr 25, 2024	2	Albert S.	32M	15:58.0	15:50.5	49.4%

Male Leaderboard (Age Graded), 3200m

Position	Name	AG Time
1	Sam N.	13:01.0
2	Albert S.	15:50.5