



## St. Francis Basketball Association Open Gym COVID-19 Preparedness Plan

SFBA is committed to providing a safe and healthy environment for all our athletes, parents, and volunteers. To ensure we have a safe and healthy program, SFBA has developed the following Open Gym COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Parents, players, and volunteers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our programs and communities, and that requires full cooperation. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our program.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any SFBA Open Gym, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold SFBA or its officers, directors, employees, or volunteers liable for any illness or injury. While we are employing safety and sanitation procedures as recommended by the CDC and Minnesota Department of Health, where we bear responsibility, we cannot guarantee that any of these measures will completely protect you. You agree to accept all responsibility for the risk that you may contract COVID-19.

### **Admissions/Social Distancing:**

- A volunteer adult supervisor will keep track of attendance for contact tracing purposes and ensure the attendance for each Open Gym is complete and accurate in case it is needed for contract tracing purposes. Contact information for all attendees will be maintained by the SFBA Board of Directors.
- Pod sizes will not exceed 25 people per court. Pod count is composed of players and parents. Players will be assigned a court upon arrival and must stay on that court for the duration of the open gym.
- All attendees must leave the facility immediately following Open Gym. This will be facilitated by an Adult Supervisor.
- All attendees must maintain six feet of distance from anyone outside their household, whenever possible.

### **Masks/Face Coverings:**

Executive Order 20-103, requires the universal use of masks/face coverings whenever youth athletes, parents, and volunteers in a basketball facility.

- All participants (players, parents, and volunteers) will be **required** to wear a mask/face covering **at all times**. No exemptions.
- Individuals without a face covering will not be allowed to enter the facility.

### **Hygiene and Respiratory Etiquette**

Basic infection prevention measures are being implemented. SFBA Basketball Supporters are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially prior to entering a SFAS facility or attending an Open Gym. In addition, SFBA is implementing the following policies and procedures:



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- During scheduled Open Gyms, hosted by SFBA at SFAS facilities, restrooms will remain open with soap for handwashing. Restroom use is limited to three persons at a time. We strongly recommend Supporters also provide their own sanitizer.

SFBA participants are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing, and to avoid touching their face, particularly their mouth, nose and eyes, with their hands. Participants are expected to dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward. In addition, SFBA is implementing the following policies and procedures:

- In support of the statewide mandate, SFBA requires the use of masks for all participants in public indoor settings. All players, volunteers, and parents are required to wear a mask at all times in SFAS facilities and at Open Gym.
- The mask must cover the nose and mouth completely.

### **Cleaning and Disinfecting:**

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of equipment. In addition, SFBA is implementing the following policies and procedures:

- Parents are encouraged to send sanitizer with their player for individual use to sanitize their own equipment.
- During scheduled Open Gym times hosted by SFBA at SFAS facilities, restrooms will remain open with soap for hand washing.

### **Adult Supervisor:**

A SFBA volunteer Adult Supervisor will be assigned to each Open Gym. The role of the Adult Supervisor includes, but is not limited to the following:

- Ensure swift entry and exit to the facility.
- Assign players to courts upon arrival and track court assignment
- Ensure mask mandate is enforced.
- Alert SFBA Board of non-compliance with the SFBA COVID-19 Open Gym Preparedness Plan, including the efficient and safe exit of any participant exhibiting COVID-19 symptoms while at Open Gym.

### **Self-Screening:**

All participants should conduct a pre-activity, self-screening prior to entering the Open Gym facility. If any participant answers “Yes” to any of the following questions, you MUST stay home.

- Do you have a temperature of 100.4 (F) or higher?
- Do you have a new or worsening cough?
- Do you have any of these other symptoms?
  - Shortness of breath or difficulty breathing



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- Fatigue
- Muscle or body aches
- Headache
- New loss or taste of smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Should any participant develop symptoms while inside an Open Gym Facility, the individual will be requested to leave, isolated if requiring pick-up.

### **Contact Tracing:**

SFBA is responsible for reporting positive COVID-19 cases to the MN Department of Health (MDH) as well as event attendees. SFBA will utilize Open Gym Sign-In Sheets to gain access to contact information.

A listing of all players/parents/volunteers will be provided to St. Francis Area Schools upon request.

**Please note: All attendees must adhere to the aforementioned policies or they will be asked to leave the facility.**



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### References and Resources:

Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19) – [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)

Minnesota Department of Health (MDH): Coronavirus – [www.health.state.mn.us/diseases/coronavirus](http://www.health.state.mn.us/diseases/coronavirus)

State of Minnesota: COVID-19 response – <https://mn.gov/covid19>

MDH: Health screening checklist – [www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf)

MDH Prevention: [www.health.state.mn.us/diseases/coronavirus/prevention.html](http://www.health.state.mn.us/diseases/coronavirus/prevention.html)

MDH Social Distancing: [www.health.state.mn.us/diseases/coronavirus/businesses.html](http://www.health.state.mn.us/diseases/coronavirus/businesses.html)

CDC Disinfecting: [www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html](http://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html)

MN Stay Safe During Sports: <https://staysafe.mn.gov/individuals-families/athletic-activity.jsp>

MN Stay Safe Sports Guidance: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>