

2025-26 Lions Select



Team Formation:

Teams are formed after a tryout. Generally for first year select players, we are looking for girls who have played in our rec program, and are ready for the next step in competition. They don't have to be the best players, but they should be the players who want to work hard to get better and be committed to a tournament team.

Tryouts:

We host tryouts at the end of July, early August each year. Coaches, with support from the Board, select players they feel will be the best fit. Girls must be able to throw and catch, and stay in the box to hit a ball. We also need dedicated pitchers and catchers, and generally they will spend time on their own working on these skills.

Fall Ball:

Teams begin practices in August, and play in the NAFA league for Fall Ball. This is a 4 week league, in which they play double headers each Sunday, starting September 1st. The teams can also elect to play in one or two Fall Tournaments, but they will need to ensure they have the numbers to do this, as the tournaments will be Sat/Sun, and many of our girls play soccer and/or volleyball. **The cost for Fall Ball is approximately \$300**

Winter Workouts:

Each team schedules their winter workouts, usually in January and February. Plan for one strength/conditioning workout per week, and one hitting practice. We hope to utilize the High School batting cages, which will cut down on costs spent reserving workout spaces.

Spring/Summer:

Teams usually go from winter workouts to spring practices outside in late February, early March. Teams will practice two times per week, and will potentially add in scrimmages in March/April. The tournaments start in April and can go through July. Our fees cover 8 tournaments. Each coach/team selects their tournament schedule (ran through NAFA) and shares it with the team. Schedules can be determined by February.

Dual Sport Athletes:

We understand many athletes play other sports in the fall/winter season. Athletes/families are expected to coordinate with the coaches if you will miss a practice.

Uniforms:

New WL tournament players are expected to purchase the uniform package separate from the team fee. All players will receive a fall ball jersey that will become their winter and spring practice shirt. For the fall only, please plan to provide your own black pants and green socks. At the end of January, each player will be fitted for a spring uniform. In the spring, all players will be required to have two full uniforms (pants, jerseys, belts & socks), as well as optional items such as a backpack, helmet, sweatshirt, sleeves, and batting jacket. All orders placed in January will be final with no returns or exchanges. Items that do not fit due to player growth, will need to be repurchased by families, and are not part of the team fee. Note: A brand new uniform package with all items is approximately \$315, plus a \$75 backpack.

Spring/Summer Fees:

The tournament team fee is approximately **\$900.00 for Winter through Summer**. This can be paid in one payment or two. If two, the first half of the team fee (\$450.00) is due upon registration. The remainder will be divided into 4 equal payments and automatically withdrawn the 1st of the month. These payments are **NON-REFUNDABLE**. If these payments are problematic for your family, please contact our WLSA treasurer and/or Registrar to work out a payment plan or to discuss scholarship opportunities. Select Spring Registration opens in October.

Fundraising/Sponsorships:

Team parents are welcome to work together to fundraise, if they wish. WLSA must approve all fundraising plans prior to launch. Parents will be responsible for all fundraising responsibilities, including a collective decision as to how fundraising money will be split among the girls. Uses may include additional tournaments, equipment purchases, team party, meals, travel expenses, coaches' lodging for overnight tournaments, special game socks or team apparel. Funds will be handled by our WLSA treasurer and will be reimbursed for approved usage. Any excess funds will be allocated according to our bylaws. All donations are tax deductible and all sponsors will receive receipts.

Communication:

WLSA provides accounts with SportsEngine and Game Changer for all of our teams. We will use these to post practice/game schedules and to communicate with families. Watch for details on how to access that service. We also will be utilizing the texting group.