



Boise High Lacrosse Spring 2023

A black and white photograph of lacrosse players in action on a field. The players are wearing helmets and jerseys. One player in the center is wearing a jersey with "IUSE" on it. Another player on the right is wearing a jersey with "ADVANCE PNW" on it. The background shows a fence and a logo on a wall.

Board of Directors

- Rob Studebaker
- Zach Maulik
- Liz Kreipl
- Chad Williams
- Bo Wilmer
- Mike Baker
- Beth Cochrane
- Nikki Allemand
- John Anderson
- Paul Perotto (Faculty Advisor)

Player Registration

Registration fee:

- High School: \$575.00
- Middle School: \$300.00

Registration link located on Boise High Lacrosse Club website

- <https://www.boisehighlax.com/registration-top> (Use Desktop Computer)

Need a current USA Lacrosse Membership

- <https://www.usalacrosse.com/membership>
- Age 15 -18: \$35.00/yr.
- Age 7-14: \$30.00/yr.

Players are required to place a deposit for their uniform!

- Details will be determined at a later date

Please fill out the Parent/Player information sheet during Jan. 19th meeting

- Parent & Player Name
- Player Age
- Parent Phone #
- Parent Email Address

Player Expectations

High School Varsity & JV players drug testing prior to season

- **Wienhoff Drug Testing (208-377-4063)**, 5153 N. Glenwood St. Garden City, ID 83714
- Cost: \$30.00

If a player fails a drug test:

- Suspension of player for a week of practice
- Player can resume practice after 1 week suspension
- Player cannot play in games until a negative drug test is achieved and is approved by Coaches and Board of Directors

Following the league code of conduct is part of parent/player registration and is a league requirement

Players are required to follow team honor code

Lacrosse Equipment

1. Helmet must meet:

- National Operating Committee on Standards for Athletic Equipment (NOCSAE)
- Safety Equipment Institute (SEI) certification
- High School & JV players must have official Boise High team helmet with black jawbone
- Official High School & JV Helmets can be purchased at Lax ID

2. Shoulder Pads/Chest Protector must meet:

- National Operating Committee on Standards for Athletic Equipment (NOCSAE) ND 200 compliant
- Safety Equipment Institute (SEI) certification

3. Gloves & Arm Pads

4. Mouthguard & Protective Cup

5. Stick & Cleats

* Goalies are required to wear a helmet with a face mask, a separate throat protector, padded gloves and a chest protector

* If parent/player has concerns about equipment, please reach out to the Board of Directors

High School Varsity & JV Schedule

- Practice Begins: February 13
- Practices: Taft Elementary School
- Practices Times: 4:00 - 6:00 pm
- Practice Days: M-F
- High School & JV schedule can be found on [Boise High Lacrosse Club website](#)
- Varsity & JV games are played during the week
- Regular Season Games: March 3 - May 9
- HS Playoffs: May 13 - 20
- No games over Spring Break (March 18 -26)
- End of Year Celebration to be determined

Middle School Schedule

- Practice Begins: February 13th
- Practices: Fort Boise Park
- Practices Times: 4:00 - 5:30 pm
- Practice Days: Mon., Tue., & Thurs.
- Middle school schedule can be found on Boise High Lacrosse Club website
- Middle school games are played on Saturdays
- Regular Season Games: March 4 - May 13
- MS Playoffs: May 16 - 20
- No games over Spring Break (March 18 - 26)

Parent Volunteers

Need parent volunteers to be certified SWILA statisticians

- 8 Varsity & JV would be ideal
- Training: February 15

Location:

Engineered Structures Incorporated (ESI), 3330 E. Louise Dr. #300, Meridian, ID 83642High

- Varsity & JV parents are encouraged to attend
- Middle School parent attendance would be beneficial

Game day volunteer positions

Sign Up on Sports Engine Dibs

- Game Timer/Penalty Timer
- Score Keeper - certified
- Spotter - certified
- Painting lines (Home Games Only)
- Score table/chairs (Home Games Only)
- Goal & cone placement (Home Games Only)
- After game take down (Home Games Only)



Fundraising

- Boise High Lacrosse is a club organization that is not funded by the Boise High School Athletic Department
- We are funded by player dues and generous donations

Boise Lacrosse SWAG

- Team store coming soon!



Blackjack
CLASSIC
ALL TOURNAMENT TEAM 2023

TOURNAMENT MVP - ASHTON CAVENDAR - GOALIE - CALIFORNIA GOLD 2023

ADAM JETTE	GOALIE	CALIFORNIA GOLD 2023
BLAKE WASHBURN	ATTACK	RC ELITE SILVER
CARSON KRAMMER	MIDFIELD	RC ELITE SILVER
CARTER INAZU	MIDFIELD	BOLTS 2023
CHASE BEYER	ATTACK	UTAH SUMMIT 2023
CODY LAVIN	GOALIE	ADVNC PNW 2023
DEILEN WESTBROEK	DEFENSE	WARHAWKS ELITE
GUS MAULIK	DEFENSE	BHS LACROSSE
HAAKON STEEN	MIDFIELD	SENTINELS 2023
HUNTER MEE	FOGO	HIGH SIERRA AVALANCHE
JACOB BALBI	MIDFIELD	RAINIER ROYALS
JASE CURLEY	GOALIE	DENVER ELITE V2324
JOE ALLAN	ATTACK	VEGAS STARZ ELITE
NOAH BURDICK	LSM	BROPHY BRONCO
RILEY VERHOEVEN	SSDM	SOUTH SOUTHWEST
RJ WYRICK	DEFENSE	ADVNC PNW
LASH BINGHAM BLOOM	MIDFIELD	TEAM

Congratulations to Gus Maulik on being selected to the Blackjack Classic All Tournament Team!

Coaches

Varsity & JV

- Dan Bargholz
- Nick Cavalero
- Chris Ruby
- Matt Miller
- Caleb Wynn
- Michael Doud
- Owen Gerhards

Middle School

- Jaden Schmitzger
- Michael Gardner

Websites

- **Boise High Lacrosse Club**
<https://www.boisehighlax.com/home>
- **Boise High Lacrosse Club Player Registration**
<https://www.boisehighlax.com/registration-top>
- **Boise High Lacrosse SWAG**
Team store website coming soon!
- **USA Lacrosse**
<https://www.usalacrosse.com/>
- **Southwest Idaho Lacrosse Association (SWILA)**
<https://southwest-idaho-lacrosse-association.leaguemanagement.usalacrosse.com/>
- **Idaho Middle School Lacrosse Association (IMSLA)**
<https://idaho-middle-school-lacrosse-association.leaguemanagement.usalacrosse.com/>