



GIRLS ONLY

OVERSPEED

SUMMER HOCKEY TRAINING

DO YOU WANT TO BE THAT "GO-TO" PLAYER?

DO YOU WANT TO INCREASE YOUR ICE TIME AND PUCK TOUCHES?

DO YOU WANT A BETTER CHANCE OF REACHING YOUR GOALS?

ARE YOU DETERMINED TO IMPROVE AND GET THE MOST OUT OF YOUR ABILITIES?

If you want to take your skills to the next level, we are offering a challenging, comprehensive, and progressive curriculum in a super, upbeat, fun environment:

- High Quality Instruction
- Elite Female Coaches
- 7 Elements of Skating
- 5 Major Skills
- Multi-level Goal Setting
- Advanced Training Techniques
- Video Analysis
- High Tempo Game Play

Time: 1:00 - 2:30pm

Birth Years: 2011 - 2006

Fee: \$160 per girl



**SATURDAYS,
JUNE 13 - AUG. 8***
AT THE TRIPHAWN CENTER

*NO CLASS ON JULY 4

**YOU CAN...WORK HARDER!
YOU CAN...GO FASTER!
YOU CAN...DO BETTER!**

**FOR MORE INFO:
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