*You may receive this more than once, my apologies. If you have friends or teammates attending be sure to communicate this update with them.

7/5/21 MAFH Update:

Thanks again for your patience as we move closer to our 44th season of MAFH. We are aware that many states are lifting restrictions. MAFH will continue to follow residential camp low risk guidelines during our camp season. MAFH prides itself in having quality medical staff at camp, and we also have great cooperation with Beebe hospital in Lewes, which is only minutes away from camp. Please communicate any medical information that would be helpful in making the camp week a safe and healthful situation for your child. If any matter arises before camp begins that our staff should be aware of, please notify us promptly. Please don't allow your child to attend camp if sick or injured, so as to not jeopardize their future or the health of other campers, staff, and our families.

Please read the entire message and links:

The MAFH Covid-19 Rules are updated to show the following:

- Health Papers and Procedures
- <u>Prescreening Questionnaire Form</u> please print and complete.
- Proof of Negative PCR Covid 19 test for participants not fully vaccinated
- Participants who provide proof of being fully vaccinated a Covid 19 test is not required
- Mask use
- Drop Off and Pick up Procedures
- Spectators welcomed on Thursday Only
- Campers with Symptoms

For those that have not completed legal consent and health history:

MAFH medical staff wants to be as prepared as possible to know our participants as best we can prior to your camp session check in date. We are asking for the following information so we are better prepared to manage each medical concern that may arise at our resident camp. *MEDICAL INFORMATION will be kept private and confidential. Please include the following with pages 3 / 4 from the camper Additional Information Packet. Pages 3 / 4 were due by June 15th or ASAP, contact us with any delays in securing information. We understand not all documents may be available by this date.

1. If you <u>choose</u> and/or can be partially or fully vaccinated by camp, please email a copy of your Covid-19 vaccination card. *This allows us to know our % of participants vaccinated and be able to make restriction changes. This also allows us to follow guidelines necessary to isolate and/or quarantine participants if we have Covid-19 symptoms and/or a positive case.

A few parents have stated in their health forms that their child is fully vaccinated, and we will need a copy of the official card to keep with medical forms.

Please use this email: midatlanticfieldhockey@gmail.com

Please include your child's camp session, first and last name in your email and a .pdf or .jpeg scan of vaccination card.

- 2. *If your child was diagnosed with COVID-19 in the last 6 months, please have your child visit their pediatrician for a post-illness visit prior to camp and <u>please send a note from your child's doctor indicating that they are cleared to participate in the physical activity of a sports camp.</u>
- 3. *If your child has a medical diagnosis that is considered high-risk or that could put them at increased risk of complications with COVID-19, please have your child evaluated by their provider and <u>please send a note from your child's doctor indicating that they are cleared to participate in sports camp.</u>

Reminder:

We hope you can participate in our Theme Dress Days while at camp:

<u>Monday</u> – "USA" Day, wear your best RWB to show our support of our Olympians competing in the Summer Games in Tokyo

<u>Tuesday</u> – "Crazy Sock" Day

<u>Wednesday</u> – "Neon Nation" Day – put your brightest colors on and be ready for camp warm-ups!

<u>Communication</u> to parents/guardians during our camp sessions for announcements and updates, will be through the email used when registering your child. Phone calls will be made when necessary, to communicate concerns or medical situations with your registered child. I leave my home office for MAFH set up week July 11th. My office hours from July 11 thru July 30th will be limited to early morning and evenings. We have limited cell reception on campus. We do have landlines on campus to make calls when needed and for emergencies. We ask that campers please see a MAFH staff member with all concerns, injuries, and situations so that we can care for their needs guickly and appropriately. Often due to reception, communication from camper to parent is not always complete. Campers that need to make a call, will have access to use the camp landline, any staff member can assist them. *texting is usually the best method of communication with your child. It is recommended that campers that bring a cell or other device keep it in airplane mode or powered off until using it. Please do not hesitate to contact me at 484-332-3670, but if a response does not need immediate attention, email is best form of communication. Thank you for your cooperation and for your help in creating an opportunity for our campers to disconnect from their devices in a fun and safe environment learning the love of the game and experiencing the tradition of MAFH camp. Thanks for your cooperation. We look forward to seeing you at camp!

Frannie Slabonik, Mid-Atlantic Field Hockey Camp Director

PS ... if <u>you need to hea</u>r from your child, it is ok to shoot me an email, I will gladly give them a message to check in or use our landline to make a call home.