



EDINA 12U HOCKEY



A BIG welcome to all the Edina 12U Families,

Let's play hockey!!! I would like to introduce myself, my name is Stephane Veilleux. I'm truly grateful and humbled to be named head coach for the 12UA team. I am excited about the girl's program. Many of you know Kara DeVore, she will return as one of the 12UA coaches for the upcoming season. We are looking forward to sharing ideas and valuing each other's opinions as she is familiar with the program for many years. We plan to have 5 teams at the 12U level this season: an **A team**, two **B1 teams** and two **B2 teams**. The coaches for the B1 and B2 teams will be announced as the tryout process unfolds.

Grading & Tryouts:

The 12UA coaching staff and other independent evaluators* will lead the tryout and player evaluation process. Our top priority is to ensure all athletes are given fair and equal opportunities to compete and showcase their skills and mindset. We're encouraging families to communicate to your daughter the importance of the overall routine two weeks prior to tryouts as it relates to nutrition, fluids, sleeping, as we anticipate a very competitive tryout with battle drills, overspeed passing and shooting and conditioning/hockey IQ evaluations. The skillset we are looking for includes consistently demonstrating passing accuracy, overspeed footwork details, shooting accuracy, battle intensity level, stamina, and decision making in all three zones. The mindset of a 12UA player in the 2025-2026 season will be humble, passionate, tenacious, confident and can be exhibited by hustling to the circle, sprinting back to the line, being an encouraging teammate on ice, being inclusive off the ice, staying focused from entering the rink until the final buzzer.

*I have hired a power skating expert to help facilitate skating evaluations.

Athletes will be graded at the grading sessions and will be split into 2 groups for the tryout sessions. Players will be notified of their group placement (Group 1 or Group 2) via the EHA website. Following each session, it's possible players will be moved from Group 1 to 2 and vice-versa (players will be notified which group they're in via the EHA website, typically within 24 hours following the session). The purpose of this is to see how players perform among varied skill levels and game scenarios. Teams will be selected immediately after the final session on **Sunday, September 28th** and posted on the EHA website.

Scheduling Note: Players from the Group 1 and potentially some group 2 will be asked to attend a tryout scrimmage on Friday, September 26th from 6:00PM-7:30PM at Braemar South. The Group for the scrimmage will be posted on the EHA website after session 2 of

Parents:

PLEASE OPENLY CONTACT THE HEAD COACH DURING THE TRYOUT PROCESS IN THE EVENT OF COMMUNICATING A SPECIAL NEED or EXTENUATING CIRCUMSTANCE FOR YOUR PLAYER. AS A HEALTHY BOUNDARY WE WILL NOT DISCUSS ANY PLAYERS RATINGS OR PERFORMANCE DURING THE TRYOUT WEEKS.

Please:

- Have your daughter at the rink and ready to go on the ice 10 minutes prior to tryout time.
- Notify your [12U Liaisons](#) (names/contact info listed on the EHA website) of any injuries or illnesses ASAP
- Encourage and challenge your daughter to set realistic expectations of their placement.
- Eliminate, as much as possible, distractions, excuses and gossip during tryouts. Control what you can control, YOUR COMPETE, no one else's.
the tryouts.

Players:

- **Each player is to bring their green and white Edina jerseys (or other generic green and white jerseys if you don't have an Edina jersey) with their name on the back to all tryout sessions.**
If a player does not have a green and a white jersey, he should borrow them and use tape and markers to put his name on the back. If a player cannot borrow the jerseys, they should contact a Board Liaison in advance.
- **No AAA jerseys or socks can be worn during tryouts. Please remove all AAA-affiliated stickers from your helmets.**
- Please be prepared to play **multiple positions** as the evaluators may want to assess different aspects of your ability.
- **We understand tryouts can be emotionally challenging for players and importantly, parents. Let's remember and be grateful that regardless of level, your daughter will play on a team for EHA.**
- **We will be sensitive and respectful in our approach to who will be placed on what team, we ask that you reciprocate those values and support your daughter when team placements have been finalized.**

If you have any questions regarding the tryout process, please contact the [12U liaisons](#). We appreciate your time, energy and dedication to the EHA, and we're looking forward to a great 2025-2026 season.

Thank you and Go Hornets!

Stephane Veilleux and Kara DeVore