



WEST VANCOUVER FIELD HOCKEY CLUB

Home of North Shore Field Hockey



2025 FALL NEWSLETTER

What a year we've had! From exciting adult league games and all our junior skills and games through fall, winter, spring and summer.

And some new staff members - Derek, Kristi and Koen!
Read on to find out what's been going on around our Club.



UPCOMING PROGRAMS

WINTER - Registrations Open Nov 17

For Grades K-12

Conditioning & skill development

Outdoor programs

PPP U10-U18

Winter Hockey 5's skills

Winter Adult Recreation

Refresh your skills/knowledge. Perfect for beginners or those just getting back in the game. Outdoor program

Winter Indoor - TBC

Adults and juniors

Fast paced and technical games

Spring League - Registration Open Now

Grade K-12 Team play. Fun for all

Spring PPP U10-U18

Focus on skill development & technical & tacticle improvement

Women's League (ongoing)

For women Grade 9+

Runs from September-March

Men's League (ongoing):

For men Grade 9+

Runs from September-March

PROGRAM DETAILS ON OUR WEBSITE: WVFHC.COM

AGM and Winter Social is Tuesday, December 16 at 6:30 pm

Hugo Ray Clubhouse - all members welcome!

Join us for the meeting & refreshments afterwards to celebrate the festive season

Follow us on social media to keep up with our players, teams, news and events! We are @wvfhc on Facebook, Twitter & Instagram



Thanks to our Junior Sponsors Kiwanis Club & Neptune Terminals

Thank you for generously sponsoring the t-shirts for our Fall 5's programs (Kiwanis Club of West Vancouver) and U6-U10 Spring League (Neptune Terminals)



OUR CLUB COMMUNITY

Here are just a few things our Club has been up to in the past year

- Awards Night
- Ladies Night
- Orca Tournament Fall
- Club Day
- Scholarships & Grad party
- Ultimate BBQ
- Coaches/Umpires Clash
- Men's Social
- Food/Toy Drive



Board members Nicky, Amy, Matt N, Chris, Margi, Sue & George at Club Day



Want to get more involved at WVFHC?

We would love to use your talents and input!
Come and meet some fabulous people.

We are looking for committee members for our Committees and our Board of Directors. Information on roles are on our website or send questions to info@wvfhc.com.



Club members at Awards night, Club Day, Socials

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OUR PROGRAMS - ADULTS

Womens & Mens Leagues - women's and men's teams of all abilities playing in league games



2024-25 women's league had 9 teams. 3 of the teams won their league and 3 won playoffs. Well done!



Ten ladies teams this fall - all having fun. Planning for Ladies Night in Feb '26

All levels, teammates and friends on and off the field. Mothers and daughters, fathers and sons, and siblings too!



Men's league has 4 teams this year, and the big battle of the Rec teams - C vs D

WV B winners of league.



And for anyone not into competitive hockey, we have Adult Rec, Hockey Fit and Ladies Legacy League. Details at wvfhc.com

OUR PROGRAMS - JUNIORS

Spring League, Performance Pathway (PP), Fall Hockey 5's, Winter Programs, Spring Break and Summer camps

From U6 to U18 - **Spring League** is our biggest season. Games were played & friends were made. A huge thank you to all the volunteers who make it fun for everyone - 70 teams, 160 volunteer coaches and managers, 90+ junior umpires and junior coaches, 18 AGCs and of course, our amazing Spring League Coordinator, Melissa

Fun with our Juniors - Spring League, Fall 5's, HP, Boys Wolves, Winter Tech Dev, Spring Break and Summer Camps, & Sportways



OUR PROGRAMS - COACHES



Some of our outstanding Club coaches -Matt, Koen (left), Thomas, Ethan, Isabelle, Koen at Fall 5's with junior coaches (upper middle), Sportways coaches Matt, Clovis, Isabelle, Thomas, Nadine, Abby, Stella & Arden; (upper right); Middle - Erin, Karli, Hannah, Nora, Right - Phil & Lachlan; Blair, Nicky & Kent at Club Day; Bottom L-R Taylor, Aaron, Justin, Ethan, Thomas

Not pictured, but always appreciated, are our amazing parent coaches!



Fantastic Junior Coaches!

For more information about our coaches please visit the coaches page on our website at www.wvfhc.com

OUR PROGRAMS - UMPIRES

Umpires are key to playing games, as without them, there can be no games. As a Club, we are struggling to find umpires, especially for adult games. Do you love the game and would like to be more involved? Umpiring will give you a new perspective on the game.

If you are already an umpire, would you consider upgrading your certification, from community to provincial for example or by becoming an umpire assessor?

Junior Umpires, trained at Club clinics before Spring League:

- Mini rules (U9 & U10)
- Club Rules (U11 & U12)
- game experience to move to full field games at U13 & U14 before becoming a community umpire

Adult Umpires, training through FHBC

- Community
- Provincial
- National
- International



We are grateful for all our members who step up to umpire. **As spectators and players, you are reminded to treat umpires with respect.** Remember, they are human and may not see what you do.

Information about FHBC umpire pathway is at
[www.https://fieldhockeybc.com/officials/umpire-certification/](https://fieldhockeybc.com/officials/umpire-certification/)

AND MORE FIELD HOCKEY.....

- Club Championships
- Tournaments
- Nationals U18 & U16
- BC High School FH
- Canadian Junior & Senior National Teams
- Masters Teams
- Cal Cup



Nationals, Club Championships, Cal Cup, Men's National Team



Gold



Club Championships: U16 and U17 Europe tours; Masters in New Zealand and High School FH



IN THE COMMUNITY

- Elementary School Visits
- Toy & Food Drive
- Wreath for Nov 11th
- Championing new turf
- Championing Sport for Life
- Playing other Clubs
- Providing equipment for other clubs or schools



Our annual Toy and Food Drive - virtually for the food bank all of Nov & Dec; toy collection Nov 15,16 and 22,23 at the field. The food bank link is on our website.

**Thanks for reading! For more details see our website
www.wvfhc.com or email us at info@wvfhc.com.**