



Return To Play Guidelines: For all Athletes, Families, and Staff

1. Health screening before entering the building.
2. Temperature checks before entering the building.
3. Be symptom free for at least 14 days before resuming activities.
4. Sanitize and/or wash hands prior, during, and after activities.
5. Maintain social distancing.
6. Disinfect the venue and all equipment including volleyballs and carts with CDC approved EPA.
7. Verify that our staff and all participants are symptom free before participating in any activities.
8. Provide hand washing and/or sanitizing stations throughout the building.
9. Turn off water fountain. Due to CDC precautions. (Water bottles are allowed)
10. Modify drills/activities to limit/reduce any violations of social distancing and prevent the spread of COVID-19.
11. Limit the number of participants to each training service provided.
12. Limit the over all number of people allowed in the facility at each time.
13. Designate facility management cleaning and sanitation after each session/activity.
14. Remove anyone from activities if they exhibit any COVID-19 symptoms. They will not be allowed to return without the written consent from a Doctor that they have been cleared.
15. Stagger training stations to implement social distancing.
16. Hand shakes, hugs, high fives, and any other physical contact will not be allowed.

Return To Play Guidelines: Gym Rules & Items Needed

1. Staff, participants, and athletes, must wear a mask upon entering the facility.
2. Athletes may remove mask during physical activity only.
3. Maintain Social distancing by abiding by any marked off areas of the gym.
4. Hand shakes, hugs, high fives, and any other physical contact will not be allowed.
5. Staff, participants, and athletes will be health screened before entering the facility.
6. Remove anyone from activities if they exhibit any COVID-19 symptoms. They will not be allowed to return without the written consent from a Doctor that they have been cleared.
7. Athletes must bring their own folding chairs, water bottles, and towel. Please keep all items in a backpack.
8. You may bring your own sanitizer and/or sanitizing wipes if you prefer. This is not required as we will have all sanitizing products on site.
9. Athletes will only be allowed to carry in the facility items needed (cell phones, knee pads, shoes, inhalers) all contained in a backpack.
10. No food will be allowed due to COVID-19, until further notice. We will update moving forward.
11. Only water and/or Gatorade will be allowed into the facility.
12. Eliminate all unnecessary equipment (chairs, tables, stands, containers etc.)
13. All participants will be reminded daily of all COVID-19 protocols.
14. To maintain social distancing, your athlete will not be released from the facility until you (the parent/guardian) have arrived.
15. All parents will not be allowed into the facility help reduce the numbers of people in the gym. There will be a sign-in sheet & table located at the front entrance of the facility.