

New Prague JO Volleyball

Parent/Player Meeting
2025-2026



Mission Statement



NPJO Volleyball Program's mission is to provide all athletes with the skills and knowledge of volleyball needed to improve and grow as an individual and as a team at a competitive level.

Board Members



President- Michelle Fischer

Vice President- Piper Ries

Secretary- Tiffany Timmermans

Treasurer- Megan Tupy

Coach Development- Kevin Craig

Tournament Director- Kevin Craig

Communication- Sara Sprosty

***4 new members joining us at the end of the month:

Josh Berg, Kristin Berg, Kristin Dorick, and Sarah Kallal

Communication



- ❑ SportsEngine
 - Download app
 - main form of communication
 - RSVP for practices and tourneys**
 - Email (email you used to register)
 - ***Inform coaches of vacations asap
- ❑ Website - www.npjovolleyball.com
- ❑ FaceBook Page
- ❑ Instagram

Tryouts



4th-6th grade

- ☐ *Sunday, Nov 9th at NPHS
 - ☐ 10:00AM-12:00PM, check-in at 9:30AM
 - *Sunday, Nov 16th at NPHS
 - ☐ 10:00AM-12:00PM, check-in at 9:45AM
- *need volunteers to help with sizing

7th-8th grade

- *Sunday, Nov 9th at NPHS
- 12:30-2:30PM, check-in at 12:00PM
- *Sunday, Nov 16th at NPHS
- 12:00PM-2:00PM, check in at 11:45AM

9th-12th grade

- *Monday, November 10th at NPHS
- 7:30-9:15PM, check-in at 7:15PM
- *Sunday, Nov 16th at NPHS
- 2:00PM-4:00PM, check in at 1:45PM

Most likely we will have 1 team at each HS level so there may be cuts due to numbers and skill level

***Team Placements: Posted by 11/16

Winter Season



Player and Team Commitment

- ❑ Attend all practices, games, and tournaments! Please keep your daughter's schedule open.
- ❑ Teams **WILL** travel to play in tournaments (Burnsville, Bloomington, Maple Grove, Mankato, etc).
- ❑ Multi sport athletes are encouraged and supported. Please see handbook for attendance policy.

Winter Season



Practices (2 of the 3 days)

ALL Teams: Sundays at the HS (9:00-3:45PM)

-and/or Mondays at the HS (6:00-10:00PM)

-and/or Thursdays at the HS (6:00-10:00PM)

****Please have your daughter in the gym 15 minutes prior to practice time.
Use the north doors.*

Winter Season



<i>4th-6th grade</i>	<i>7th-8th grade</i>	<i>9th-10th grade</i>
<u><i>NL Power League</i></u>	<u><i>NL Power League</i></u>	<u><i>Molten Series</i></u>
<i>Jan 10</i>	<i>Jan 11</i>	<i>Jan 3-4</i>
<i>Feb 1</i>	<i>Jan 31</i>	<i>Jan 17-18</i>
<i>Feb 21</i>	<i>Feb 22</i>	<i>Feb 7-8</i>
<i>March 1</i>	<i>Feb 28</i>	<i>March 7-8</i>
<i>March 21</i>	<i>March 14</i>	

Winter Season



Additional Tournaments:

- ❑ *4th-8th grade will pick up 2 additional tournaments (these will be FULL days)*
- ❑ *9th-10th grade will pick up 2 additional tournaments (these will be FULL days)*

Uniform/Gear



NPJO will provide the following:

- Jersey(s), a warm up t-shirt, 2 practice t-shirts and a sweatshirt

Parents provide the following:

- Spandex (black)
- Black/white socks
- Volleyball shoes (separate pair for the courts)
- Volleyball specific knee pads
- Volleyball backpack
- Water bottle

Chain of Command



After you have waited our 24 hour “cool down” period, we ask that you please follow these steps in the Chain of Command:

- 1) Coach and Player
- 2) Coach, Player, and Parent
- 3) Coach, Player, Parent, and Board Representative

Parent Role



- ❑ Support and encourage your daughter
- ❑ Be her biggest cheerleader!
- ❑ Emphasize fun and effort
- ❑ Work on skills outside of practices
- ❑ Promote positive attitudes
- ❑ Control the controllable
- ❑ Be respectful of all players, parents, referees, opponents, and coaches
- ❑ Let the coaches coach
- ❑ Please refrain from talking to your daughter during the matches



Questions

