

## RETURN TO ARENAS AT THE TLC – COVID-19 Pandemic

Ensuring the health and safety of staff and visitors remains paramount as we reopen TLC arenas. Should the Chief Medical Officer of Health alter health standards and restrictions that affect sports and activities, a subsequent plan may be required and this document is therefore subject to change without notice.

TLC staff reserve the right to ask patrons who are non-compliant with the posted facility guidelines or current provincial public health orders to leave the facility

In addition to following the Government of Alberta's guidance, those participating in organized activities sanctioned by, or affiliated with, a provincial or national organization should ensure they are also complying with their governing body's guidelines, assuming they meet or exceed provincial guidelines.

### TLC FACILITY OPERATIONS PLAN

#### TLC Staff Protocols

The TLC has implemented important measures to protect employees and customers. Some of these measures include:

- Staff education on COVID-19 virus, symptoms, transmission, risks.
- Staff training on Policy/Procedure modifications to ensure physical distancing.
- Daily employee screening prior to starting work, monitoring and reporting protocols in place.
- Staff training on task controls to eliminate or reduce the risk of transmission of COVID-19.
- Aided physical separation through Plexiglas barriers, signage, floor markings and traffic flow controls to limit people in facility spaces.
- More frequent and targeted custodial cleaning and disinfection of common high-touch surface and bathrooms using Health Canada approved products.
- Staff training on proper hand hygiene, respiratory etiquette and use of Personal Protective Equipment.
- Masks to be worn at all times when in publicly accessible spaces

## FACILITY INFORMATION FOR USER GROUPS

### General Requirements During Your Visit to the TLC

While visiting the TLC, the following behaviour is mandatory in public spaces:

- **Starting August 31, we ask that all patrons wear masks/face covering while in public spaces at the TLC.**
- Maintain 2m physical distancing at all times (see signage/stickers on location).
- Practice correct respiratory etiquette at all times.
- Practice correct handwashing/sanitizing at all times.
- Follow directional arrows and physical distancing reminder stickers throughout the facility.
- Comply with specific staff requests related to COVID-19 facility protocols (for example don't move unfixed seating, respect closed area or equipment signs etc.)

### Permitted Arena Activities

Prior to the start of the season, all User Groups *must* have communicated their rental plan and schedule to the TLC Facility Bookings Coordinator including the steps they will take to prevent the spread of COVID-19, participant numbers and planned activity, this includes:

- The name and contact information of the responsible person over 18 who will oversee the user group's activity at the TLC to ensure public health guidelines are adhered to.
- Plans to maintain 2 metres distance between all participants, coaches, and spectators at all times, or if not possible, plans to Cohort groups of participants.

Any groups not following facility or provincial guidelines during their rental will be asked to leave the TLC and will not be compensated for resulting lost ice time.

### Mandated User Group Behaviour During Activity

- Proactively and regularly monitor for symptoms. Symptomatic individuals are prohibited from participating.
- Masks are not required when participating in an activity, however are required when moving through the facility to and from the arena and while in public spaces (including changes rooms, skate removal)
- Physical distancing of 2 metres distancing should be maintained between all when off the field of play (e.g., on benches, during intermission).
- Group celebrations, handshakes, high fives, fist bumps, chest bumps etc. that bring participants with 2 meters or promote contact are PROHIBITED.
- Participants should perform frequent hand hygiene before, during and after the activity.
- Participants should refrain from touching their eyes, nose, mouth and face while participating or while wearing sporting gloves.
- Participants should exhibit good respiratory etiquette: sneezing or coughing into the crook of the elbow; sneezing or coughing into a tissue and immediately disposing of it and hand washing or using sanitizer; no spitting and no clearing of nasal passages.
- Spitting is prohibited.
- Off ice warm-ups or cool downs will not be permitted

### Accessing/Leaving the TLC

The TLC has staggered booking times to separate the arrival/exit of renters and participants and aid uncongested drop-off and pick-up.

- Renters and participants may access the facility no more than 15 minutes prior to the start of their rental.
- Come dressed to participate
- Upon arrival, participants must go directly to their designated area to put on skates
- Renters and participants will be expected to exit the facility within 15 minutes of completion of their rental to allow time for staff to prepare the facility for the next groups.

Transportation to and from activities should be arranged so that only cohort members, or members from the same household, share rides.

### Hydration

Building water fountains will be inoperable. Water bottle filling stations will be operable. Participants must bring their own water bottles. Each bottle should be clearly labeled with the name of the player. Personal water bottles are not to be shared.

### Equipment

The TLC will not be providing equipment for Arena rentals at this time, and encourages participants to bring their own equipment to the facility. The TLC is not able to provide overnight storage for renter's equipment, so daily arrangements to transport items to and from the facility should be made.

Wherever possible, equipment should not be shared between participants engaged in the same activity, unless they are from the same household/cohort. Participants should not share any personal items (e.g., water bottles, towels).

### Dressing Rooms and Donning/Removing Skates

- Participants must come dressed and carry minimal equipment (ie. Skates/Stick), or wear Skates with Skate Guards on to the facility.
- Equipment bags are not permitted (with the exception of Goalies).
- Dressing Rooms are used to put on skates and access the Ice.
- Each Dressing room has a set capacity that must be adhered to
- Participants may bring a small backpack to store their shoes, mask and small personal items. They are to place their items in the player's bench in the assigned area
- There is no returning through the dressing rooms.
- Players must the exit ice through the referee gate into the designated skate removal area.

Traffic flow signage will be posted for each ice surface as follows:

- ENTRANCE Assigned Dressing Room (TV Screen);
- EXIT Referee Gate/Door

Additional chairs will be added in the lower floor Arena area for participants to change into/out of skates.

- Participants should use the spray/cleaning wipes provided to disinfect their change area before and after use.
- Designated skate tying area for parents to assist outside Leisure Ice.
- Parents are to keep out of participant spaces (AHS)

To maintain 2 metres physical distancing, players must adhere to the assigned spots allocated in the dressing room.

- Showers are NOT accessible at this time.

### **Benches**

- Benches will be marked with assigned seating for a **maximum of 5 participants per bench**, to maintain 2 metres physical distancing maintained at all times.
- A table will be provided at each Bench for participants to place any personal items (shoes, skate guards, keys etc.)

### **Spectators**

- **Masks are mandatory upon entrance to the TLC and required in all off ice areas**
- One parent/guardian is allowed per participant. It is preferred that no additional spectators, including children, are brought into the facility. If children must come out of necessity, they must be seated with their parent/guardian.
- Upon arrival, participants must go directly to their designated area to put on skates; spectators must go directly to the upstairs seating area (unless required to tie skates).
- No lower level spectator access for North arena by Operator desk or inside Leisure Ice.
- Limited lower South Arena window access due to hallway access to arenas/fields, must keep hallway clear of congestion
- Bleachers are now open, Physical distancing of 2 metres must be maintained by spectators at all times, unless from the same household (Alberta Health Services-AHS).
- Please adhere to the clearly marked area access and signage.
- Parents are to keep out of participant spaces (AHS)
- Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets (AHS).
- Access to viewing area should be for the duration of booking only
  
- Parent socializing is encouraged outside the building.
- When possible, please encourage parents to drop-off and pick up to reduce the amount of patrons inside the building.
- Most important, please be respectful of staff and adhere to the rules set in place at the TLC

### **TLC Operator Protocols during Your Rental**

Custodial staff will clean arena dressing rooms, including washrooms after every separate rental using Health Canada approved cleaning and disinfecting protocols.

Arena Operators will be responsible for ice maintenance and in addition cleaning of any shared and high-touch surfaces such as benches, chairs, dressing rooms, arena bathrooms, door handles and score clocks using Health Canada approved cleaning and disinfecting protocols.

More time has been added in between user group rentals to accommodate the safe transition of different groups and cleaning/disinfecting time.

## **USER GROUP RESPONSIBILITIES**

### **Participant Tracking**

All user groups are required to keep a record of all participants as required by AHS for contact tracing purposes. This includes the name, phone number and for minor players, the name of a responsible adult.

### **Maintain Mandated Behaviour while in the Facility**

At all times, respect and oversee adherence to the communicated and posted public health and facility guidelines to mitigate the spread of COVID-19.

### **Identification of Symptomatic Individual**

Immediately upon identifying that a participant, coach, instructor, volunteer, aide or spectator in the TLC has symptoms of COVID-19, or is in violation of any current Public Health Order, user groups are responsible for removing that individual from the facility and reporting the incident to a TLC staff member.

### **Activity Schedule (post tryouts)**

Each user group's schedule should be created with referral to their respective Provincial Sport Organization's return to activity plan. Following tryouts, each user group should provide the TLC their assigned schedule that addresses which slots are:

### **OPTION A: Physical Distancing**

If physical distancing of 2 metres between participants *is possible*, all aspects of organized indoor sports, physical activity and recreation may proceed (programs, training, practice and competition).

### **OPTION B: Cohorting Participants/Mini Leagues (Updated August 28, 2020-AHS)**

- When playing a sport or engaging in a physical activity that involves or requires multiple participants/players and where it is not possible to maintain a physical distance of 2 metres from other participants/players, the individuals in the group should form a cohort.
- The cohort should always include only the same people.
  - Cohorts limit the risk of disease transmission because they reduce the number of people with whom players/participants have close contact.
- More information on cohorts is available: <https://www.alberta.ca/assets/documents/covid-19-relaunch-guidance-cohorts.pdf>
- The maximum number of individuals that can form a cohort is 50.
  - The 50-person maximum includes any coaches/staff, instructors, participants, officials, and volunteers who consistently and routinely engage with participants at a distance of less than 2 metres.
  - Coaches, staff and officials who primarily interact with individuals or teams at a distance of 2 metres or greater do not need to be counted as part of the cohort. These individuals are required to wear a mask and perform proper hand hygiene if it becomes necessary to temporarily interact with cohorting participants at a distance of less than 2 metres.
- Transportation to and from activities should be arranged so that only cohort members, or members from the same household, share rides.

### **Mini-Leagues can serve as good examples of cohorts**

- **50-person mini-leagues** can be formed for sports, physical activity and recreation that involve physical interaction of participants at a distance of less than 2 metres.
- A mini-league can be comprised of multiple teams, but to a maximum of 50 individuals.
  - Game play should be limited to teams in the same mini-league.
  - Teams that belong to other mini-leagues should not play each other.
- Individuals should limit the number of cohorts/mini-leagues they belong to.
- If an individual or team member wishes to change cohorts/mini leagues, they should not participate in a new cohort activity for 14 days (this reflects the incubation period of the virus).
- If a mini-league comes to completion during Stage 2, a new mini league comprised of new cohort teams may be formed, provided that there is a 14-day period between completion of play in the old mini-league and the beginning of the new mini-league.
- It is recommended that mini-leagues appoint a responsible person whose role is to ensure cohort rules and other public health guidance are followed.

<https://www.alberta.ca/assets/documents/covid-19-relaunch-sports-physical-activity-and-recreation.pdf>