



[Covid-19] Return to Play Plan & Protocols

18th June 2020

[ver. 1.0]

Bradford Soccer Club

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As set out by Ontario Soccer in the June 16 Bulletin #12020-064, Prior to returning to the field Bradford Soccer Club is required produce a Return to Play Plan (This Document) outlining risk and protocols to avoid the transmission of Covid-19 during soccer activities.

Bradford Soccer Club Completed the Canada Soccer Online Assessment Tool on June 18th 2020 and received Low Risk rating.



Return to Play Assessment / Évaluation de retour au jeu

Risk Assessment Level / Niveau d'évaluation des risques

Low/Faible

Dear Bradford Soccer Club

Thank you for completing Canada Soccer's Return to Soccer Assessment Tool. Based on the information provided as of the date of this correspondence, we are pleased to advise that your risk is assessed as LOW. When the Provincial and/or Municipal Public Health Authorities provide permission for sports activities to resume you may determine, together with Ontario Soccer, when you wish to renew your club's activities in accordance with your plan. You are reminded that should your club decide to return to train when restrictions are lifted, either fully or in part, it is the club's responsibility to ensure that the local conditions for a safe return to the pitch are met and that any impositions set by the local Public Health Authorities are factored into the process moving forward. Further, depending on the timeline between this assessment and when local restrictions are eased, the Club is responsible for continuing to update its mitigation plan as new information is provided by the local authorities.

In addition, Member Association Technical Directors and/or the Canada Soccer Development Department would be happy to discuss with your technical staff alternative training drills that respect social distancing and similar restricted sessions should you wish to take advantage of that opportunity.

Good luck in your return to soccer and stay safe.

Peter Montopoli
General Secretary
Canada Soccer

Content Disclaimer

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, Bradford Soccer Club makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition.

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Notice

Bradford Soccer Club informs members, participants, parents/guardians staff, officials, volunteers, stakeholders and club partners that the protocols, recommendations and guidelines set out within this document are in effect immediately and will apply to all club operations.

Communications

Bradford Soccer Club will actively use its communication channels to deliver this document and subsequent/additional information to its members, coaches, and officials.

This document will be posted on the Clubs Official Website. www.bradfordsoccer.com

Internal Communications between the Board of Directors, Coaching Staff and Officials will be delivered. Communications will be made via e-mail and/or Personal Messaging Channels (such as Whatsapp and Text Message).

Coaching staff should further communicate any necessary information including the relevance of this document to their registered players.

The Club will also continue to communicate with its membership via Social Media platforms, highlighting the importance of this document and providing breakdowns and regular updates as required.

The Club may also contact its registered membership directly via the Sports Engine platform.

If necessary the club will contact local media/news outlets should circumstances require.

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Bradford Soccer Club 'Return to Play' Plan Overview

The Club has developed this plan in accordance with Ontario Soccer with interests, health and safety of all its members, participants, staff, officials and partners.

Bradford Soccer Club will fully support the decision to any members, players, coaches, officials and volunteers that feel uncomfortable with returning to the field at this time.

Positions within Teams/Rosters, Coaching Roles or club Administrative Roles will not be lost should you not yet wish to return.

We ask that you please consider the welfare of any persons that you may live with such as, persons with any underlying health conditions and/or persons over the age of 65 that maybe particularly susceptible to Covid-19 before you consider returning to play.

As set out by Ontario Soccer, we will be returning via 3 Phased approach.

We are currently in Phase 1 of 'Return to Play' (Detailed on Page)

These Phases are **not** to be confused with the Province of Ontario's easing of Lockdown restriction phases.

During Phase One (1), the Club will only be running Competitive & Academy programs.

Timbits Soccer & Recreational Soccer are currently suspended. The Club will review these programs in due course.

The Club will only move on to the next phase when instructed by Ontario Soccer that it is safe to do so.

Phase One (1) Return to Play is by 'Modified Training Sessions. Our Coaching staff have been instructed to plan sessions in accordance with social distancing measures set out by Ontario Soccer, a coach to player ratio between 4:1 and 9:1 with basic equipment ONLY. This is a non-competitive phase. Please see [Page 8] for full details]

The Club will notify its members, participants, staff, officials and partners when we are able to move on to the phase via its official communication channels.

Prior to returning to the field, all members, participants, staff, officials and partners must sign the relevant waivers.

1. Release of liability, waiver of claims and indemnity agreement. See [38]
2. Declaration of compliance – COVID-19. See [46]

If unsure about these documents, the club recommends seeking legal advice before signing these documents.

Without the relevant signed waiver, participation will not be granted and the club reserves the right to deny access to playing facilities.

In addition, the Club requires all participants to sign in acknowledgement the 'Return to Play' Recommendations and Guidelines as set out on Page of this document.

Please note that some of the guidelines are **mandatory**.

We recommend that players, parents/guardians familiarize themselves with the 'What will training look like' section of this document on [\[Page 25\]](#).

The Club is required to carry out 'Contact Tracing' protocols. Any person attending a training/ game session will need to be logged, including name, date of birth, address, and the times of arrival and exit of the facility. Players will also need to declare their health status prior to every training session. The Club must record and hold onto this data for 6 weeks. At this point it will be destroyed unless the club is required to hand over the records to relevant health authorities. [\[Page 29\]](#)

Two Locations have been assessed and selected by the club for its training sessions. Plans of these locations can be seen on [\[Page 22\]](#) of this document.

The Club will be appointing 'Field Marshalls' at the locations used for training sessions to oversee the operations and to ensure adherence to the guidelines as set out in this document. If members, participants, parents/guardians, staff or officials fail to follow the guidelines as set out by the club, Marshals will have the authority to shut down the the operation. [\[Page 24\]](#)

Whilst these restrictions are different from our usual operations, they are designed to mitigate potential transmission of Covid-19 between participants, staff, volunteers and officials.

The club has instructed coaching staff to encourage a relaxed and fun environment for participants upon return as set out by Ontario Soccer.

The club expects coaching staff to not focus on a lack or technical ability or fitness during phase one(1) and two (2) of 'Return to Play'.

Coaching staff are required to submit training plans to the Bradford soccer Club board of Directors for approval and thereafter to Parents/Guardians and Players ahead of scheduled training sessions. **[At this time, training should be focussed on individuals]**

The Club stresses at this point, that we want to return to the 'normality' of soccer as soon as possible, however, the club takes the risk of Covid-19 transmission seriously and urges that the guidelines set out in this document are followed and that protocols respected.

Bradford Soccer Club Kindly requests that all members, players, parents/guardians, volunteers and officials work together ensure a smooth transition during the phased return to soccer.

We look forward to returning to the field in a safe manner.

Return to Play Phases.

Ontario Soccer's Return to Play Plan consists of a three (3) phase approach that includes:

Phase 1: Return to Training (modified training)

Conditions: All Phase 1 Return to Train conditions are met

Restrictions: No contact, no league, exhibition, festival or tournament games.

Phase 2: Return to Training and Modified Games (Enhanced training & modified games)

Conditions: All Phase 2 Return to Train conditions are met Inter-squad and intra-squad modified games permitted (only within the Club/Academy)

Restrictions: No league, exhibition, festival or tournament games

Phase 3: Return to Soccer (regular competition, games and training)

Conditions: Social distancing restrictions have been lifted

Restrictions: None

Ontario Soccer will determine timelines for each Phase in alignment with the Province of Ontario provincial health authorities involving government orders, restrictions and guidelines.

Phase1: Return to Training (modified training)

Conditions: All Phase 1 Return to Train conditions are met

Restrictions: No Contact, no league, exhibition, festival or tournament games.

- Social Distancing Measures are still in place - Introduction of Small Group Activities respecting physical distancing measures of 2M (6 ft.).
- Soccer organization to complete 'Canada Soccer Return to Soccer Assessment Tool'
- Ensure alignment with Ontario Soccer's Return to Play Guide & Provincial Government guidelines prior to resuming soccer.
- Aim to keep players in small groups respecting physical distancing measures of 2M (6 ft.) so that they work with similar players. Constantly mixing players can increase the number of players interacting with an asymptomatic COVID- 19 carrier.
- No games during this phase.
- Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the provincial government health authorities, including the arrival and departure of players (except for family members or persons residing in the same household).
- Await confirmation from Ontario Soccer before moving to next phase.

Phase2 : Return to Training and Modified Games (enhanced training & modified games)

Conditions: All Phase 2 Return to Train conditions are met Inter-squad and Intra-squad modified games permitted (only within the Club/Academy)

Restrictions: No league, exhibition, festival or tournament games.

- Social distancing measures are relaxed further to allow for closer player interactions in training.
- Enhanced training includes now closer group interactions where sharing or competing for the ball activities can now take place, i.e., 1v1, 2v2, 3v3.
- Introduction of Small Game Formats. o 1v1 to 7v7
- Soccer Organization to complete – ‘Canada Soccer Return to Soccer Assessment Tool’.
- Ensure alignment with Ontario Soccer & Provincial Government guidelines prior to resuming soccer.
- Modified game formats of 1v1 to 7v7 or Inter-squad and Intra-squad modified games permitted (only within the Club/Academy - no games between other Clubs/Academies).
- It is highly recommended if modified games are taking place that a field marshal be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization. This is not the role of Match Officials.
- Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the provincial government health authorities, including the arrival and departure of players (except for family members or persons residing in the same household).
- In this phase, avoid large gatherings of parents during activities. Respect social/ physical distancing measures, monitor and follow government public health authority allowances on size of group gatherings.
- To accommodate Return to Soccer (Phase 3), training sessions should start at least two (2) weeks before next phase.
- Await confirmation from Ontario Soccer before moving to next phase.

Phase 3: Return to Soccer (regular competition, games and training)

Conditions: Social distancing restrictions have been lifted

Restrictions: None

Note: Ontario Soccer will determine timelines for each Phase in alignment with the Province of Ontario provincial health authorities involving government orders, restrictions and guidelines. This will be communicated via future Action Bulletins when applicable.

Time Frames

There are no exact time frames in place at this time in which we will be able to move to the next phase.

Bradford Soccer Club will adhere to the Conditions set out in each of the phases above and only move on to subsequent phases when instructed that it is safe to do so. The Club effectively communicate to its members any additional information or changes set out by Ontario Soccer.

This Document may be updated in accordance with such information. Detailed with a revision number and date.

Communication directives are set out at the beginning of this document.

Guidelines for Clubs/Academies

Ontario Soccer has detailed the following Precautions, Recommendations & Guidelines that clubs need to follow when returning to play. Bradford Soccer Club will be adhering to these.

- Ensure information included on this document is widely available to your members. All Club/Academy officials, coaches and anyone coordinating the training sessions must have read and be familiar with these guidelines.
- It is recommended that all participants utilize the “Self-Check” on Ontario COVID-19 Self-Assessment App
- Ensure all players and coaches are appropriately registered in OSCAR, Ontario Soccer’s official participant registry.
- Prioritize use of online registration for programs to reduce gathering at Club/Academy office and/or handling of hard copies.
- Communicate all hygiene measures in advance to all your players, parents, match officials and coaches.
- Provide your employees with any protective items required by the health authorities and ensure that each member of your staff washes their hands regularly.
- Contact health authorities if an athlete, coach or match official has contracted COVID-19 and support them with contact tracing. Commence and activate your Club/Academy COVID-19 Emergency Response Plan
- Verbal and/or documented health checks for symptoms and Contact Logs/Tracing should be completed prior to every training session. See appendices section of the Guide for checklist.
- If an individual is exhibiting symptoms related to COVID-19, they must be sent home immediately. If an individual is experiencing symptoms of fever, cough, shortness of breath, runny nose or sore throat, they are legally obligated to self-isolate. As per the Declaration of Compliance, they are NOT permitted to return to training for 14 days from the day they last experienced symptoms.
- Source written approval (permit) from the landlord of your training facility (e.g. Municipality or Private Owner).
- Comply with any additional requirements imposed by the landlord.
- Ensure the venue meets all conditions in this document particularly the hygiene protocol.
- For modified games, a field marshal should be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization.
- Ask parents and guardians to provide written consent for players authorizing them to participate in soccer training, and ensure they understand hygiene protocol.

- Participation should be limited to the ages and levels that understand and can adhere to the distancing measures and recommendations issued by the provincial government health authorities. See Canada Soccer's Age/Stage

Recommendations for Clubs/Academies

- Stagger activity times between different groups to create a 15-minute buffer between sessions and avoid an overlap of players on the field.
- Limit gatherings based on restriction imposed by Government of Ontario orders.
- Recommend that only one parent/guardian accompany their child/player to the session or modified game and avoid mass gathering of parents. Parents should however remain nearby in the event of injury or emergency.
- Limit the number of team staff (coaches, trainers, etc.) that are on field, noting the requirement to have a specific number of coaches to lead the session while adhering to the Rule of Two.
- Consider the comfort level of all your volunteer coaches under the current situation. Perhaps, in the first instance, limit sessions being led by a select core group of coaches.
- Ensure that first aid materials and an AED are available at all times and are accessible.
- Game sheets must have an area where the coach will confirm that players have acknowledged no COVID-19 symptoms.
- Regularly remind and encourage people to wash their hands and adopt proper hygiene practices.
- Do not use any locker/change rooms and request all participants to change at home prior to and after sessions.
- Close all water fountains and ask that all players bring their own refreshments and do not share water bottles.
- Establish protocol for attendance to be taken at each training session.
- Option to remove age group identifiers and provide flexibility for family scheduling so players can join in with different age group or genders.

Recommendation: This is the time to promote soccer for all and to alleviate logistical burdens on families so siblings can potentially participate on the same time, same day and same group.

Note: It is important for insurance and risk management, all participants are registered in OSCAR, Ontario Soccer's official participant registry.

- Consider shortening the length of matches and reduction in number of players assigned to teams (max roster).
- Provide information to coaches, match officials and parents about each facility, which field entrances will be for entrance and exit of the field to reduce bottlenecks. Implement screening and cleaning protocols as well as pick-up, drop-off and spectator procedures.
- Adhere to facility restrictions or maximum capacities for facilities. Prioritize small game formats where possible.
- Hand washing/sanitizer station(s) onsite. Provide coaches with necessary sanitization equipment.
- Consider cancelling activities where the forecast calls for thunder/lightning.
- Complete an online pre-activity orientation regarding safety – hand washing, cough suppression, no spitting or nose clearing for players, coaches, match officials and parents.

Club Staff (Officials, Volunteers, Directors) are required to sign below in acknowledgment of these Recommendations and Guidelines.

Name (print)

Signature

Date of

Precautions, Recommendations & Guidelines for Individuals

Ontario Soccer Has indicated to Member Clubs that they have the authority to implement stricter protocols.

Additional Protocols that will be implemented Bradford Soccer club will be Highlighted in ****Red**** and particular recommendations from Bradford Soccer Club will be highlighted in **Bold and Underlined**.

“Should any member organization and/or affiliated Club/Academy wishing to add stricter guidelines, measures and precautions they are able to do so for the soccer activity they oversee within their specific organization.”

Precautions have been split into categories:

- Recommendations and Guidelines for Players
- Recommendations and Guidelines for Parents & Guardians
- Recommendations and Guidelines for Coaches
- General Hygiene Protocol
- Recommendations and Guidelines for Equipment
 - Personal Equipment
 - Soccer/Training Equipment

Players, Parents/Guardians, Coaches, Staff & Officials **must** sign the relevant set of recommendations and guidelines to indicate acknowledgement.

Recommendations and Guidelines for Players

• It is recommended that all players utilize the “Self-Check” on Ontario COVID-19 Self-Assessment App

• **If you are showing signs or Covid-19 or Illness you must not attend the training sessions/games.**

• If you experience any of the symptoms, please follow recommendations and contact your medical health provider.

• Do not carpool unless with immediate family members.

• Wear Facemasks and latex gloves.

• Always follow the instructions from coaches and club officials/marshals and respect physical distancing.

• Arrive no more than 25 minutes prior to activity commencing.

• Do not congregate at the facility entry point.

• Arrive prepared to train – changing rooms will not be in use.

• Bring your own water bottles clearly labelled with your name.

• Do not share water bottles.

• Follow the hygiene protocols in this document.

• Physical distancing of two (2) metres (6 feet) must be maintained.

• No more than 1 person per 4m².

• All “non-essential” contacts should be avoided (handshakes, high 5’s, etc.).

• Only use your own equipment.

Players are required to sign below in acknowledgment of these Recommendations and Guidelines.

Name of Participant (print)

Signature of Participant

Date

Recommendations and Guidelines for Parents

- Follow the hygiene protocols in this document.
- **Avoid congregating at facility entry points.**
- **Wear Facemasks and latex gloves.**
- Remind players to arrive to training dressed and ready, as change rooms will not be available.
- **Only one parent/guardian attending soccer activities.**
- Parents/guardians to keep a reasonable distance from the field.
- No more than 1 person per 4m².
- Ensure to check-in with coach for completion of attendance at the soccer activity.
- At home, ensure all the player's equipment is washed separately from the other household items.
- Ensure child is healthy and has no sign of COVID-19 symptoms.
- **If your Child is showing signs or Covid-19 or Illness they must not attend the training sessions/games.**
- Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
- Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.

Parents & Guardians are required to sign below in acknowledgment of these Recommendations and Guidelines. (If either Parents or Guardian may attend or drive to the training facilities both must sign)

Participant's Name: _____

Name of Parent/Guardian(1) (print) Signature Date

Name of Parent/Guardian(2) (print) Signature Date

Recommendations and Guidelines for Coaches

- Priority is to ensure safe environment, complete coach certification and safe sport.
- Coaches hold an online pre-activity orientation with players and parents regarding safety protocols– i.e., social distancing, modified training, pick up and drop off, hand washing, cough suppression, no spitting or nose clearing, etc., prior to commence your first training.
- **Coaches should wipe down personal and field equipment using the disinfected swabs or towels, before and immediately after each session (do not go home and then clean – contaminated items may travel into the home environment).**
- Only Coaches/Staff should handle equipment.
 - **One member of Coaching Staff should be designated to set up and collect equipment such as cones, etc. and clean the equipment per above prior to transporting the equipment. Please see Recommendations for Equipment section for further guidelines. (Field marshal may also be designated in this role)**
- Avoid using shared pinnies/bibs or any other additional equipment.
- ****Wear face masks****
 - **Mandatory for Coaching Staff. Reusable/Washable Masks will be provided.**
- **Wear latex/plastic gloves during training session and for set up/collection of equipment.**
 - **Mandatory for coaching staff. Gloves will be provided.**
- Structure activities to maximize physical distancing.
- Age appropriate considerations may need to be taken when designing activities, for example, Active Start and Fundamentals players may need a sibling or parent to participate with them. This will allow for coaches to have support managing the group of players and social distancing will not be required between siblings or parent/child (since they are from the same household).
 - **Note. Bradford Soccer Club to the decision to cancel its Timbits Soccer Program and Recreational Soccer Program on 12th May 2020 in light of the Covid-19 Pandemic. At this time, 16th June 2020, this decision has not changed, but may be reviewed in the future and detailed in a revision of this document.**
- Design activities so athletes may stay within their existing small groups to reduce amount of contact with different people.
- **No heading, chest or hand contact with ball (feet only).**
- Regular sanitization breaks combined with water breaks.
- Use cones and other equipment to ensure appropriate spacing is in place to support distancing.

- Frequently clean all surfaces, including counters, door handles, benches, tables, etc.
- Soap or hand sanitizer should be made available to all people in various locations throughout facility.

-Note. Bradford Soccer Club aims to make the job of coaching as easy as possible and will be appointing field marshals to undertake equipment set-up and sanitation protocols, including cleaning of equipment.

We want our coaching staff to be able to solely focus on coaching during this phase as much as possible.

Coaching Staff are required to sign below in acknowledgment of these Recommendations and Guidelines.

Name of Coach) (print)

Signature

Date

Recommendations and Guidelines for Equipment

- Personal Equipment
- Soccer/Training Equipment

Bradford Soccer Club has added these particular equipment guidelines as an added precaution.

Personal Equipment (Players/Coaching Staff)

In order to ensure that no equipment is shared or handled by other persons, Bradford Soccer Club ****Requires**** that Players and Coaching Staff bring with them a suitable sports bag to store additional footwear and clothing (Tracksuit Top etc) whilst not in use. This personal sports bag is to be located at a designated point in the training area, away from another persons bag **at all times**. As seen in 'Return to Play' Training Set-Up Diagram on page

We also Recommend that your personal labeled water/drinks bottle to be stored in this bag. Designated sanitation & water breaks will be in place.

We recommend all participating players to carry personal hand sanitizing Gel or wipes within their sports bag. (In addition to sanitation equipment provided by the club)

Soccer/Training Equipment

One designated member of coaching staff or field marshal will transport, handle and collect training equipment and be responsible for its sanitization.

All equipment will be disinfected/cleaned prior to and after use.

Phase One (1). At this stage, whilst in the 'Non Contact' phase, we Prohibit the use of Goal Posts and Netting. They are not to be used in training sessions as to avoid contact with the equipment and remove the need to erect goal frames and/or attach nets.

The club requires that only cones be used at this time to mark designated training areas for players in addition to soccer balls.

Soccer Balls are Only to be touched with feet.

Phase Two (2). During this phase, the club may permit the use of Goal Posts and Netting and additional equipment if requested by coaching staff upon submission of a relevant training session plan, subject to board approval. This equipment will have the same set-up protocol and will be cleaned accordingly along with other equipment before and after use.

General Hygiene Protocol

- Wash hands with hand sanitizer immediately before leaving home and after soccer activities and during scheduled breaks.

- **Do not spit at any time.**

- **Clearly label your own water bottle.**

- **Do not share bottles.**

- Any individual equipment used should be taken home and washed separately from others in the household (e.g. uniform).

- **Carry hand sanitizer in order to enable good personal hygiene.**

- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze.

- Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly.

- Avoid touching eyes, nose or mouth.

- Shower at home before and after training.

Bradford Soccer Club kindly requests that all members and staff follow the guidelines set out above and respect teammates, coaches, parents, guardians and match officials whilst we adjust to the new protocols.

Reduce Transmission

Office spaces, clubhouses, rental facilities, and training and competition areas should adhere to the following guidelines to minimize the risk of transmission of COVID-19:

1. Any employee/player/parent/coach who is exhibiting symptoms of illness should stay home.

2. Recognize and Assess - this virus is transmitted via droplets during close, unprotected contact with an infected person, or by touching an infected surface and then the eye, nose, or mouth. It can also cause a range of symptoms including; sore throat, cough, fever and shortness of breath.

If you, or someone you have been in contact with either at work, home, or at soccer related activities and begins to exhibit any of these symptoms, it is imperative to inform your Coach, Club/Academy representative immediately. In addition, you should:

- Self isolate
- Complete the online self-assessment available here; Ontario COVID-19 Self Assessment App
- Contact Telehealth Ontario **1-866-797-0000**
- Contact your primary health care provider

Screening of all individuals should also take place at a minimum weekly, or as directed by local authorities.

Training Locations

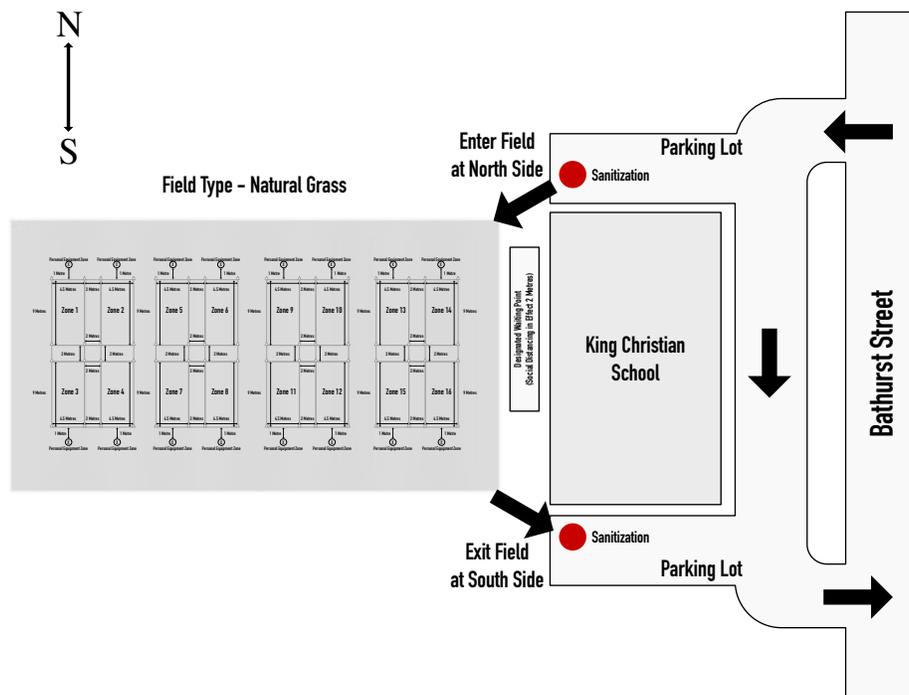
To mitigate the risk of transmission, facilities such as the Club House will remain closed until further notice.

As of 16th June 2020 Bradford Soccer Club planned to use two facilities to hold training sessions.

King Cristian School

19740 Bathurst St, King, ON L9N 0N5

Site assessment was carried out on behalf of Bradford Soccer Club on June 15th 2020 to deem suitability for return to play.



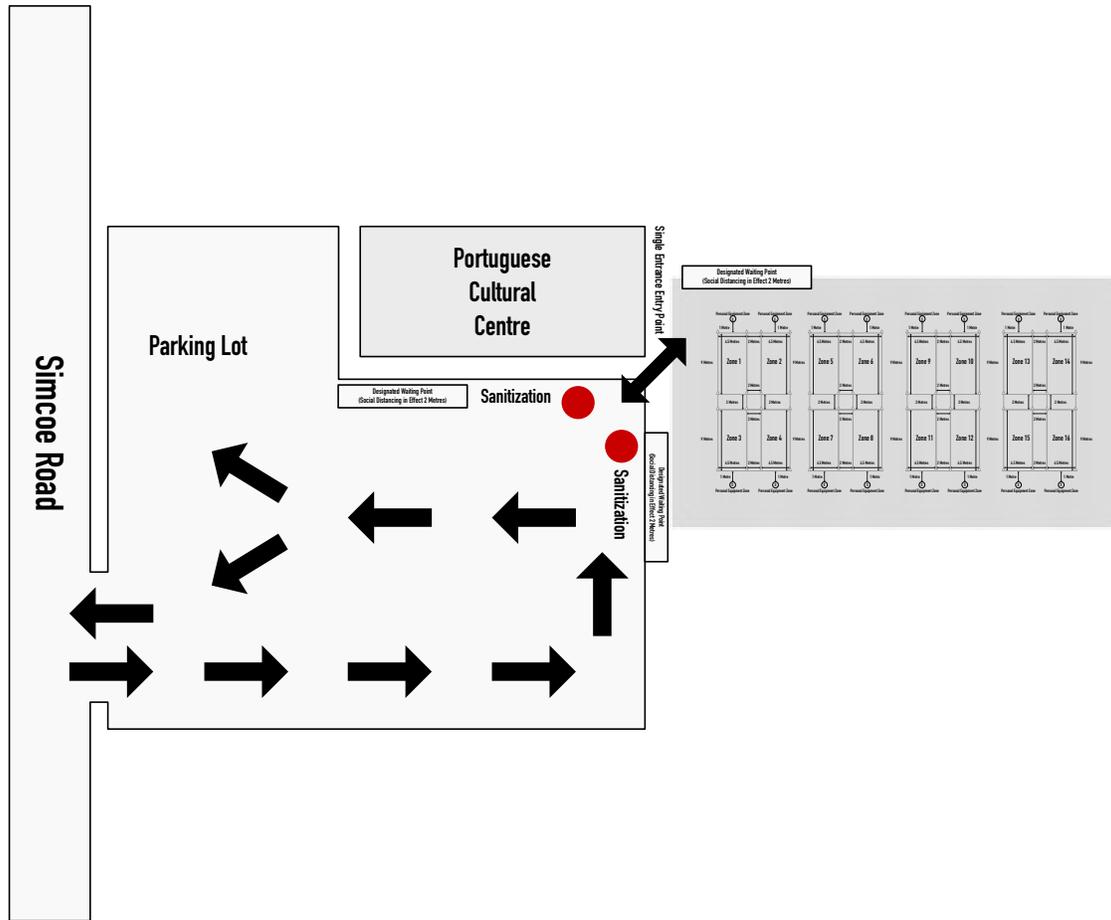
King Cristian School is suitable for Return to Play training sessions. The Facility offers ample space for multiple sanitization stations, parking requirements and allows separate Entry and Exit points to the facility. Locker/Washroom Facilities will not be available at this location.

***Note. Goal Frames at this location are free standing and do not have sufficient counter weight systems. In the event that this equipment is used suitable weights will be required. (We currently prohibit the use of Goals Post & Nets until phase 2)**

Portuguese Cultural Centre Of Bradford

767 Simcoe Rd, Bradford, ON L3Z 2A6

Site assessment was carried out on behalf of Bradford Soccer Club on June 17th 2020 to deem suitability for return to play.



The Portuguese Cultural Centre of Bradford is suitable for Return to Play training sessions. The Facility offers ample space for multiple sanitization stations, parking requirements. The Entry/Exit is not separate, and a co-ordinated in/out procedure will be in effect to avoid bottlenecks. point is Locker/Washroom Facilities will not be available at this location.

***Note. Goal Frames at this location were not able to be assessed. This will be assessed at a later date. (We currently prohibit the use of Goals Post & Nets until phase 2)**

Field Marshals.

The Club will be appointing 'Field Marshalls' at the locations used for training sessions and/or subsequent inter-squad game sessions to oversee the operations and to ensure adherence to the guidelines as set out in this document.

If members, participants, parents/guardians, staff or officials fail to follow the guidelines as set out by the club, Marshals will have the authority to suspend and/or shut down the the operation.

Field Marshals may also be responsible for the set up and cleaning of equipment before and after use.

Procedure Logs for cleaning/disinfecting of equipment will be made by field marshals.

It't will be mandatory for field marshals appointed by the club to wear face masks and gloves.

Field marshals will carry out contact tracing protocols and will collect required information upon arrivals and exiting of facilities.

Field Marshals will be identified with High Visibility Vests and may have the use of a whistle to get the attention of persons present if there is a breach of guidelines. (Such as a lifeguard at a swimming pool facility)

The Club requests that all members, participants, parents/guardians and coaching staff respect the field marshals.

Please see Contact Tracing Protocol on [\[Page 29\]](#)

Cleaning Protocol

The Club will be using alcohol based gels/wipes, disinfecting sprays and bleach based products to clean locations, and equipment prior to and after usage.

When approved for use, goal frames and nets will also be cleaned/disinfected.

Coaching Staff are recommended to clean their electronic devices such as mobile/cell phones, tablets and Notebook Computers as per instructions on the manufacturer, both before and after sessions.

What will Training Sessions look like? - During Phase One (1) and Two (2)

When attending training sessions, all of the protocols detailed in this plan will be in place.

For the First Session

- Players must arrive with their Legal Waivers.

1. Release of liability, waiver of claims and indemnity agreement. See [Page 39]

2. Declaration of compliance – COVID-19. See [Page 47]

Players must also have a signed copy of the Recommendations and Guidelines for Players.

- The Parent/Guardian accompanying should also have a signed copy of the Recommendations and Guidelines for Parents and Guardians.

- Players, Parents and Guardians must follow all of the guidelines set out within.

Players must also bring with them the completed club health questionnaire.

(These documents are required by the club for contact tracing in the event of a Covid-19 outbreak and will be destroyed after 6 weeks unless the club is required to hand over the records to relevant health authorities.)

- Parents/Guardians driving to the training facility will be greeted by a Club appointed field Marshall.

- The Marshall will Take Names of all people in the vehicle and Log the time that you arrive.

- The paperwork will be checked to ensure compliance.

- If complaint, you will be directed to park your vehicle and report to the sanitation station. You must adhere social distancing measure at all times.

- If you have arrived early, you will be asked to wait at the designated area prior to being directed to the field for your session.

- Fields will be marked with designated zones for each individual player. Players must stay within this zone during training. Please see the field diagrams. The Player to Coach ratio will be between 4-1 and 9:1(maximum)

- Parents/guardians must remain in the waiting area and adhere to social distancing.

- At the end of the session, you will be directed off the field towards the sanitation station.

- The field marshal will log the time that you are leaving the training facility.

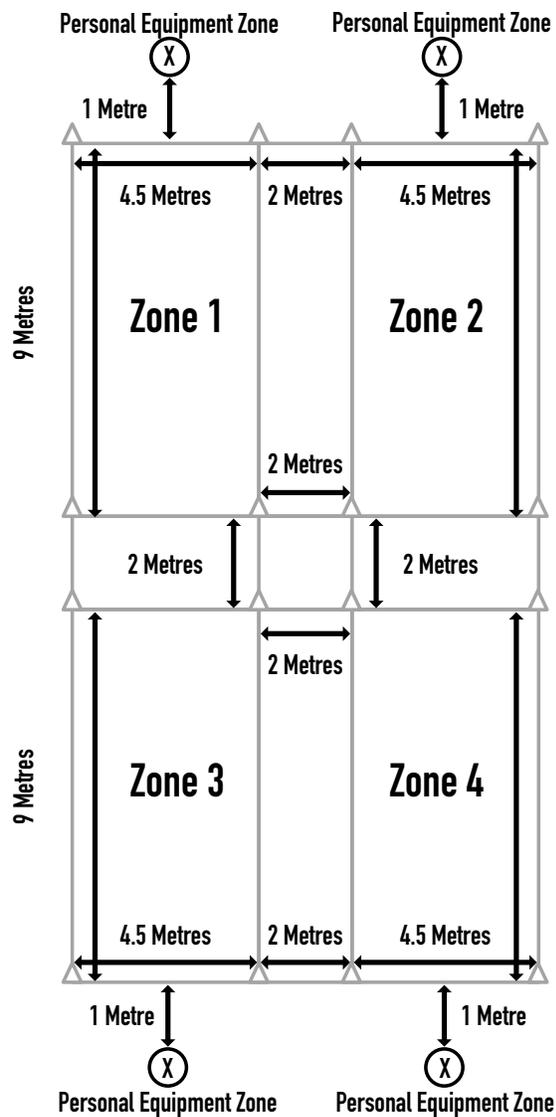
For Subsequent Training Sessions

The same protocols will be in place, however you will only need to bring a completed Club health questionnaire. [See Page 29]

Field Layouts - Phase One (1)

Player to Coach Ratio 4:1

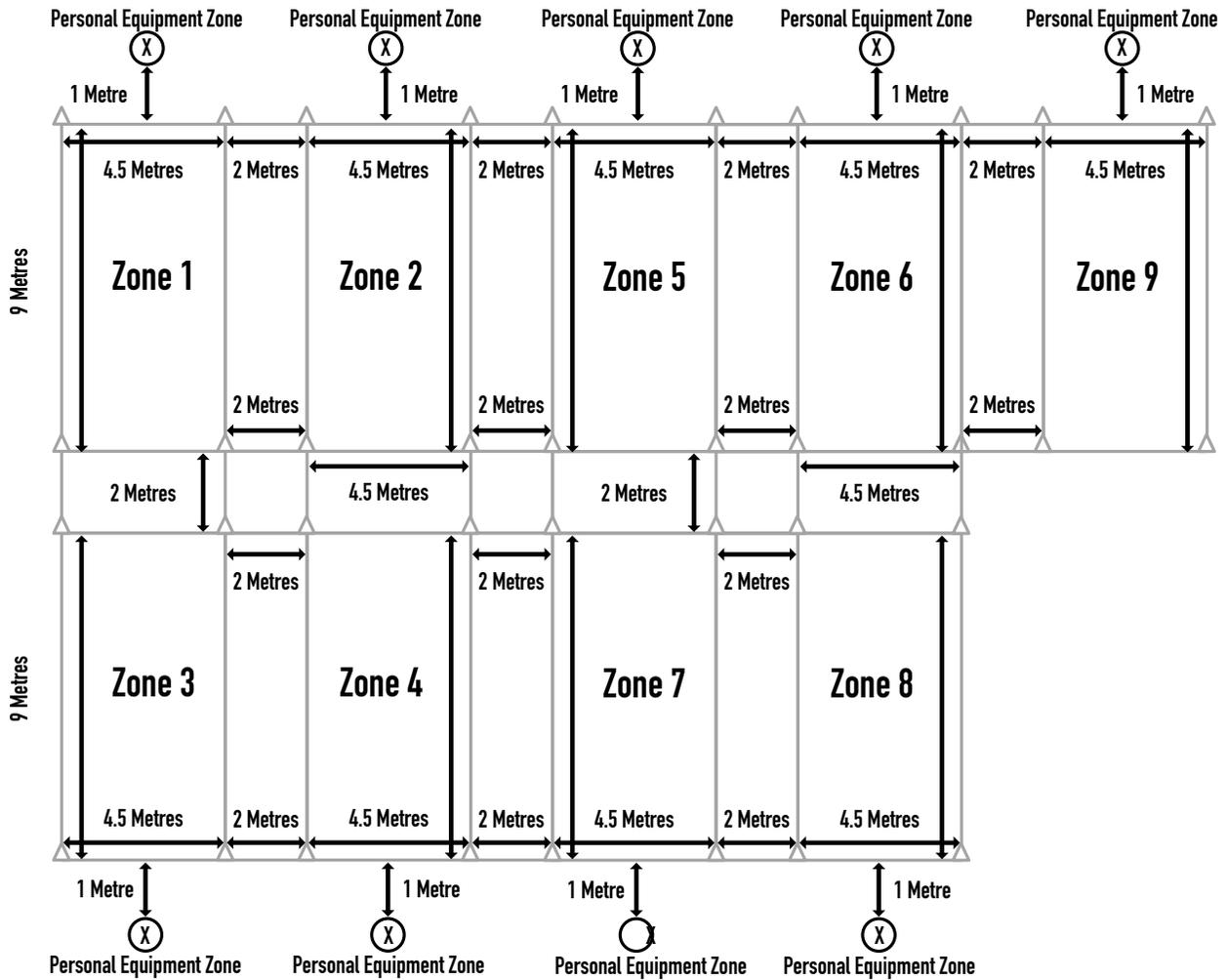
△ Cone/Marker



Field Layouts - Phase One (1)

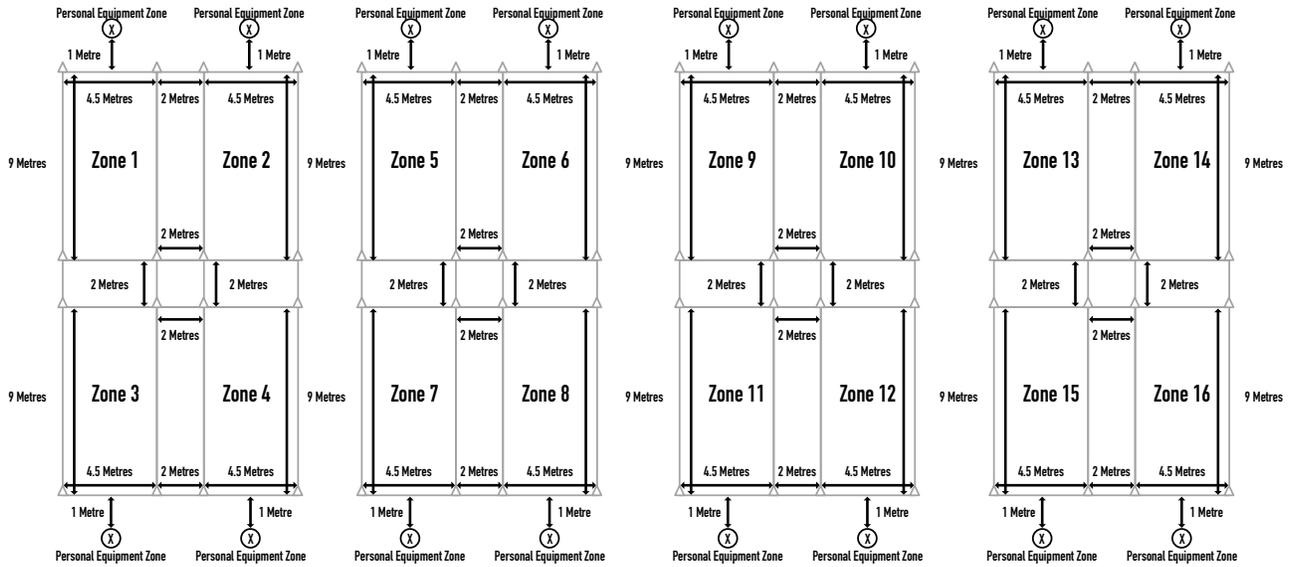
Player to Coach Ratio 9:1. (Max)

△ Cone/Marker



Field Layouts - Phase One (1)

Player to Coach Ratio 16:2.



Contact Tracing

The Club is required to carry out 'Contact Tracing' protocols.

Any person attending a training/game session will need to be logged, including name, date of birth, address, contact telephone number, e-mail address and the times of arrival and exit of the facility.

Players will also need to declare their health status prior to **every** training session via a questionnaire as detailed below. The Questionnaire must be completed at home and brought to every training session. The Club must record and hold onto this data for 6 weeks.

At this point it will be destroyed unless the club is required to hand over the records to relevant health authorities.

Sample Health Questionnaire

Do you have any of the below symptoms?			
1	a. Fever (greater than 38.0C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.

Emergency/First Aid Protocol

Field Marshals will have a First Aid Kit during Training Sessions.

In the case of Emergency, such as a player falling ill or feeling unwell. The training session will be suspended.

In the even the a any person present exhibits respiratory issues, 911 Emergency services will be called and the training sessions and subsequent sessions cancelled.

All protocols will be followed to safely remove all persons from the facility.

The Appropriate Steps I the Clubs Emergency Action Plan will then be implemented.

If any member of the club, players, parents/guardians, coaches, officials and volunteers contract Covid-19 or com into contact with a person who has contracted Covid-19 they must contact the Club immediately to inform us.

Noting that our Club Offices will remain closed. Please use the following e-mail address:

President@bradfordsocer.com

Bradford Soccer Club Emergency Response Plan (ERP)

Plan Overview

Organization and Structure of the Plan

The main body of this COVID-19 Emergency Response Plan is organized in three sections, which outline the key roles and responsibilities of your soccer organization in each of the three (3) pandemic phases;

1.

Pre-pandemic Phase: This is the critical stage for COVID-19 pandemic preparedness. The pre-pandemic phase is NOW, and planning efforts need to focus on Club/Academy education of the membership (i.e., volunteers, staff, coaches, parents, players, match officials) on Ontario Soccer and Canada Soccer's Return to Play Plan and Protocols. Please note that the Return to Play Protocols comply with the Province of Ontario emergency orders and health authority directives. In addition, coordination with facilities (especially if third-party) should be included as they may have additional plans & procedures in place.

2.

Positive Test Phase: Confirmation of a COVID-19 positive test within your soccer organization will declare when it is time to activate your COVID-19 Action Plan. During this phase, the key goals will be to prevent further infections within your organization and minimize program disruption. This phase remains active until the infected party has been isolated and under the control of professional health authorities and there is no further threat to the health and safety of your soccer organization's participants.

3.

Post-pandemic Phase: The post-pandemic period begins when the Provincial Health Officer declares that the COVID-19 pandemic is over. The primary focus of work at this time is to restore normal services, deactivate pandemic response activities, review the impact, and use the lessons learned to guide future emergency response planning.

Personnel Responsible for Carrying out Responsibilities set out in this plan are:

**The Board of Directors (The Board 'As one' is acting as the ERP Lead)
Executive Directors (With Agreement and Support of Board)
President (With Agreement and Support of Board)**

1. Pre-Pandemic Phase:

Responsibility

Planning and Coordination

- Determine COVID-19 Emergency Response Plan (ERP) lead for soccer organization. Board of Directors (For All Points)
- Create Emergency Response Plan for COVID-19 or add to existing ERP and include a section on pandemic influenza.
- Complete Canada Soccer/Ontario Soccer's Risk Assessment On-line.
- Incorporate Canada Soccer/Ontario Soccer's Return to Play protocols.
- Educate all internal organizational leaders of ERP Procedures Manual.
- Written communication plan flowchart if a positive test for COVID-19 in the soccer organization.
- Verify Ontario Soccer, Province of Ontario and/or local Municipal government permissions for Return to Play implementation following Ontario Soccer Return to Play protocols of implementation.

2. Positive Test Phase:

Responsibility

Confirmation of a COVID-19 positive test within your soccer organization

Communication System

Board of Directors/Executive Directors/
President

Consistent with Federal and Provincial/
Territorial privacy regulations, acts, laws,
etc. coaches, staff, officials, and families of
players should self-report to the single point
of contact (SPOC), also known as the “ERP
Lead” if:

- a. they have symptoms of COVID-19, or As Above
- b. a positive test for COVID-19 is recorded,
or As Above
- c. were exposed to someone with
COVID-19 within the last 14 days. As Above

Note: See [ERP Communications Flow Chart](#)
and end of this section.

Advise Sick Individuals to Stay Home

As Above

Sick coaches, staff members, officials, or
players should not return until they are well
enough based on Public Health Agency of
Canada and Provincial Health Authority
guidelines.

2. Positive Test Phase:

Clean and Disinfect Areas

Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area).

Ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children.

Notify Local Health Officials and Close Contacts

In accordance with Federal, Provincial and Territorial privacy and confidentiality laws and regulations, the SPOC should notify local health officials, Provincial or Territorial Associations, club staff, officials, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with applicable laws and regulations.

SPOC should work with local health officials to develop a reporting system (e.g., letter) to notify health officials and close contacts (logs and/or contact tracing information) of cases of COVID-19.

The Provincial and Territorial Health agencies and their Contact Tracing procedures will be responsible for advising those who have had close contact with a person diagnosed with COVID-19 and determine whether someone should stay home and self monitor for symptoms. Members of the Club/Academy should continue to self-monitor for symptoms.

The SPOC must notify the Provincial or Territorial Association of any cases of COVID-19. A weekly reporting system should be instituted for SPOC to advise the Provincial or Territorial Association of any cases of COVID-19, suspected cases, and where athletes or staff have been refused admittance to any training session. Even if there are no suspected cases, a 'nil' report should be required.

Responsibility

Board of Directors/Executive Directors/
President

Board of Directors/Executive Directors/
President

2. Positive Test Phase:

Responsibility

Isolate and/or Transport Those Who are Sick at Club/Academy Activities

Board of Directors/Executive Directors/
President

Make sure that coaches, staff, officials, players, and families know that sick individuals should not attend a Club or Academy activity, and that they should notify officials if they (staff) or their child (families) become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.

Coaches, staff, officials, and players with COVID-19 symptoms (i.e., fever, cough, shortness of breath) at any club activity must be immediately separated and isolated. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, contact their Family Physician, and follow Health Agency guidance for caring for oneself and others who are sick. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well. If symptoms develop, individuals and families should follow Health Agency guidelines for caring for oneself and others who are sick.

Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. That means having parent contact information readily available; parents within a safe, socially distanced but easily accessible waiting area; or if you are calling an ambulance or bringing someone to the hospital. If calling an ambulance, please alert them that the person may have COVID-19.

3. Post Pandemic Phase:

Responsibility

Action and Communications

a. Confirm Provincial Health Officer has declared the COVID-19 pandemic is over.

Board of Directors/Executive Directors/
President

b. Send official written notice to your membership (i.e., volunteers, staff, coaches, parents, players, match officials) that the pandemic is officially over, the province's state of emergency order has been lifted and soccer activities can resume its full operations.

Board of Directors/Executive Directors/
President

Note: During this phase, there may be specific sport protocols to follow from Canada Soccer/Ontario Soccer and/or the Provincial health authorities (i.e., implementation of Infection Control Policies and Procedures).

c. Conduct a full review of your COVID-19 Return to Play Implementation Plan as well as your COVID-19 Emergency Response Plan. Include a list of recommendations for improvements.

Board of Directors/Executive Directors/
President

d. Update your soccer organizations Emergency Response Plan for future use and have approved.

Board of Directors/Executive Directors/
President

Action Plan Flowchart

*Noting that the Club does not have the facility to carry out Covid-19 testing.

We make the assumption here, that a confirmed positive Covid-19 Test has been communicated to the club.

All members, participants, parents/guardians, staff, officials, volunteers partners and stakeholders have been informed that they must notify the Club should they come into contact with a person whom has contracted Covid-19 and/or contract Covid-19 themselves.

At which point we begin with our flowchart of procedures detailed below.



Insurance Coverage

Players & Coaches will continue to be registered via the Oscar Registration system to ensure full standard coverage through HUB International and Ontario Soccer. We have been advised by Ontario Soccer that there is no current “pandemic” coverage available.

Bradford Soccer Club will be applying a pandemic exclusion clause, which is being applied across all amateur sports throughout Canada. Youth and Adult waivers will be required to be completed by all members/players prior to return to play.

Legal Considerations

As stated previously in the Risk Management and Insurance section of this Guide, member organizations must note the risk and liability of Return to Play is at the local community level where implementation takes place. Ontario Soccer and each of their members/affiliated Clubs and Academies are independently operated. Therefore, affiliated organizations must be comfortable and prepared for the appropriate and reasonable steps that need to be taken in order to mitigate risks associated with approving and/or implementing any form of soccer programming under a Return to Play Plan.

Youth and Adult Waivers are required for all participants registered with Bradford Soccer Club. Contained within are two waivers,

1. Release of liability, waiver of claims and indemnity agreement. This waiver is to be signed by participants of the age of majority and over, and;
2. Declaration of compliance – COVID-19. This waiver is for use by member organizations that own or operate facilities and in addition to, for use for participant returning to play whether they own/manage a facility or not.

Without a signed waiver, participation will not be granted.

ONTARIO SOCCER

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (To be signed by Participants of the age of majority and over)

WARNING! By signing this document, you will waive certain legal rights. Please read carefully.

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the “Activities”), the undersigned acknowledges and agrees to the following terms outlined in this agreement:

Disclaimer

2. Ontario Soccer, its affiliated districts, leagues, clubs and teams, and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, independent contractors, subcontractors, sponsors, owners/operators of the facility in which the Activities take place, , successors and assigns, and representatives (the “Organization”) are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

I have read and agree to be bound by paragraphs 1 and 2.

Description of Risks

3. I understand and acknowledge that

a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no

amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;

b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable

risks than in-person programming;

c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may

be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and

d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health

Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.

4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:

a) Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.

b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises.

c) Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.

d) Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.

e) Advice: negligent advice regarding soccer programs.

f) Ability: Failing to act safely or within my own ability or within designated areas.

g) Sport: the game of soccer and its inherent risk.

h) Cyber: privacy breaches, hacking, technology malfunction or damage.

i) Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants.

j) Travel: Travel to and from the Activities.

k) Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

Terms

5. In consideration of the Organization allowing me to participate in the Activities, I agree:

a) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition;

- b) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
- c) To comply with the rules and regulations for participation in the Activities;
- d) To comply with the rules of the facility or equipment;
- e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of a The Organization representative immediately;
- f) The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way;
- g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
- h) That I am responsible for my choice of protective equipment and the secure fitting of that equipment; and
- i) That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all the foregoing risks.

I have read and agree to be bound by paragraphs 3 -5.

Release of Liability and Disclaimer

6. In consideration of the Organization allowing me to participate in the Activities, use its equipment and facilities, I agree:

- a) That the sole responsibility for my safety remains with me;
- b) To ASSUME all risks arising out of, associated with or related to my participation;
- c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
- d) To WAIVE any and all claims that I may have now or in the future against the Organization;
- e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;
- f) To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent

rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;

g) TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities;

h) To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;

i) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;

j) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and

k) This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Jurisdiction

7. I agree that in the event that I file a lawsuit against the Organization, I agree to do so solely in the Province of Ontario, Canada and further agree that the substantive law of Ontario will apply without regard to conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

I have read and agree to be bound by paragraphs 5-7

Acknowledgement

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

Name of Participant

Date

Signature of Participant

Witness

ONTARIO SOCCER

INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT (To be executed by
Participants under the age of majority)

**WARNING! By signing this document, you will assume certain risk and responsibilities.
Please read carefully!**

Participant's Name: _____

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the "Organization") and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned being the Participant and Participant's Parent/Guardian (collectively the "Parties") acknowledges and agrees to the following terms outlined in this agreement:
2. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

Description of Risks

3. The Parties understand and acknowledge that:

- a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
- b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
- c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
- d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.

4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:

- a) Contracting COVID-19 or any other contagious disease;
- b) Executing strenuous and demanding physical techniques;
- c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
- d) Exerting and stretching various muscle groups;
- e) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- f) Spinal cord injuries which may render the Participant permanently paralyzed;
- g) Serious injury to virtually all bones, joints, ligaments, muscles, tendons and other aspects of the Participant's body or to the Participant's general health and well-being;
- h) Abrasions, sprains, strains, fractures, or dislocations;
- i) Privacy breaches, hacking, technology malfunction or damage;
- j) Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma;
- k) Physical contact with other participants, spectators, equipment, and hazards;
- l) Not wearing appropriate safety or protective equipment, such as a helmet;
- m) Failure to act safely or within the Participant's ability or within designated areas;
- n) Grass, turf, and other surfaces including bacterial infections and rashes;
- o) Collisions with fences, poles, stands, and soccer equipment;
- p) Negligence of other persons, including other spectators, participants, or employees;
- q) Weather conditions; and
- r) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities.

We have read and agree to be bound by paragraphs 1 and 4 Terms

5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:

- a) That the Participant's mental and physical condition is appropriate to participate in the Activities;
- b) That when the Participant practices or trains in his or her own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
- c) To comply with the rules and regulations for participation in the Activities;
- d) To comply with the rules of the facility or equipment;
- e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
- f) The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;
- g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
- h) That they are responsible for the choice of the Participant's protective equipment and the secure fitting of the protective equipment;
- i) That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.

6. In consideration of the Organization allowing the Participant to participate, the Parties agree:

- a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
- b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities.

We have read and agree to be bound by paragraphs 4-6 General

7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the province of Ontario, Canada and they further agree that the substantive law of Ontario will apply without regard to conflict of law rules.

8. The Parties expressly agree that this Agreement is intended to be as broad and inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement

9. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)

Signature of Participant

Date of Birth

Name of Parent or Guardian (print)

Signature of Parent or Guardian

Date

DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): _____

Individual's Parent/Guardian _____ (if
the individual is younger than 18 years old)

Email: _____

Telephone: _____

WARNING !

ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.

2) The individual has not been diagnosed with COVID-19 OR If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.

3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19 OR If the individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.

4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.

5) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).

6) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

7) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada, or in any Province outside of Ontario in the past 14 days. If the individual travels, or if anyone in the individual's household travels, outside the Province of Ontario after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.

8) The individual is following recommended guidelines, including but not limited to practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.

9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.

10) This document will remain in effect until the Organization, per the direction of the Provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.

11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____ Date: _____
Individual (if 13 and over)

Signature: _____ Date: _____
Parent/Guardian (if the individual is younger than 18 years old)