



## DEFINING YOUR PURPOSE

NAME: \_\_\_\_\_

A student-athlete is someone who:

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WHAT ARE YOUR CORE VALUES AS A STUDENT-ATHLETE?

Circle your two most important **performance character skills** and two most important **moral character skills**.

### Performance Character Skills

Hope	Ambition	Commitment
Competitiveness	Grit	Positivity
Perseverance	Work Ethic	Diligence
Resiliency	Focus	Reliability
Responsibility	Courage	Discipline
Self-Control	Punctuality	Determination

### Moral Character Skills

Trust	Fairness	Honor
Love	Respect	Service
Responsibility	Kindness	Balance
Fun	Moral Courage	Empathy
Integrity	Honesty	Compassion
Generosity	Care	Loyalty

Define your performance and moral character skills below and begin to reflect on how you learned them, why they are important to you today, and how you will display them for others:

**Performance Character Skills**    How did you learn them and who did you learn them from

1. \_\_\_\_\_ \*\* \_\_\_\_\_

2. \_\_\_\_\_ \*\* \_\_\_\_\_

**Moral Character Skills**    How did you learn them and who did you learn them from

3. \_\_\_\_\_ \*\* \_\_\_\_\_

4. \_\_\_\_\_ \*\* \_\_\_\_\_

WRITE YOUR PURPOSE AS A STUDENT-ATHLETE. "I Play \_\_\_\_\_ to....."

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DEFINE STRATEGIES YOU WILL USE TO MODEL & BRING YOUR PURPOSE TO LIFE (ACTION STATEMENTS):

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WRITE YOUR DEFINITION OF SUCCESS AS A STUDENT-ATHLETE:

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HOW WILL YOU MEASURE IF YOUR SEASON WAS SUCCESSFUL?

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