

Brian Lee Defensive Skills and Skating camp

We have a great opportunity to have a defense-based camp run by Brian Lee this July. Brian is a native of Moorhead, MN and now coaches with Concordia College. His accomplishments in hockey are incredible and this will be a unique chance for us to work with one of the best.

- Won Minnesota's Mr. Hockey award in 2005.
- Was drafted 9th overall in the 2005 entry draft by the Ottawa Senators.
- Played for Team USA in the World Junior Championships in 2005.
- Played 2 season at UND.
- Played for both the Ottawa Senators and Tampa Bay Lightning in the NHL.

When: July 16th-19th

Bantams: 2:30-3:30

Pewees and 14/15Us: 3:45-4:45

Squirts and 12/10Us: 5:00-6:00

All sessions will be at the West Fargo Sports Arena

What: Focus on skating (proper form, explosive skating drills, over speed stuff and edge work), shooting (head up, penetrating velocity, elusiveness at the o zone blue line), passing (while moving your feet so as to be a threat, while moving backward, through obstacles), breakouts, regroup, defending (down low, against the rush, proper vertical and horizontal gaps as well as stick positioning), and reads in general and how to be a smarter player. I will bring my iPad out and film the kids doing certain drills so they would get immediate feedback as to what they're doing right vs wrong.

Camp will be limited to 20 players per session so please sign up early. We don't need goalies and there will not be a reduced fee for multiple players. Scholarships are available.

Cost: \$195



Offensive Skills and Scoring Camp

This camp is designed to work on your offensive skills and scoring. Camp will be station based with each station focusing on a different skill set to enhance your scoring abilities.

Topics covered will include

- In tight scoring
- Catch and release shooting
- Pull and shoot to change angle
- Understanding of the shooters edge
- Lateral movement to get goalies moving
- 2-1 situations-how to exploit the D
- Royal Road
- Rebound situations
- Screens, tips and deflections

When: July 23rd-26th

1st Session 12:30-1:30 Bantams

2nd Session 1:45-2:45 Peewees

3rd session 3:00-4:00 Squirts

4th session 4:15-5:15 Girls

Who: This camp will be limited to 20 players to keep the groups to the right number. First come first served. Players should come to practice with 2 sticks in case they break one.

Where: All sessions will be held at the West Fargo Sports Arena

Cost: \$100- No goalies needed and no discounts for families with multiples. Scholarships are available.



Skills and Skating Camp

What: This will be the same camp as the one offered in June.

We will spend 15 minutes each on skating, stickhandling, shooting and passing drills.

When: Aug 20th-23rd

Bantams 12:00-1:00

Peewees 14/15Us 1:15-2:15

Squirts 12Us 2:30-3:30

Mites 10Us 3:45-4:45

Where: all sessions will be held at the West Fargo Sports Arena

Cost: \$100

No discounts for families with multiples and goalies are not needed for this camp. Scholarships are available.



