

## MEA Positional and Youth Camps October 15 & 16, 2020

The MEA Positional and Youth Camps are a great opportunity for those who wish to stay sharp during the fall, improve their skill base, or prepare for the upcoming JO tryouts. These camps will also provide the opportunity for you to work with some of the coaches at MN Select.

The 2020 MEA Camp Sessions are listed below. The Youth Camps are geared towards ages 9-12 (Grades 3-6). The Positional Camps and Competitive Games/Scrimmage Camps are geared towards ages 13-18 (Grades 7-12).

- The Youth Skills Camps and Positional Camps are 90 minutes and cover skills training, while also including some competitive game-like drills each session so that participants can use what they have learned.
- The Competitive Games/Scrimmage Camps will also be 90 minutes in length and include competitive wash drills, games and scrimmages.
- **Cost is \$35/session online.**

**NOTE ON ELIGIBILITY – Any players still playing on a high school Varsity, Junior Varsity, or B-Squad (10th grade) team are NOT eligible to participate in this program based on MSHSL rules. Players on 9th grade teams or C-teams (teams consisting of only 9th graders or younger) are okay to participate.**

### THURSDAY, OCTOBER 15

8:30-10:00am	Youth	Youth Skill Camp
8:30-10:00am	Positional	Setting Camp
10:15-11:45am	Positional	Serving/Passing Camp
12:00-1:30pm	Positional	Hitting Camp
1:45-3:15pm	Game Skills	Competitive Games/ Scrimmage Camp

### FRIDAY, OCTOBER 16

8:30-10:00am	Youth	Youth Skill Camp
8:30-10:00am	Positional	Defense/Libero Camp
10:15-11:45am	Positional	Serving/Passing Camp
12:00-1:30pm	Positional	Hitting Camp
1:45-3:15pm	Game Skills	Competitive Games/ Scrimmage Camp

