

Mites and Squirts

Prior to Arrival at Ice Rink

- Complete Covid-19 Self-Check for player and adult accompanying player
- RSVP on Sports Engine
- 'Dress for Play' with the exception of helmet, gloves and skates **except for Goalies**
- Fill Water Bottle labeled with your first and last name
- Face Mask

Arrival At Ice Rink

- Enter facility with face masks on with designated adult and use hand sanitizer provided
- Adult **MUST** wear face mask at all times
- Player and Adult immediately go to a designated socially distanced seat
- **Goalies immediately go to designated socially distanced seat in locker room with Adult**
- Put Skates on
- Put Helmet on (Remove face mask at this time)
- Put Gloves on
- Stay seated in designated socially distanced seat until called by Coach to go on the ice
- Adult Immediately leaves ice rink when player goes on ice

Departure from Ice Rink

- Adult with face mask on enters building no more than five minutes prior to end of practice and immediately goes to designated socially distanced seat of their player
- Player exits ice and return to designated socially distanced seat
- Remove Gloves
- Remove Helmet and place face mask on
- Remove skates
- Pack bag and leave Ice Rink and use hand sanitizer when exiting.