



Cascade FC
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Cascade FC Families,

In 2020 we are celebrating a milestone. It is Cascade FC's 30th year anniversary. As the tryouts season is coming upon us, Sophie and I have been reflecting upon our achievements and the role we've played in this 30 year legacy. We'd like to proudly share this growth with you.

In the last 4 years, CFC has added:

- Cascade Cup Tournament - We'll be hosting our 3rd Annual summer tournament, this year expanding to host U9 - U12 age groups. Sanctioned by WYS.CFC
- Jr. Academy - We just completed our 3rd 6-week winter program, giving SnVYSA Rec players a club soccer experience and a pathway to premier soccer.
- Youth Soccer Camps - This year, we are running all In-house SnVYSA soccer camps, clinics and programs serving all players in our region.
- Player Technical Training - We have provided CFC players with an optional 'third' practice a week, with focus on individual technical work.
- Speed, Agility, & Quickness (S.A.Q.) Training - New this winter, training for high school age players. Increase overall quickness with emphasis on injury prevention.
- Playing in College. Mentorship program for high school age players, with a free Scouting Zone membership.
- Cascade FC Open - A golf tournament and fundraising event for field development initiatives.
- All-Club BBQ - Bringing all players and families together to let loose at the end of Team Camp Week.
- Washington Youth Soccer - Cascade FC returned to WYS, and are now placing teams in both the NPSL & RCL.
- Continued club growth - Increased the club size by 100 players, taking the club back to a high of 22 teams. Targeting continued growth into 2020-21 season.
- Continued coach education & licensing - Dir. of Coaching-hosted, on and off-field coach continuing education nights, and boasting the highest licensed staff in CFC history. We are diligently adding to our staff for next season!

We can now proudly announce our new 2020-21/2021-22 seasons' game jersey sponsor, Bay Equity Home Loans. This sponsorship will allow us to deliver player technical training, SAQ and injury prevention training, and goalkeeper academy at no additional cost for Cascade FC players.

Intro from BE:

We at Bay Equity Home Loans could not be more proud to be the new team sponsor for Cascade FC. Family owned and operated, Bay Equity is a home mortgage lender, dedicated to giving back to the communities where we work and live. Youth soccer is the perfect representation of our commitment to our unique culture - we're all about achieving goals, too! Established in 2007, Bay Equity offers a wide array of residential mortgage loan products. We're made up of the most accomplished mortgage and financial professionals at every level. We are proud of our teams, in the office and on the pitch! We're here to get you home

We are also excited that Peak Sports and Spine PT has pledged their continued support as on-site athletic trainers and First Aid stations at the Cascade Cup, as well as hosting Free sports screenings for all CFC players. Their logo will be proudly displayed on the backside of our practice jerseys.

Go Cascade,
George & Sophie