



14U/SB CAMP SCHEDULE

Tuesday, JUNE 11th

12:30 - 1:00 pm	Wrestlers check-in
1:00 pm – 1:05 pm	Camp Meeting (coaches, team leader, wrestlers)
1:05 - 3:00 pm	Technique, Drilling, and Live (<i>Freestyle Blue</i>)
3:00 - 4:00 pm	Showers/Free time
4:00 - 5:00 pm	Team competition
5:00 - 6:00 pm	Light dinner (<i>Freestyle Gold</i>)
6:00 - 7:00 pm	Motivational video
7:00 - 8:30 pm	Technique, Drilling, and Live (<i>Greco Gold</i>)
10:00 pm	Lights out

New Beginning's Church will be the overnight host location. Address: 2125 N. German Church Rd, Indianapolis, IN 46229. Note 24 hour security as well as team coaching staff to monitor/supervise kids through the night.

Wednesday, JUNE 12th

6:30 am	Rise and Shine
7:00 am	Morning jog
7:30 - 8:30 am	Breakfast (<i>Greco Blue</i>)
8:30 - 11:00 am	Technique, Drilling, and Live
11:00 am - 11:30 pm	Showers/Free time
11:30 - 12:30 pm	Lunch (<i>Freestyle & Greco Blue</i>)
12:30 -2:00 pm	Team competition
2:00 – 2:30 pm	Free time
2:30 - 4:30 pm	Technique & Drilling (<i>Freestyle & Greco Gold</i>)
5:00 pm	Wrestlers will be released to their parents for the remainder of the tournament! Parents will be responsible for the athlete's travel arrangements to Warren Central High School, in Indianapolis, in time to weigh-in for the event.