

RHA COVID-19 Strategy for 2021-2022 Season

Goal:

Institute measures and practices to reduce the chance of a community spread COVID -19 outbreak within the RHA community.

Rationale:

This strategy incorporates some SD High School Activities Association Guidelines, SD Department of Health Guidelines, Rapid City Area School District (RCAS), and Center for Disease Control recommendations.

Definitions:

Asymptomatic: showing no symptoms of COVID-19

Day zero: The date of first symptoms develop or close contact exposure. This is the date that starts the quarantine/isolation timeframe

Day one: This first day (of quarantine/isolation) **after** first symptoms develop or close contact exposure.

Face covering: a cloth or disposable mask, neck gaiter, scarf, bandana, etc. that covers the mouth and nose of the wearer

Non-RHA facility: Roosevelt Park or Rushmore Plaza Civic Center Ice Arenas, other hockey facility where RHA community is participating in events (Odde Ice Arena, Scheels IcePlex, etc.)

RHA community: Collection of Rushmore Hockey Association skaters, coaches, volunteers, and their immediate families

RHA facility: Rushmore Thunderdome

RHA function: Any practice, game, team function, etc. as a representative of a team or the RHA.

Symptomatic: showing symptoms that are consistent with a COVID-19 positive person

RHA General Strategy:

No player, coach, parent, sibling, or other person should enter any RHA Facility, or participate in any RHA function if exhibiting symptoms of COVID-19 (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea).

RHA Community will follow protocols and policies set by non-RHA facilities.

Face coverings are encouraged, but not required

COVID-19 vaccinations are encouraged, but not required.

RHA community should screen for COVID-19 symptoms before participating in RHA activities. RHA community is responsible for notifying coaches and/or team coordinators when there are confirmed COVID cases or close contacts

Coaches and team coordinators will support the concept that skaters will miss practices and/or games due to COVID symptoms, potentially without a positive test result.

Hand sanitizer will be available and present at the Thunderdome .

RHA Board, coaches, and team coordinators are expected to exhibit strict adherence to all parts of the COVID-19 Strategy and educate others who are not in compliance.

Specific dates for positive COVID cases and close contacts:

Any member of the RHA community who has tested positive for COVID-19 will not be allowed at RHA facilities, non-RHA facilities, and RHA functions for a period of 10 days. This mirrors the CDC standard of 10-day quarantine for positive cases.

A confirmed close contact by SD Department of Health (or by household) will not be allowed at RHA facilities, non-RHA facilities, and RHA functions for a period of 7 days, if the following criteria are met:

- a test is performed on day 5 or later of quarantine and the result is negative
- no signs or symptoms of COVID-19 develop in the 7-day quarantine

Per Center for Disease Control guidance, a vaccinated individual who is asymptomatic is not considered a close contact. They should continue to exercise enhanced hygiene protocols and monitor for symptoms.