



	Age Group	# Players per side	Recommended Roster Size	Maximum Roster Size	Ball size
	U7	8 (4v4 x2) no GK <i>(Dual Field Method)</i> Each team plays two games simultaneously	10	12	Min. 3 players to start; 3 to continue #3
Duration of the match	4 x 12-minute quarters; 5-minute halftime; 2-minute break between qtrs 1&2 and qtrs 3&4 (Home team switches fields at halftime)				
Field of Play	25-35 yards by 15-25 yards; goal, 4x6 feet (FWYSA fields are 30x20)				
Field Markings	Goal lines, side lines, halfway line, center mark, center circle (3-yard radius), goal area (6-foot semi-circle), and corner arcs are all marked. Only coaches and players are allowed in the area between adjoining fields on which their team is playing.				
Heading	U12 and younger recreational play shall not engage in heading, either in practice or games. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.				
Field Location	BENBROOK SOCCER COMPLEX				
Referee(s)	2 Referees total (1 Referee per field); Coaches are no longer allowed on the field				

Complete copy of FWYSA Playing Rules can be accessed at www.fwyouthsoccer.org