



## REQUEST FOR DIRECTED ATHLETICS CREDIT FOR INVOLVEMENT IN SCHOOL SPORTS (IHSAA Sanctioned AND APPROVED BK Club Sports)

### **Bishop Kelly Physical Education Credit Requirement**

Two semesters of physical education credits are required for high school graduation. The core PE classes focus on principles of a healthy lifestyle. Fitness and wellness concepts will be taught and assessed. Students will be involved in a variety of team and individual sports as well as fitness and conditioning activities. The physical activities will depend on student interest, facility availability, and fitness value.

Weights and Conditioning as well as Lifetime Fitness are accepted as PE credits after completion of one semester of regular PE.

For the class of 2022 and beyond, one credit of P.E. may be met through 85 contact hours in a school sport as approved by counselor. Credit for Online P.E. will no longer be accepted, except for extenuating circumstances approved by counselor.

Bishop Kelly Approved Activities for the P.E. Credit Include:

### REQUIREMENTS TO COMPLETE DIRECTED ATHLETICS CREDIT REQUEST FOR INVOLVEMENT IN SCHOOL SPORTS

In accordance with Bishop Kelly High School Graduation Requirements, students, beginning with the class of 2022, may receive a maximum of one (1) credit toward PE requirements for participating in IHSAA or BK Approved Club Sports that meet a minimum of 85 Activity Hours. A student in the class of 2022 or beyond may earn a maximum of 1.0 credit upon meeting the following requirements:

- Participation must be one full season of a school approved interscholastic sport that meet or exceed 85 hours of physical activity over the regular season. School approved interscholastic sports include all IHSAA approved athletic programs and approved club sports including; Girls and Boys Lacrosse.
- Students must have already passed Core Physical Education prior to receiving a credit for Directed Athletics. Students transferring from another school district after 9th grade must complete 1.0 credit of Physical Education prior to earning one credit for Directed Athletics.
- The coach/ advisor of the interscholastic sport will determine whether the student athlete participated in one full season. Full season participation is defined as attending AND participating in approximately 90% of practices and/or competitions.
- Students must submit a completed request form with the athletic director approval to the students school counselor within the same academic year of participation.

Step 1: Completed by Student Athlete and Parent before or during season

Student Name: (Last, First) \_\_\_\_\_

Date of Application: \_\_\_\_\_ Year of Graduation: \_\_\_\_\_

I am requesting \_\_\_\_\_ satisfy 1 Credit of Physical Education requirement for Bishop Kelly High School.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Step 2: Completed by Coach/ Advisory at End of Season

Coach/ Advisor Name: (Last, First) \_\_\_\_\_

I verify that the above named student has successfully completed 85 hours of activity in directed athletics and has fulfilled all the requirements for

a participant of (sport) \_\_\_\_\_ during the (season)

\_\_\_\_\_, and has satisfied the 1 Credit of Physical Education requirement for Bishop Kelly High School.

Coach/Advisory Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Step 3: Completed by Athletic Director

I approve that the above named student has successfully completed and fulfilled all the requirements for full participating in (sport) \_\_\_\_\_ during the (season)

\_\_\_\_\_, and has satisfied the 1 Credit of Physical Education requirement for Bishop Kelly High School.

Athletic Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Step 4: Completed by High School Counselor

I approve that the above named student has successfully completed and fulfilled all the requirements for full participating in (sport) \_\_\_\_\_ during the (season)

\_\_\_\_\_, and has satisfied the 1 Credit of Physical Education requirement for Bishop Kelly High School.

Counselor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Credit Granted Date:** \_\_\_\_\_

Final Copies of this form will reside in Student's Cumulative Folder

## Bishop Kelly Athletic Activities that are Pre-approved for Directed Activities Credit

Athletic Program	Head Coach	Athletic Program	Head Coach
Baseball	Mr. Cammann	Volleyball	Mrs. Armuth
Basketball (Girls)	Mr. McCormick	Wrestling	Mr. Ybarra
Cross Country	Mr. Shanahan	Basketball (Boys)	Mr. Kerns
Golf (Boys)	Mr. Judy	Cheerleading	Mrs. Ozuna
Hockey	Mr. Smoke	Football	Mr. Brennan
Lacrosse (Girls)	Mrs. Patrick	Golf (Girls)	Mrs. Judy
Soccer (Boys)	Mr. Vreeland	Lacrosse (Boys)	Mr. Warchol
Softball	Mrs. Nichols	Soccer (Girls)	Mrs. Lyons
Tennis	Mr. Armstrong	Swimming	Mrs. Hill
		Track	Mr. Carpenter

To be used as needed by the Athletic Director to Determine Program Eligibility

<b><u>Calculation Table to estimate total activity hours</u></b>			
Number of Weeks in Regular Season:		a)	_____
Number of Practices Per Week:	x	b)	_____
<b>Practice Total (a x b)</b>		c)	_____
Average Length of Practice (hrs):	x	d)	_____
		<b>Practice Hrs Total (c x d)</b>	e) _____
Total Number of Competitions:		f)	_____
Average Length of Competition (hrs):	x	g)	_____
		<b>Competition Hrs Total (f x g)</b>	h) _____
		<b>Total Activity Hours (e + h)</b>	i) _____