



NC AAU announces exciting program for athlete safety and fitness

Free to all NC AAU Members: FREE ATHLETE SCREENING!

Ivy Rehab HSS Physical Therapy Center of Excellence is now offering pre-participation screens for AAU teams, **FREE** with proof of membership! Our focus is to help athletes move well and stay in the game longer.

Unlike typical screens, our screens are designed to **detect movement abnormalities** that may affect optimal performance.

We have specialized **return to sport testing**, which can range from general testing such as FMS and Y-balance, for our healthy athletes **looking to enhance performance**; and specific testing with ROM and strength testing for previously injured athletes with the **goal of returning to sport** in the best condition.

Ivy Rehab also has testing to determine your athlete's **baseline concussion status**. Are you ready to not only get in the game, but stay in the game?

Come see Ivy Rehab for a movement screen! Just show your proof of AAU Membership

For appointments call 980-224-7958 or click www.ivyrehab.com

Ivy Rehab Network is made up of 199 physical therapy clinics dedicated to providing exceptional care and personalized treatment to get you feeling better, faster.