

Storm Chasers

field hockey club

Storm Chasers FHC Player Code of Conduct

- 1. Be Prepared:** All players should arrive to practice, games, and events on time with all necessary equipment. This also includes being prepared mentally and physically.
- 2. Play to Win:** Although winning isn't everything, winning is the objective of playing a game. Put forth 100% effort in all practices and games. You are only cheating yourself and your team if you do not give it your all. Putting forth your best effort will not only improve yourself, but your teammates as well.
- 3. Play Time:** Understand that playing time is earned. Players will be rewarded with fair play time based on attendance and effort put forth in practices and games. If there is a concern with the amount of playing time received, the player shall request a conversation with their respective coach. All absences need to be communicated with the team coach in a timely and professional manner.
- 4. Play Fair:** Play the game abiding by the rules and the spirit of the game. All value and respect for the game is lost if victory is achieved unfairly, cheating both yourself and your opponents.
- 5. Observe the Laws of the Game:** The rules of field hockey are there to guide players in playing the game of field hockey safely, and most importantly, to have fun. The rules are also there to keep spectators engaged. Become familiar with the rules and spirit of the game; sticking to the rules will allow all players to fully enjoy the game.
- 6. Respect Opponents, Teammates, Coaches, Umpires, and Spectators:** Be respectful. All players have the right to play the game fairly and safely. Umpires are there to ensure safe and fair play, and to discipline if disrespectful play if needed. Do not argue with umpires about decisions.
- 7. Win and Lose With Dignity:** Winning isn't always the outcome; we all win some and lose some. Win and lose with grace, always thanking your opponents, umpires, and fans for a well-played game. If the outcome isn't what you expected, use your training to build upon your last performance.
- 8. Promote the Best Interest of Storm Chasers FHC:** As a small organization, Storm Chasers FHC is always looking for ways to grow and improve. Always put the club and game's interests before your own. Keep in mind how your actions will affect the game, your team, your club, and yourself. Encourage all teammates, coaches, and parents to be a representative of the game and the club.
- 9. Observe Club Rules and Guidelines When Traveling:** Traveling as a team is a major component of club field hockey allowing for opportunities for team bonding and growing relationships. Abide by all curfews and rules set in place by coaches. Be respectful of all property we are visiting. Time at team events and games should be spent with your team. Refrain from using cell phones or leaving the team between games.
- 10. Observe USA Field Hockey Beliefs & Events Code of Conduct:** All players must maintain a membership with USA Field Hockey and become familiar with their Beliefs & Events Code of Conduct

Player Name: _____

Player Signature: _____

Date: _____