



7 and Under (4v4)

The Field of Play- 25 yards long and 35 yards wide. Goals are 4 feet by 6 feet. Markings to include touchline, goal line, halfway line, and center circle. **NO** coaching is permitted from behind the goal lines or from the opposing team's touchline. The home team shall occupy the west side of the field while the visiting team shall occupy the east. Spectators and coaches are prohibited from occupying the space behind the goal lines.

The Ball- Size 3

The Players- Maximum players on the field is 4, while a minimum of 3 is required to start the game. The home team shall change jerseys in case of conflicting jersey colors. Each player is required to play 50% of the game. **NO GOALKEEPER OR DEFENDER IS USED IN THE GOAL.** No player shall stand in the goal area unless their own goal is under attack.

Substitutions shall be taken only at the break for quarters and at half-time, except for an injury, at which time the injured player may come off the field.

The Player's Equipment- Each player should wear a matching uniform with numbers on the back of the shirt. Shin guards are mandatory and must be covered by the sock. Shoes may have soft rubber cleats, no toe cleat. Nothing that could be considered dangerous to others may be worn: jewelry, earrings, metal, hard plastic, etc. **Earrings are not allowed**, even if covered by tape, no exceptions.

The Referee- MSA will make every attempt to provide a registered referee for all games. In the event a referee is not available, each coach is responsible for one half of the game. All rule infractions on the field of play should be briefly explained to the field players as they happen. No linesmen are used.

Duration of the Game- The game shall be divided into four 10 minute quarters. All breaks shall be five minutes. Half-time shall occur after the completion of the second quarter.

Start and Restart of the Game- Play will start with a kick-off in the center of the field. Opponents must be five yards from the center

mark. All kickoffs are indirect.

Ball in and Out of Play- The ball is not considered out-of-bounds until the ENTIRE ball crosses over the line. If only a portion of the ball is over the line, the ball is still in play. The same applies to the goal box - a goal is scored only if the entire ball crosses over the goal line. All players from the attacking team must be in the offensive half for a goal to be considered.

Fouls and Misconduct- Any foul (intentional tripping, kicking, pushing, holding, jumping, charging or handball) will result in an indirect kick at the spot of the foul. **Slide tackles against an opponent shall be considered dangerous play and are not permitted.** A handball should not be used to the player's advantage, but is allowed for protection of the face and chest. Hand to ball, not ball to hand results in a handball call by the referee. No headers are permitted.

Free Kicks- All fouls will result in an indirect free kick to restart play with the opponents at least five yards away from the ball. There are no direct or penalty kicks regardless of the foul. An indirect kick must be touched by another player before a goal can be scored. No free kicks shall be taken inside the goal area.

The Throw-In- When the ball passes completely out of the field of play along the touchline, the result is a throw-in. The ball will be thrown using two hands, overhead with both feet on the ground. In the event the player does not throw successfully, the player should be given another opportunity and guidance as to how to throw. All throw-ins are indirect and must be touched by another player before a goal can be scored.

The Goal Kick- In the event the attacking team kicks the ball across the goal line, but not into the goal, the result is a goal kick. The defending team restarts with a kick from anywhere inside the goal area. The opponents must be beyond the build out line and may not enter the build out space until the ball has been kicked into play.

The Corner Kick- In the event the defending team kicks the ball across the goal line, the restart is with a corner kick. The attacking team kicks the ball into play from the corner closest to where the ball left the field. The opponents must be five yards from the ball. All corner kicks are indirect.

This division is non-competitive and no record of score shall be kept.

MSA expects coaches and spectators to create a positive and encouraging environment for all participants.

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Respect the official that is running the game.