

Emergency Action Plan



Tallmadge Youth Football

(TYF)

2025 Season

89 W. Overdale Dr.

Tallmadge Ohio, 44278

Introduction

This Emergency Action Plan (EAP) has been developed for the Tallmadge Youth Football and Cheer (TYF) program as a guideline for operating during emergencies and incidents occurring during use of the TYF facilities located at 89 W. Overdale Drive, Tallmadge Ohio 44278.

Emergencies and incidents can occur at any time requiring proper response by coaches, parents, and spectators of TYF events. These individuals will be the initial responders to any incident involving those participating or attending events at the TYF facilities and this EAP should be utilized to guide those actions to help ensure proper incident response. Familiarity with this EAP by coaches and/or selected parents should be required for each team.

It is recommended that all coaches and parents designated as responsible parties read and be familiar with the implementation of this EAP. TYF recognizes that an emergency or incident may occur at any time and will have this document available for active response. Review and training on the EAP shall be done annually at the beginning of the season with information updated as appropriate.

Components of an EAP

- Emergency personnel
- Emergency communication
- Incident response
- Non-emergency incidents

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TYF Emergency Action Plan Responsible Parties

The phone list below represents those individuals within the TYF organization with roles and responsibilities directly or indirectly involved with the planning or response to a possible event. Phone numbers and names are specific to each season and are for EAP related purposes only.

TYF President – Chad Loughry

TYF Flag Football Director – Andy Mort

TYF Field Maintenance – Mike Rager

TYF Cheer Director - Jessica Rubino

EAP Author – Ben Stasik

Head Football Coaches

Grade 2 – Steve Riley

Grade 3 – Chad Jones

Grade 4 – Danny Mosholder

Grade 5 – Chad Loughry

Grade 6 – Dave Staszak

Communications

The ability to communicate with coaches, parents, spectators, caregivers, officials, etc. is important for the successful reaction to any incident requiring the EAP. The following include important phone numbers as well as the available ways to communicate with TYF stakeholders. It is recognized that not all methods will be appropriate for each situation and the author should select only those necessary to appropriately deliver the message.

Remind App

- The primary method for communication from the TYF to participants and coaches to participants will be the Remind App.
- All coaches are required, and players' guardians are strongly encouraged to download and sign up for push notifications from Remind.
- The president and head coaches are responsible for the administration of the app.
- Intended for immediate communication with individuals.

Facebook

- TYF maintains an active Facebook page.
- While updated regularly, this should not be relied upon for primary communication.

Text messaging

- There is no recognized texting group or plans for TYF.
- Texting between coaches, TYF board ext. can be utilized for fast and possibly urgent communications, but, is recognized to be intended for small groups of individuals.

Website

- TYF maintains a website for information purposes and is not intended as a real-time communications platform.

Phone

- Ensures direct contact with an individual and will be the method used to contact the guardian of a minor if not on seen.
- TYF does not maintain the ability to make a mass call and this should not be expected.

Phone List - 2025

Tallmadge Youth Football

Role	Name	Phone
TYF President	Chad Loughry	330-285-0077
Cheer Director	Jessica Rubino	330-338-0242
Flag Football Director	Andrew Mort	419-306-9753
Overdale Facilities Manager	Mike Rager	330-808-0738
Concessions Manager	Megan Becking	970-217-1513

MEDICAL EMERGENCY

Coaches, followed by on site parents and spectators, will be the initial responders to an incident involving a medical emergency. Head coaches hold the responsibility for providing, or ensuring, first aid to injured or ill players participating in both practices and games. The purpose of first aid is to help stabilize an incident, not make it worse, so no individual should operate outside of their scope or training.

Parents, spectators, or other coaches may offer assistance and should, if appropriate. It is the responsibility of the head coach to ensure help from these individuals is appropriate. Prior to an emergency or incident, it may be beneficial for coaches to designate individuals that are willing and capable of helping in an emergency.

Medical emergencies are classified as emergent or non-emergent for the purposes of this EAP. It is important to note that medical emergencies are dynamic and may change categories from non-emergent to emergency or vice versa. When in doubt, emergency medical responders should be activated through the 911 system.

Emergent Medical Emergency – 911 should immediately be contacted if the patient is:

- Unconscious
- Has obvious or suspected broken bones or dislocations
- Difficulty breathing
- Chest pain or discomfort
- Feelings of persistent dizziness or faint
- Excessive bleeding or vomiting
- Seizure
- Request by patient or family
- Other symptom deemed dangerous to life or limb

DIALING 911

- For EMS, dial 911. (Do not go to fire station)
 - o Provide the nature of the incident
 - o Number of people injured or sick
 - o Location
 - 89 W. Overdale Drive (TYF game field)
 - 89 W. Overdale Drive (TYF practice field behind bus garage)
 - 89 W. Overdale Drive (TYF practice field behind fire station)
 - o Age of patient(s)
 - o Your name and phone number
 - o Other information as requested
 - o Stay on the line until directed otherwise by the dispatcher.

Non-emergent Medical Emergency

- Ensure injured or ill individual is in a safe area
- Provide appropriate first aid
- Assess for need of EMS
- If the patient is a minor
 - o Ensure parent or guardian is contacted
 - o If the party responsible for the minor is a coach, they may assume responsibility for the individual.

EMERGENCY EQUIPMENT LOCATIONS

- Automated External Defibrillator (AED) – TYF game field concession stand on the external wall to the right of the concession stand window.
- First-aid kit – Assigned to each head coach (contents in attachment 1)
- First-aid Supplies – TYF locker room
- Ice Tub – TYF game field on the exterior side wall near the ice cooler.
- Fire Extinguisher – east wall of concession stand and west wall of locker room.

HOSPITALS AND URGENT CARE

NAME/TYPE	ADDRESS	PHONE #
Akron Children’s Hospital ER	177 W Exchange St, Akron	330-543-3000
Western Reserve Hospital ER	1900 23 rd St., Cuyahoga Falls	330-971-7436
Akron City Hospital ER	151 N. Forge St., Akon	330-375-3361
Akron General Hospital ER	1 Akron General Ave, Akron	330-344-6000
Akron General ER - Stow	4300 Allen Rd., Stow	330-945-9300
Akron Children’s Urgent Care	328 E Hines Hill Rd, Boston Heights	330-342-5437
Summa Urgent Care	60 North Ave, Tallmadge	234-867-6233
Akron Children’s Urgent Care	4118 Medina Rd., Akron	330-598-6400

WEATHER

Located in Northeast Ohio, Tallmadge Youth Football & Cheerleading (TYF) participants and spectators may encounter any type of weather event and should plan accordingly. Heat, severe storms, wind, and freezing temperatures may all be encountered during the season.

The president of TYF will hold the overall authority for ending events or closing facilities, however, this responsibility will be delegated to the head coach of the team in their absence. The safety of participants is the primary goal of the TYF and the decision to postpone, delay, or cancel an event should be made with this in mind.

This EAP will give guidelines for the recognition of and response to weather events. All participants and spectators should research and prepare for the expected weather conditions when attending TYF functions. The difference in a “severe weather watch” versus a “severe weather warning” is important to note and understand.

- **Watch:** Indicates the underlying weather conditions are favorable for severe weather in the given area.
- **Warning:** Indicates that severe weather is imminent and has been observed or indicated by weather measuring/monitoring equipment in the stated area.

MONITORING WEATHER

Coaches, administrators, parents, and spectators should monitor expected weather forecasts the day of and before a scheduled activity or event. While at the TYF game and practice field complex, the following methods may be utilized for monitoring weather or receiving watch and/or warning alerts.

The City of Tallmadge maintains a mass notification system available to both residents and visitors at no cost. It is recommended any participating person sign up for this service at Tallmadgeoh.gov to maintain awareness of emergency events affecting TYF facilities, including severe weather warnings. At minimum, each team should have a coach or designated individual responsible for signing up and monitoring this notification system.

- NOAA weather radio
- Tallmadge CivicReady alerts
- Summit County reverse alerts
- Summit County EMA App with weather alerts
- Red Cross app with weather alerts
- National Weather Service app
- Other weather or radar apps that allow for location specific monitoring and alerting

Shelter

The only appropriate shelter from severe weather on the TYF complex is the bathroom/concessions/locker room building. It is understood this structure will not be adequate for the number of people usually on grounds during practices or games. This facility should be utilized for kids without legal guarding on site only. If a weather event requires sheltering including but not limited to lightning, wind, or tornadoes, etc. the following steps should be taken:

- Coach, parent, or board member is alerted to severe weather warning through notification or observation.
- Announcements through voice and stadium public address system if active should be made that “due to severe weather, the facility is closed until further notice. Everyone must exit the grounds and seek shelter as appropriate”
- Do not allow people to remain in the open on TYF property.
- Do not allow people to shelter in areas such as pavilion, shed, or under the bleachers.
- Coaches, president, or responsible party should make the decision as to whether the event is delayed or cancelled.
- Communication of these decisions should be made via text messages throughout individual teams and the TYF Facebook page.
- Head coaches are responsible for team level communications.

Under no circumstances may an individual or individual team be permitted to continue to play/practice once the decision to delay/cancel has been made.

Thunderstorm/Lightning

Anytime that lightning can be seen, or thunder heard, the potential for danger exists. If lightning is seen, all events shall be immediately stopped and the playing fields evacuated. Sheltering should be advised based on the “Shelter” section of this EAP. Additionally, lightning alert apps may be utilized to notify officials of lightning within a dangerous distance.

Note: Activity may not resume for 30 minutes following the last visible lightning or storm is more than ten miles away.

Wind

While often associated with storms or severe weather, it may become necessary to take precautions due to high winds. Unsecured objects such as umbrellas, pop-up shelters, and foldable chairs may become airborne causing injuries in a high wind event.

Temporary shelter such as pop-up tents, umbrellas, etc.,

Tornado

Tornado warnings are a serious event meaning that a tornado has been visually observed or indicated via radar. The National Weather service issues tornado warnings within geographical polygons for the area that will be affected. Most likely, events will have been suspended due to thunderstorms activity, however, it is possible that the weather event will develop quickly. If a tornado warning for 89 W. Overdale occurs, all activity shall be stopped immediately and notification through voice and PA system made the facility is closed, and all attendees should seek shelter immediately.

All minors with a present legal guardian will leave with their guardian. Coaches should utilize the limited space in the concession building for sheltering of minors with no guardian present.

TYF does not maintain facilities appropriate to shelter all individuals attending events on property.

Cold event

The need for action due to a cold event is unlikely, however, may occur given the extend of the TYF season. Knowing the signs of hypothermia and cold injury is the most important tool for coaches and parents.

Signs of hyperthermia:

- Severe shivering
- Confusion
- Slurred speech
- Change in skin color
- Numbness in extremities

Signs of frostbite:

- Skin appears white or grey
- Numbness or lack of sensation
- Skin feels hard or waxy
- Blisters
- Pain

Early recognition of signs and symptoms is the most important prevention and treatment. If these are seen, patient should be removed from the weather and placed in a warm area. Do not place hat objects such as heat packs or hot water directly on skin. The need for EMS or medical care should also be assessed.

HEAT

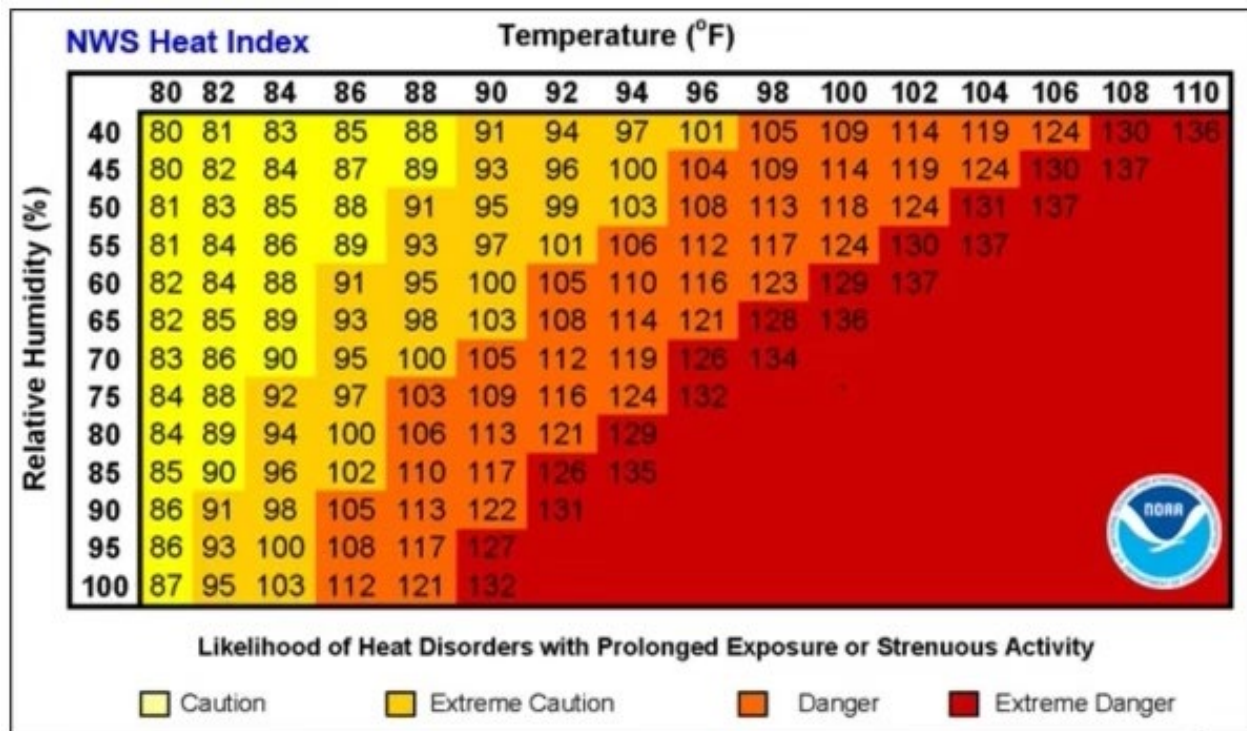
Hot weather, heat related illness, and heat related playing decisions are the most likely weather condition that will affect the TYF community and therefor has been placed in its own section. TYF activities place both athletes and adults in direct sunlight environments with little opportunity for shade. The following section will detail the steps and processes TYF will follow for heat.

Monitoring

The TYF will select an individual that will be responsible for the monitoring of heat indexes and make decisions for practices/play restrictions based on heat indexes and guidelines of the Ohio High School Athletic Association. This person shall be selected by the President prior to the start of practice each year.

Heat Index

The heat index (a combination of real temperature and humidity) will be used for decisions on the modification of practice or games. The appointed individual or other designee will check the heat indexes at minimum one hour prior to the start of scheduled activities. The heat index will also be reevaluated every 30 minutes while activities are continuing. The All Sport Heat Index Guide (Photo 1) will be utilized to make decisions on practice and game events.



Practice Guidelines based on Heat Index:

Heat Index under 95 degrees

- Standard practice guidelines
- Considerations of additional breaks for age and practice intensity

Heat Index of 95-99 degrees

- Water must be available to all participants
- Water breaks are mandatory every 20 minutes
- Coaches shall ensure helmets are removed during breaks
- Breaks should be in the shade if available

Heat Index of 99-104 degrees

- Helmets only for practice
- Water available to all participants
- Participants should be permitted to drink anytime they feel thirsty
- Water breaks are mandatory every 15 minutes
- Coaches shall ensure helmets are removed during breaks
- Breaks should be in the shade if available

Heat index of 105 degrees or greater

- All football activities are cancelled.

Heat Related Emergencies

Heat-related emergencies are progressive conditions, typically caused by overexposure to heat. Heat emergencies fall into 3 categories of increasing severity: heat cramps, heat exhaustion, and heatstroke. Heat illnesses are easily preventable by taking necessary precautions in hot weather. If recognized early, heat-related emergencies can usually be reversed. Without intervention and resolution of the problem, heat cramps (caused by loss of salt from heavy sweating) can lead to heat exhaustion (caused by dehydration), which can progress to heatstroke, a life-threatening condition.

Heat-related emergencies can be avoided by canceling practice or games in extreme weather (high temperature and/or high humidity – see above) and taking frequent breaks for water.

Signs of heat-related illnesses

Early symptoms of heat illness

- Profuse sweating
- Fatigue Thirst
- Muscle cramps Later symptoms of heat exhaustion

- Headache
- Dizziness
- Weaknesses and light-headedness
- Cool, moist skin · Nausea and vomiting
- Dark yellow urine Symptoms of heatstroke
- Fever (body temperature above 104 degrees F)
- Extreme confusion
- Dry, hot and red skin
- Rapid, weak pulse
- Seizures
- Unconsciousness
- Thirst
- Muscle cramps Later symptoms of heat exhaustion
- Headache
- Dizziness
- Weaknesses and light-headedness
- Cool, moist skin · Nausea and vomiting
- Dark yellow urine Symptoms of heatstroke
- Fever (body temperature above 104 degrees F)
- Extreme confusion
- Dry, hot and red skin

First Aid Response

- Follow the basic duties of first aid
- Move the athlete to a cool place
- Loosen tight clothing
- Fan the athlete
- If conscious, give cool water to drink

If the athlete refuses water, vomits, or starts to lose consciousness:

- Send someone to call EMS and activate the EAP
- Contact parent or guardian if not already present
- Place the athlete on his/her side
- Immediately decrease body temperature by hosing the athlete down with cold water or by placing them in an ice bath.
- Continue to cool the athlete by using ice or cold packs on the wrists, ankles, groin, neck, and in the armpits.

FIRE EMERGENCY

A fire emergency can occur indoors or out and may or may not affect the continuation of play during TYF activities. Board members and coaches should ensure working smoke detectors and fire extinguishers in occupied buildings.

Fire extinguisher location - A fire extinguisher is located just inside the locker room double doors to the right and on the East wall of the concession stand.

If a fire is noticed, the following actions should be followed:

- Person should be assigned to call 911 giving the location of the fire and what is burning.
- The immediate area should be evacuated of all people.
- If the fire is within the stadium, play should be stopped.
 - o If in the concession building, the building must be evacuated.
 - o If in the press box, the stands should be evacuated.
- If trained and the fire is small, an attempt to extinguish the fire with the fire extinguisher can be made.
- If the fire occurs in a building, coaches shall preform a full headcount of players to ensure accountability.

*If an outdoor fire is occurring, but not on TYF premises, consideration should be given to smoke and the effects it may have on players health while playing.

LAW ENFORCEMENT INCIDENT

The need for law enforcement can occur in many different scenarios. This plan is not intended to cover them all but is a guide for recognizing a possible incident and reporting it effectively while maintaining order.

Unruly person – An unfortunate reality is that people may become unruly at sporting events. It is also a place of family gathering and incidents may occur where arguments or other altercations may occur. During games, individuals may become angry to the point of disruption. A subject may be asked to leave the premises by an official or coach if:

- Threaten the safety of an individual
- Disrupt gameplay
- Enter onto the playing field
- Attempt or commit harm to another person
- Attempt or commit damage to facilities
- Reasons deemed necessary by the President or other designated individual.

A person should be asked to leave immediately. TYF officials should remain calm but firm in informing the individual they must leave. If the person refuses:

- Players should be removed from the area
- Tallmadge Police should be contacted via 911
 - o Give the location
 - o Give the situation
 - o Have a description of the individual causing the issue
- TYF officials should avoid physical altercation

Due to the nature of sports, large groups of people are brought together. Issues involving the following may occur in the stands or other common areas that are not immediately part of the field of play. These may include:

- Domestic disputes
- Childcare and custody issues
- Family dynamics

If these situations occur and are disruptive to the overall environment of the sporting event, the involved persons should be asked to leave if safe to do so. If at any time the safety of persons in attendance of the event is threatened, 911 should be contacted immediately and the steps listed previously followed.

ACTIVE SHOOTER/ASSAILANT INCIDENT

An active shooter/assailant event is a life-threatening situation requiring immediate action from all participants and attendees at the TYF Stadium. The purpose of this EAP is to outline the procedures for responding to an active shooter incident at a youth football stadium. It aims to protect players, spectators, staff, and volunteers by providing clear guidance on actions to take during such emergencies.

Immediately following the recognition of this event everyone should initiate “Run – Hide – Fight” procedures. Explained here, these should occur in order.

Run (evacuate if possible)

- Identify and use the nearest safe exit routes.
- Leave belongings behind.
- Assist others in evacuating, if possible.
- Prevent individuals from entering areas where the shooter may be present.
- Once safe, call 911 and provide detailed information: location, description of the shooter, number and type of weapons, and direction of movement.

Hide (Shelter in Place if Evacuation is Not Possible):

- Find a location out of the shooter's view.
- Turn off lights and silence electronic devices.
- Remain quiet and calm.
- Do not huddle together; spread out to avoid presenting a single target.

Fight (As a Last Resort):

- If confronted and in immediate danger, use any available objects to incapacitate the shooter.
- Act with physical aggression and commit to your actions.
- This option should only be considered when lives are in imminent danger and no other options are available.

An active shooter/assailant event is a high stress incident for both the people involved and the first responders arriving to mitigate the situation. It is vitally important to interact with first responders appropriately upon their arrival.

Police officers will proceed directly to the area where the last shots were heard. In such incidents:

- Remain calm, and follow the officers’ instructions.
- Avoid startling the officers or taking actions that might be misinterpreted as being hostile.
- Put down any items in your hands. Do not hold cellphones.

- Immediately raise hands and spread fingers.
- Keep hands visible at all times as the police will not know who the threat is and they are trained from the perspective that “hands kill”.
- Avoid making quick movements toward officers and do not attempt to hold on to them for safety.
- Avoid pointing, screaming, or yelling.
- Do not stop and ask for help or directions when evacuating

EVACUATION

Evacuation of the stadium and surrounding grounds may become necessary due to many reasons, including but not limited to, the scenarios and events listed in previous pages. The decision to evacuate, totally or partially and for how long will be determined by the officers of TYF.

Communication

Once the decision to evacuate the stadium and/or grounds is made, it will become necessary to inform all attendees of the need to evacuate.

Public Address (PA) System – This shall be the primary method by which to communicate with all persons on the grounds the need to evacuate. The announcement should include:

- Immediate need to stop play
- The need to evacuate and why
- What gates should be used if applicable
- Where people should evacuate to:
 - o Outside the grounds
 - o To cars and wait
 - o To cars and leave the grounds
- Any other instructions pertinent to the evacuation

TYF Coaches and officers should also relay this same information by word of mouth and act as “crowd managers” during the evacuation. Officers and Head Coaches hold the responsibility for ensuring the evacuation has occurred.

When able, a TYF officer or designee should utilize the other methods of communication covered in this EAP to update and inform coaches, players, parents, spectators, etc.

Attachment 1

TACKLE FOOTBALL FIRST-AID BAG CONTENTS

Splinting Equipment

Youth Arm Sling	- 1
Padded Aluminum Splint	- 1
Triangle Bandage	- 2
Finger Splint (tongue depr)	- 1
Self-Adhesive bandaging	- 3
Ace Bandage	- 2
Pre-Wrap	- 1

Bleeding Equipment

Bag of 4x4 Gauze Pads	- 1
Abdominal Pad	- 2
Bag of assorted Band-Aids	- 1
Rubber Golves	- 4 pair
Tape Rolls	- 2
Bag of alcohol pads	- 1
Roll Gauze	- 3
Eye Pad	- 1
2 x 2 Gauze Pad	- 3

Treatment

CPR Mask	- 1
Trauma Shears	- 1
Tweezers	- 1
Stethoscope	- 1
Blood Pressure Cuff	- 1
Splinter Out Kit	- 1
Pen Light	- 1
Bottle of Eye Wash	- 1
Bag of assorted ointments	- 1
Instant Ice Packs	- 4

Equipment

Speedflex Facemask Release Tool
Hand Air Pump for Helmet
Phillips Head Screwdriver
Small Trash Bag
Belt
Speedflex Chinstrap

OVERDALE FIELD FACILITIES MAP

