



2019 MDB SUMMER PROGRAM REGISTRATION

1) Athlete's Name: \_\_\_\_\_ Fall '19 Grade \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent Name(s) \_\_\_\_\_ Tshirt Size \_\_\_\_\_ (youth medium thru adult XXL)

Cell (Dad): \_\_\_\_\_ Cell (Mom): \_\_\_\_\_

Email(s): \_\_\_\_\_

2) Training Options(circle all that apply):

- Private Buddy
Mini-Camp ODP

Names of Athletes in Group (if applies)

3) See Sites & Dates Insert:

Location \_\_\_\_\_
Day(s) of the week \_\_\_\_\_
Time(s) \_\_\_\_\_

4) Please Circle Weeks:

Table with columns for June, July, and August, and rows for weeks 3, 1, 10, 8, 17, 15, 24, 22, 29.

5) Bill me: [ ] (check box)

Make checks payable to:
MDB
2040 W. 98th St
Bloomington MN 55431



Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian signature required)

TRAINING OPTIONS

Private Lessons - 1-on-1 with a MDB coach. Athletes may choose to schedule 1, 1.5 or 2 hour lessons

Buddy Lessons - 2-4 athletes with a MDB coach. Athletes must provide a partner(s) at time of registration. Athletes may choose to schedule 1 hour, 1.5 hour, or 2 hour lessons.

Off-Season Development Program (ODP) for 6th-12th grade boys & girls. Workouts include individual skill training, strength training, speed & vertical improvement drills as well as competitive play (2-on-2, 3-on-3). See separate flyer for more details.

Mini-Camps - see separate schedule for locations, dates/times & cost.

FEES

Private Lessons\*

Table listing fees for private lessons: 1-3 one hour lessons (\$60.00/hour), 4-6 one hour lessons (\$55.00/hour), 7-9 one hour lessons (\$50.00/hour), 10 or more one hour lessons (\$45.00/hour)

Private & Buddy\* lessons with Coach Kelley

Table listing fees for private & buddy lessons: 1-4 one hour private lessons (\$70.00/hour), 5-8 one hour lessons (\$60.00/hour), 9 or more one hour lessons (\$55.00/hour)

Buddy Lessons\*

(2-4 athletes per coach)

Table listing fees for buddy lessons: 1-3 one hour lessons (\$70.00/hour), 4-6 one hour lessons (\$60.00/hour), 7-9 one hour lessons (\$55.00/hour), 10 or more one hour lessons (\$45.00/hour)

Off-Season Development Program (ODP)

Table listing fees for ODP: Small group 1.5 hour training for 6th-12th graders, 1-6 sessions (\$25/session), 7-10 sessions (\$22/session), 11 or more sessions (\$20/session)

\*Private & Buddy lessons are available for 1 hour, 1.5 hours or 2 hours