



US LACROSSE LEVEL 1 COACH CERTIFICATION

STEPS TO CERTIFICATION

Step 1 - US Lacrosse Membership

Purchase a [US Lacrosse membership](#)

For coaches 18 and older, membership includes complimentary enrollment into the Level 1 Coach Development Certification Program. Members will see this listed in their account online as "pending" until all requirements below are completed.

You may complete these components in any order. The recommended path is below.

Complete SafeSport training

Due to Federal Requirements, all coach-members are required to complete this training within 10 days of joining as a coach-member. If training is not completed within 10 days, the coach membership will be converted to fan, and member will be ineligible to become a certified coach until this training is complete.

Pass an [NCSI background screening](#)

The criminal background check is based on guidelines from the National Council for Youth Sports, the FBI PROTECT Act, and the National Center for Missing and Exploited Children. Please note: It takes 2-3 weeks for US Lacrosse to receive the results of a background check investigation. Membership is pending until a green light background check is received.

Complete the [Level 1 Fundamentals of Coaching online course](#)

Tour guides navigate through coaching fundamentals and methods of teaching the sport. Current US Lacrosse members have free, unlimited access to the men's and women's game courses. This access does not expire if your membership is current.

Complete the [PCA - Double Goal Coach 1: Coaching for Winning and Life Lessons Course](#)

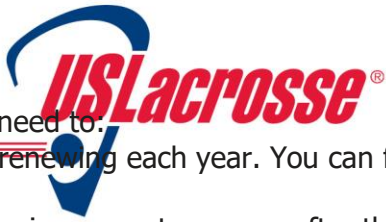
Coach Memberships include access to five on-line Positive Coaching Alliance Courses through the US Lacrosse Learning Management system.

Men's Game Coaches - Complete the [How to Make Proper Contact Online Course](#)

Complete a live training - Live training is available virtually. [Click here for the calendar of currently available workshops](#). If you previously took our hands-on "Developing the Individual Athlete" instructional clinic, you do not also have to take the athlete-centered coaching virtual workshop to certify.

Completion

When US Lacrosse has all of your requirements on record, you will receive a confirmation email stating that your Level 1 certification is complete within 24 hours. If you reside in an area where certification is required, you may print out this email for your local program administrators. If you do not receive your certification completion within 24 hours, please review your training history in your [account online](#) to make sure all training components above are current and listed. Please also check your spam filters and add cdp@uslacrosse.org to your address book.



Recertification

To maintain your certification, you simply need to:

1. Keep your membership current by renewing each year. You can find your expiration date in your [US Lacrosse account](#) .
2. Renew your NCSI background screening every two years after the first screening. Not sure when to do this? [Check your expiration date](#).